# RESOLVING THE TRAUMA OF INCEST

Reintegration Therapy with Survivors

Karin C. Meiselman



# **Resolving The Trauma Of Incest Reintegration Therapy With Survivors**

**Cheryl Bell-Gadsby, Anne Siegenberg** 

### **Resolving The Trauma Of Incest Reintegration Therapy With Survivors:**

Resolving the Trauma of Incest Karin C. Meiselman, Resolving Childhood Trauma Catherine Cameron, 2000-02-17 This engaging and compassionate book provides a hopeful and helpful perspective for trauma survivors Cameron s documentation of her extensive and innovative research with childhood abuse survivors is also a gift to the field of traumatic stress She captures the experiences of her research participants including the challenging and significant domain of losing and regaining memory in both quantitative and qualitative terms Trauma survivors counselors and researchers will find in Resolving Childhood Trauma new information humanity wisdom and hope Jennifer J Freyd Ph D Professor of Psychology University of Oregon Cameron's book provides the reader with an unusual depth of information about the long term course of recovery from childhood sexual abuse Her findings are rich and detailed and offer a wealth of information about the process of healing and about the power of ending silence Well worth reading particularly for the therapist new to the treatment of sexual abuse survivors Laura S Brown Ph D Independent Practice Seattle Washington It took me longer to read this book than any of the hundreds I have reviewed Not because it is dense or difficult to read but because of the emotional intensity and power of the topic and its level headed balanced presentation Kudos to the author She has done a thorough piece of significant research and this book can make an enormous contribution to both professional and lay readers Barbara F Okun Ph D Professor of Counseling Psychology Northeastern University Resolving Childhood Trauma is an insightful integration of theory and practice for clinicians who treat abuse survivors Catherine Cameron through her clinical experience and research offers the reader a greater understanding of the impact of child sexual abuse and the trauma accommodation syndrome I highly recommend this volume to clinicians and researchers interested in a better understanding of efforts toward resolving childhood trauma Thomas W Miller Ph D ABPP Professor in the Department of Psychiatry University of Kentucky and Professor of Education and Psychology at Murray State University Catherine Cameron's longitudinal interview study of 51 childhood incest survivors presents extraordinary resources for us survivors from the dark realms This intimate scientific portrait can assist CSA survivors in making sense of their own situation and planning a productive course of actions Cameron has a special gift for naming the unspoken and capturing it with familiar methodology Survivors of CSA can find in Cameron s book the means to recover their social dignity and to meet their abusers at eye level with equanimity Jean Maria Arrigo Ph D Social Psychologist Can survivors of severe childhood trauma reclaim their lives as adults Social psychologist Catherine Cameron addresses this question in a unique 12 year study of adult survivors of sexual abuse Five successive surveys combine the richness of intensive personal interviews with objective measures of progress Fifty one women were consistently faithful to the project as Cameron sought to understand their early trauma its lasting impact and to monitor their progress toward recovery A final survey 1998 provided the epilogue for their story As the new millennium dawns these survivors have become strong vital and caring women They have also provided valuable information with implications far beyond themselves

