# Lowering Cholesterol in High-Risk Individuals and Populations

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# **Lowering Cholesterol In High Risk Individuals And Populations**

Ian D Penman, Stuart H. Ralston, Mark W.J. Strachan, Richard Hobson

#### **Lowering Cholesterol In High Risk Individuals And Populations:**

Lowering Cholesterol in High-Risk Individuals and Populations Basil M. Rifkind, 1995-02-07 Investigates recent scientific findings concerning cholesterol lowering and the nature of atherosclerotic plague suggesting practical guidelines for treating high blood cholesterol in both individual patients and the population at large Describes the specifics of the National Cholesterol Education Program reports on the detection and management of high blood cholesterol in adults children and the general population The World Health Report 2002 World Health Organization, 2002 The world is living dangerously either because it has little choice or because it is making the wrong choices Dr Gro Harlem Brundtland WHO Director Evidence-Based Cardiology Salim Yusuf, John A. Cairns, A. John Camm, Ernest L. Fallen, Bernard J. Gersh, 2008-04-15 This second edition is a ground breaking clinical text with a strong emphasis on rigorous evidence Leaders in the field discuss best practice in the light of systematic reviews and randomised control trials and how best to treat where the information is less clear Case histories provide intriguing discussions on how to apply the evidence in real life situations Evidence based Cardiology also includes free access to the latest evidence which is automatically posted on a companion Economic Aspects of Preventive Measures in Coronary Artery Disease Ortrud Wendt, 1997-09-15 Inhaltsangabe website Abstract An ounce of prevention is worth a pound of cure Rarely are there any objections to this old proverb Its significance is underscored by the fact that the Major causes of death today are the degenerative chronic diseases of civilization Abundant evidence has been accumulated that these diseases can often be prevented However the appeal of prevention lies not only in its ability to reduce suffering from disease but also in its assumed power to reduce the costs of health care At first sight it appears that promoting health and preventing disease would easily rehabilitate the health care system granting prevention a prominent spot an the health policy agenda For example in Germany prevention in the form of health check ups was introduced to the catalogue of services to be offered by health insurance companies in 1989 Yet concerns have been raised that prevention may not reduce but rather add to the costs of health care Especially in the case of prevention of chronic diseases death or sickness can only be postponed but never avoided Thus a careful analysis of all the effects of preventive measures is necessary to assess their full economic consequences Cardiovascular diseases primarily coronary artery disease and stroke account for the majority of deaths in industrialized countries In the United States these diseases kill nearly as many Americans as all other diseases combined and are also among the leading causes of disability The aggregate cost of coronary artery disease CAD in the United States is enormous costing the country between 50 and 100 billion dollars per year for medical treatment and lost wages Nonetheless over the past two decades the mortality from cardiovascular disease has declined dramatically 40 per cent for coronary artery disease Major contributions to this decline came from risk factor reduction and changes in lifestyles Moreover new technology improved pharmacology as well as better surgical techniques contributed to this decline Risk factor reduction and changes in lifestyle are preventive measures in

coronary artery disease with a straightforward appeal Preventing the disease not only means avoiding the pain and suffering of the individual but also avoiding the risk of irreversible consequences and permanent damage In addition to these obvious benefits the costs of many preventive measures for example screening tests appear to be very small Nevertheless the

Epidemiology and Prevention of Cardiovascular Diseases: A Global Challenge Labarthe, 2010-03-23 This book provides a comprehensive epidemiological perspective on cardiovascular diseases and analysis of measures for their prevention and control in community and clinical settings Perfect for both students and practitioners the second edition includes over 300 tables figures and exhibits and has been thoroughly updated to reflect the most recent research in the field Epidemiology and Prevention of Cardiovascular Disease A Global Challenge Second Edition provides an in depth examination of epidemiologic research and prevention measures for the full range of cardiovascular diseases CVD This authoritative text on the world s leading causes of death describes in detail the nature of atherosclerotic and hypertensive diseases including their determinants prevention and control as well as policies for intervention in community and clinical settings This second edition is fully updated more extensively referenced and expanded to include new information about the public health dimensions of CVD prevention exploring the basis of public health decisions and the process by which decision making bodies develop guidelines and recommendations Epidemiology and Prevention of Cardiovascular Diseases A Global Challenge Second Edition is the essential text for any student or practitioner concerned with global cardiovascular health The second edition includes The most up to date epidemiologic research prevention measures and policies Fully revised content and expanded material A comprehensive review of CVD research Advancing Dietetics and Clinical Nutrition E-Book Anne Payne, Helen M. Barker, 2011-05-28 This book provides a comprehensive account of the relevant physiology pathophysiology nutritional therapy and dietetic application for each specialist dietetic area All major specialist areas involved in the the treatment of adults are covered The first section deals with clinical governance for example patient centred care clinical decision making and developing evidence based practice. The second section on advanced clinical practice describes 18 clinical conditions or dietetic areas in detail There is detailed coverage of 18 clinical conditions or dietetic areas The control of food intake and absorption of nutrients Drug nutrient interactions Food allergy allergy and intolerance Irritable bowel disease IBD and colorectal cancer Short bowel syndrome Enteral nutrition Parenteral nutrition Thermal injury Nutrition and liver disease HIV Palliative care Renal disease Diabetes Obesity Cardiovascular disease Stroke Neurological conditions Mental health Each chapter concludes with a section on possible future developments in the specialty providing insight into hot topics making this an essential text for all working in the field of Dietetics and Clinical Nutrition Each clinical chapter follows a standard structure Learning objectives Key points summarise important aspects Case studies with questions and answers help link theory to practice References and further reading suggestions encourage wider research **Nutrition:** A **Health Promotion Approach Third Edition** Geoffrey P. Webb, Geoffrey P Webb, 2007-12-28 The third edition of this highly