Cameron grounds their personal stories by citing stunning parallels to the larger field of national and international trauma The result is a compelling and deeply human story of trauma and triumph that transcends narrow application It promotes understanding dignity and hope for all survivors traumatized by human design Therapy for Adults Molested as Children John Briere, 1996-08-31 Substantially expanded and updated this classic volume provides therapists with detailed information on how to treat sexual abuse survivors more effectively Dr Briere offers an integrated theory of postabuse symptom development and suggests certain core phenomena that account for many of the psychosocial difficulties associated with childhood sexual abuse The second edition includes more information on effective trauma therapy such as issues related to the false memory recovered memory controversy gender related differences in abuse trauma transference and countertransference the application of behavior theory to treatment intervention A nationally known expert in the field Dr Briere has written an ideal source book for mental health professionals This second edition admirably achieves its stated goal of advancing the treatment of adult survivors of abuse and supports the therapist in this most important endeavor from the Foreword by Christine A Courtois PhD Director of Clinical Training The Psychiatric Institute of Washington Trauma of Incest Karin C. Meiselman, 1990 Karin C Meiselman presents a new therapeutic approach that enables therapists to recognize understand and treat the special needs and problems of incest survivors ranging from panic attacks and sexual difficulties to chronic depression and destructive relationships The author explains why effective therapy with incest survivors requires a nurturing therapeutic relationship and she shows how to develop that relationship and give the ongoing reassurance that victims need in dealing with trauma overcoming loss and grief and in taking control of their lives The Trauma Myth: The Truth about the Sexual Abuse of Children[¬"and Its Aftermath Susan A. Clancy, 2010-05 Few would argue that the experience of sexual abuse is deeply traumatic for a child But in this explosive new book psychologist Susan Clancy reports on years of research and contends that it is not the abuse itself that causes trauma but rather the narrative that is later imposed on the abuse experience Clancy demonstrates that the most common feeling victims report is not fear or panic but confusion Because children don't understand sexual encounters in the same ways adults do they normally accommodate their perpetrators something they feel intensely ashamed about as adults The professional assumptions about the nature of childhood trauma can harm victims by reinforcing these feelings Survivors are thus victimized not only by their abusers but also by the industry dedicated to helping them Path breaking and controversial The Trauma Myth empowers survivors to tell their own stories and radically reshapes our understanding of abuse and its aftermath **Psychotherapy with Deaf Clients from Diverse Groups** Irene Leigh, 1999 Using the premise that deaf people often are a minority within a minority 27 outstanding experts outline in this timely volume approaches to intervention with clients from specific diverse populations With an overview on being a psychotherapist with deaf clients this quide includes information on the diversity of consumer knowledge attitudes beliefs and experiences A Feminist Clinician's

Guide to the Memory Debate Susan Contratto, M Janice Gutfreund, 2014-06-03 First published in 1997 A Feminist Clinician s Guide to the Memory Debate accomplishes four goals it publishes a range of chapters which are explicitly feminist to empower feminists activists practitioners scholars and advocates to be knowledgeable and do the most competent work possible it helps feminist friendly clinicians become alert as to how a feminist analysis can expand and contextualize their understanding of the recovered memory controversy it makes proactive statements of what constitutes ethical healing treatment for the profoundly deforming experience of child sexual abuse and it empowers the clinician to be effectively political outside the therapy setting A Feminist Clinician's Guide to the Memory Debate is an invaluable collection of articles that explores nearly every aspect of the controversy over recovered memories that has shaken public life the courts feminist psychotherapy contemporary psychoanalysis and cognitive science *Violence and Sexual Abuse at Home Susan* Sorenson, Paula Lundberg Love, 2014-01-09 Violence and abuse that occur behind closed doors are not just personal concerns or issues Family violence is a major mental health social service health care and criminal justice problem that society cannot continue to ignore Violence and Sexual Abuse at Home gives you the facts of spouse partner and child maltreatment an analysis of the intervention and prevention techniques commonly used and alternative approaches and theories for understanding and reducing instances of family abuse The factors behind maltreatment are multiple and diverse Because there are so many approaches to treating perpetrators and victims choosing a treatment strategy can sometimes feel overwhelming Use Violence and Sexual Abuse at Home to help you decide which treatment models will be most effective in particular situations Don t risk low success rates with your patients This comprehensive quidebook can help you refine your treatment strategies as you better your understanding of mutual combat the ethical issues and legal mandates involved in reporting family maltreatment biological issues and aggression the causes of the physical maltreatment of children maltreatment of children with disabilities the debate surrounding parent alienation syndrome difficulties in diagnosing incest offenders the impact of child sexual maltreatment on the survivor s sexuality and sexual functioning the repression dissociation and delayed recall of traumatic events Violence and Sexual Abuse at Home shows clinicians researchers advocates and other professionals the importance of broadening their perspectives of all types of family maltreatment Anyone working with people who abuse and or with adults and children who are or have been abused should understand the developmental social psychological cultural and biological issues at play in violent home environments Reclaiming Herstory Cheryl Bell-Gadsby, Anne Siegenberg, 2013-06-20 Women who have survived sexual abuse are among the most traumatized individuals who seek therapy Assisting such clients to reframe transcend their abusive pasts requires enormous sensitivity and therapeutic skill Reclaiming Herstory Ericksonian Solution Focused Therapy for Sexual Abuse will greatly help therapists hone their craft with its solution focused Ericksonian approach and highly refined techniques for working with this population The approach the authors present has evolved through work with hundreds of sexual abuse survivors

The authors have found their techniques to be remarkably effective in helping these clients to regain a sense of freedom and empowerment in their lives The authors view the healing process as a collaborative partnership in which the therapist co creates with the client a positive context for healing This process comprises four distinct stages through which every client must pass in order to achieve their own unique potential The book clearly describes the primary symptoms and features of the four stages which are Breaking the silence and unmasking the secret Becoming visible Reclaiming and reintegration of the self Empowerment and the evolution of the sexual self It also presents for each stage a series of detailed metaphorical stories exercises and rituals designed to assist a client who is traversing a particular stage Numerous suggestions lists questions and vivid case studies help the therapist to identify and assess the individual needs of a particular client and then pinpoint those tools that will best facilitate the healing process at a given stage Recognizing the severe toll that work with sexually abused clients can take on the therapist Reclaiming Herstory also provides strategies for self care that can be used during various stages of therapeutic practice. The volume also provides a timely and important discussion of the controversial false memory backlash and its impact on the survivor and implications for the therapist The APSAC Handbook on Child Maltreatment John E. B. Myers, Lucy Berliner, John Briere, C. Terry Hendrix, Theresa Reid, Carole Jenny, 2001-11-12 A resource of unparalleled thoroughness The APSAC Handbook on Child Maltreatment Second Edition provides critical information for those who dedicate their working lives to alleviating the causes and consequences of child abuse and neglect Written in engaging but straightforward language and committed to immediate application this comprehensive handbook covers physical and sexual abuse all forms of neglect and psychological maltreatment Experts in a variety of specialized areas have designed each chapter to inform professionals in mental health law medicine law enforcement and child protective services of the most current empirical research and literature available as well as strategies for intervention and prevention

Accounts of Innocence Joseph E. Davis,2005 Since a new sensitivity and orientation to victims of injustice arose in the 1960s categories of victimization have proliferated Large numbers of people are now characterized and characterize themselves as sufferers of psychological injury caused by the actions of others In contrast with the familiar critiques of victim culture Accounts of Innocence offers a new and empirically rich perspective on the question of why we now place such psychological significance on victimization in people s lives Focusing on the case of adult survivors of childhood sexual abuse Joseph E Davis shows how the idea of innocence shaped the emergence of trauma psychology and continues to inform accounts of the past and hopes for the future in therapy with survivor clients His findings shed new light on the ongoing debate over recovered memories of abuse They challenge the notion that victim accounts are an evasion of personal responsibility And they suggest important ways in which trauma psychology has had unintended and negative consequences for how victims see themselves and for how others relate to them An important intervention in the study of victimization in our culture Accounts of Innocence will interest scholars of clinical psychology social work and sociology as well as therapists