regarded introductory textbook continues to cover all aspects of nutrition including nutritional epidemiology social aspects of nutrition the science of food as a source of energy and essential nutrients and the microbiological safety of food and food processing Its focus is on nutrition in industrialized nations where nutritional deficiencies in the traditional sense are less of an issue but the roles of diet in causing or preventing chronic disease and maintaining good life long health and well being are gaining ever increasing attention. The importance of good health promotion is therefore a guiding principle throughout the book supported by a section devoted to health promotion theory Nutrition a health promotion approach is the book of choice for first year nutrition students looking for a readable but comprehensive introduction to the field dieticians undertaking the nutrition components of their course and other students undertaking nutrition modules as part of a broader scientific or professional course such as food science or catering **Davidson's Principles and Practice of Medicine** E-Book Ian D Penman, Stuart H. Ralston, Mark W.J. Strachan, Richard Hobson, 2022-06-20 Well over two million medical students doctors and other health professionals around the globe have owned a copy of Davidson's Principles and Practice of Medicine since it was first published over 70 years ago Now in its 24th Edition this thoroughly updated textbook describes the pathophysiology and clinical features of the most frequently encountered conditions in the major specialties of adult medicine and explains how to recognise investigate diagnose and manage them Taking its origins from Sir Stanley Davidson s much admired lecture notes Davidson s has endured because it keeps pace with how modern medicine is taught and provides a wealth of trusted information in an easy to read concise and beautifully illustrated format Key features Part 1 Fundamentals of Medicine provides an account of the principles of genetics immunology infectious diseases population health oncology and pain management along with a discussion of the core principles behind clinical decision making and good prescribing Part 2 Emergency and Critical Care Medicine covers medical emergencies in poisoning envenomation and medicine in austere environments as well as common presentations in acute medicine and the recognition and management of the critically ill Part 3 Clinical Medicine covers the major medical specialties each thoroughly revised and brought fully up to date A new section on COVID 19 has been added and the impact of this infection is described throughout the book Clinical Examination overviews extended and updated to summarise the main elements for each system Presenting Problems sections provide a clear pathway for the assessment of and approach to the most common complaints in each specialty Practice Point summaries detail the practical skills that medical students and junior doctors must acquire Emergency boxes emphasise the core knowledge needed to manage acutely ill patients In Old Age In Pregnancy and In Adolescence boxes highlight differences in the practice of medicine in these patient groups and illustrate the interfaces between medical obstetric and paediatric services The text is extensively illustrated with over 1000 diagrams clinical photographs and radiology and pathology images The global perspective is enhanced by an International Advisory Board of experts from 11 countries and by leading authors from around the world The complete downloadable eBook version is included with your print copy purchase

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Brocklehurst's Textbook of Geriatric Medicine and Gerontology E-Book Howard M. Fillit, Kenneth Rockwood, Kenneth Woodhouse, 2010-05-10 Popular with generations of practitioners Brocklehurst's Textbook of Geriatric Medicine and Gerontology has been the definitive reference of choice in the field of geriatric care. The new 7th Edition by Howard M Fillit MD Kenneth Rockwood MD and Kenneth Woodhouse carries on this tradition with an increased clinical focus and updated coverage to help you meet the unique challenges posed by this growing patient population Consistent discussions of clinical manifestations diagnosis prevention treatment and more make reference quick and easy while over 255 illustrations compliment the text to help you find what you need on a given condition Examples of the latest imaging studies depict the effects of aging on the brain and new algorithms further streamline decision making Emphasizes the clinical relevance of the latest scientific findings to help you easily apply the material to everyday practice Features consistent discussions of clinical manifestations diagnosis prevention treatment and more that make reference quick and

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host of US Federal activities that are directed at improving health promotion health protection and disease prevention in the general population The 4 text chapters cover health protection highlights health status trends innorations of DHHS and of other Federal agencies and DHHS prevention inventories covering fiscal allocations for 14 DHHS health related areas and for agency cross cutting programs The section on health status trends includes 28 graphs wz **Preventive Cardiology** Jo Anne Micale Foody, 2007-11-03 Preventive cardiology is a fast moving field that places emphasis on the prevention and treatment of coronary disease Preventive Cardiology Insights Into the Prevention and Treatment of Cardiovascular Disease Second Edition is intended for clinical cardio gists internists primary care providers and allied health care professionals who wish to extend their knowledge and expertise in the rapidly expanding field of preventive car ology It is the mission of this book to provide clinicians with the understanding and tools necessary to implement prevention in their daily practices Recent changes in the delivery of health care in the United States and abroad in conjunction with new scientific evidence supporting the role of preventive strategies in the maintenance of cardiovascular health have focused new attention and efforts on the field of cardiovascular disease prevention The field of cardiology is thus making a gradual transition from the technology driven intervention oriented perspective of the last several decades to a new preventive molecular based perspective As fresh evidence amasses that preventive measures produce a considerable decrease in the incidence of both primary and secondary cardiac events and mortality there is growing widespread acknowledgment that health care providers from all arenas must initiate preventive str egies in the management and care of their patients

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