and victim activists **The Long Journey Home** Andrew J. Schmutzer, 2011-10-01 Maybe the only thing new about sexual abuse is quality discussion from several professions psychology theology and pastoral care Here are the insights of over two dozen psychologists theologians and those in pastoral care all targeting the issue of sexual abuse Designed as a resource for Christian educators therapists pastors social workers group leaders and survivors The Long Journey Home combines current research in mental health with rich theological reflection global concern with fervent pastoral wisdom for the local faith community Whether you are a counselor professor pastor or spouse of a survivor you hold in your hand a fresh resource of information and advocacy for those suffering from the devastating effects of sexual abuse and rape The breadth of material biblical insight discussion questions and helpful resources gathered here just may be the tool of a generation Among Older People Leon Albert Hyer, Steven Sohnle, 2014-10-10 Trauma Among Older Adults presents an integrative model of treatment that considers current theories of treatment in light of special considerations relating to elderly patients The book provides case studies vignettes and discussions and demonstrates the importance of considering the personality memory and familial history of an elderly individual who has suffered a trauma Cultural Melancholia: US Trauma Discourses Before and After 9/11 Christina Cavedon, 2015-09-01 In Cultural Melancholia US Trauma Discourses Before and After 9 11 Christina Cavedon frames her examination of 9 11 fiction especially Jay McInerney's The Good Life and Don DeLillo's Falling Man with a thorough discussion of what US reactions to the terrorist attacks of September 11 2001 disclose about American culture Offering a comparative reading of pre and post 9 11 literary public and academic discourses she deconstructs the still commonly held belief that cultural repercussions of the attacks primarily testify to a cultural trauma in the wake of the collectively witnessed media event She innovatively re interprets discourses to be symptomatic of a malaise which had afflicted American culture already prior to 9 11 and can best be approached with melancholia as an analytical concept Preventing Child Sexual Abuse Sandy K. Wurtele, Cindy L. Miller-Perrin, 1993-01-01 The past decade has seen a dramatic increase in the attention paid to the problem of child sexual abuse Professionals from the social work mental health medical academic and legal fields are all involved in researching the prevalence causes and consequences of abuse Child sexual abuse in multidimensional it is determined by forces at work in victims and offenders in the family and in the community and society at large Thoroughly researched Preventing Child Sexual Abuse surveys incidence and prevalence studies lists risk and protective factors in abuse discusses various indicators of abuse and reports on legislation related to abuse It reviews preventive programs aimed at children and adults and provides suggestions for an expanded involvement of parents professionals policymakers researchers and the general public In doing so it provides the information needed to create prevention programs that attack the problem on several fronts at once **Sexual Abuse of Males** Josef Spiegel, 2013-08-21 Based on hundreds of case histories this book examines the sexual abuse of boys from the perspectives of victim perpetrator It adopts a psychosocial context seeks to develop a multidimensional understanding of dynamics effects

**Identity and Social Change** Joseph E. Davis, 2017-07-12 Identity and Social Change examines the thorny problem of modern identity Trenchant critiques have come from identity politics focusing on the construction of difference and the solidarity of minorities and from academic deconstructions of modern subjectivity. This volume places identity in a broader sociological context of destabilizing and reintegrating forces The contributors first explore identity in light of economic changes consumerism and globalization then focus on the question of identity dissolution Zygmunt Bauman examines the effects of consumerism and considers the constraints these place on the disadvantaged Drawing together discourses of the body and globalization David Harvey considers the growth of the wage labor system worldwide and its consequences for worker consciousness Mike Featherstone outlines a rethinking of citizenship and identity formation in light of the realities of globalization and new information technologies Part two opens with Robert Dunn's examination of cultural commodification and the attenuation of social relations He argues that the media and marketplace are part of a general destabilization of identity formation Kenneth Gergen maintains that proliferating communications technologies undermine the traditional conceptions of self and community and suggest the need for a new base for building the moral society In the final chapter Harvie Ferguson argues that despite the contemporary infatuation with irony the decline of the notion of the self as an inner depth effectively severs the long connection between irony and identity Cases in Qualitative Research Andrea K. Milinki, 2016-09-01 This collection of research articles illustrates a wide variety of qualitative methods for gathering and Child Abuse David A. Wolfe, Robert J. McMahon, Ray DeV Peters, 1997-08-15 Child Abuse brings interpreting data together experts in both physical abuse and sexual abuse to create one of the few volumes that has addressed innovative approaches to treatment and prevention in these two areas The resulting compendium of information provides insights into the current psychological perspectives on the causes and treatment of different forms of child maltreatment as well as the delivery of early intervention and prevention services The book begins in the first part with a conceptual overview of the effect of physical abuse on the life course of children and adults Chapters on physical abuse also examine recent findings related to child abuse offenders children who witness domestic violence treatment of abusive adults and prevention programs aimed at dating adolescents and pregnant women Contributors focusing on child sexual abuse note new approaches to the delivery of treatment services for these children as well as current developments in the interface between abuse victims and the court system Considering the needs of both adult survivors and children Child Abuse also discusses how child maltreatment interventions can be integrated into broader intervention services. An ideal book for use in professional training and development Child Abuse will also guide policymakers at state and national levels to emerging new models and programs This volume is likewise a useful resource for researchers and practitioners in social work clinical counseling psychology mental health and public health National Library of Medicine Current Catalog National Library of Medicine (U.S.),1991

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