



Pathways to Suicide

A Survey
of Self-Destructive
Behaviors

Ronald W. Maris

Pathways To Suicide A Survey Of Self Destructive Behaviors

Michael J. Kral



Pathways To Suicide A Survey Of Self Destructive Behaviors:

Pathways to Suicide Ronald W. Maris,1981-01-01 *Pathways to Suicide* Ronald W. Maris,Bernard Melvin Lazerwitz,1981 **Comprehensive Textbook of Suicidology** Alan Lee Berman,Morton M. Silverman,Bruce Michael Bongar,2000-08-10 Multidisciplinary and comprehensive in scope this volume serves as an authoritative overview of scientific knowledge about suicide and its prevention providing a foundation in theory research and clinical applications Issues relevant to clinical case management are highlighted and various treatment modalities are discussed in light of the latest research findings Suicidology Ronald W. Maris,2019-03-04 Integrating research from multiple disciplines this text provides a comprehensive perspective on suicide and examines what works in prevention and intervention The author is a pioneering researcher and clinician who addresses the classification prevalence and assessment of suicide and self destructive behaviors and explores risk factors at multiple levels from demographic variables personality traits psychiatric diagnoses and neurobiological factors to the social and cultural context Student friendly features include text boxes that dive deeply into specific issues instructive figures and tables thought provoking clinical cases and engaging examples from literature and popular culture The text reviews medical and psychosocial treatment and prevention approaches discusses ways to help those bereaved by suicide and considers issues of professional liability **The Idea of Suicide** Michael J. Kral,2019-05-21 This book is about a new theory of suicide as cultural mimesis or as an idea that is internalized from culture Written as part of a new critical focus in suicidology this volume moves away from the dominant strictly scientific understanding of suicide as the result of a mental disorder and towards positioning suicide as an anthropologically salient community driven phenomenon Written by a leading researcher in the field this volume presents a conception of suicide as culturally scripted and it demonstrates how suicide becomes a cultural idiom of distress that for some can become a normative option Extraordinary Behavior Dennis L. Peck,Norman A. Dolch,2000-10-30 This unique collection of case studies introduces readers to many of the common yet extraordinary social problems in contemporary American society Employing a symbolic interaction approach to the case studies the authors identify the origins of the problems define the issues and explore the outcomes and potential remedies The case studies themselves introduce readers to the very personal side of the problems as the emotions actions and perceptions of the subjects are revealed and analyzed The problems studied here are organized into three categories health related issues family issues and behavior beyond the boundaries and include many problems that often receive too little attention in the existing literature making this book an original and timely contribution Each of the three sections is preceded by a general review of the chapters to follow and offers readers a prelude to the exploration of human thought language and behavior captured and illustrated in the case studies In the first section of the book problems covered include suicide anorexia nervosa alcohol and drug abuse and AIDS STDs The second section covers teenage mothers domestic violence divorce and poverty child support and deadbeat dads and homelessness The last

section focuses on sexual harassment equal protection and racial exclusion prostitution career criminals mass murder and serial killers This book represents a fresh new approach and a welcome addition to the study of social problems in America today

Lives and Deaths Antoon A. Leenaars, 2023-01-06 Edwin S Shneidman is recognized as the central figure in the field of suicidology His writings have taught countless psychologists and other health professionals about the complexity of suicide death and bereavement This collection of his writings spans the entirety of his career and offers a unique insight into the development of his thinking The material is broken down into five parts Psychological Assessment Logic Melville and Murray Suicide and Death and each section includes an introduction by the editor Lives and Deaths is a vital resource for those in suicidology and related fields allowing the reader to sample a variety of selections from Shneidman's work in one compact volume The book is ideal for classroom use by upper level undergraduates and graduate students in the history of suicidology or as a supplemental text in a general suicidology course It is also of interest to clinicians treating high risk patients as well as a more general audience including psychologists social workers crisis counselors and suicide prevention specialists

American Suicide Howard I. Kushner, 1991 For the nineteenth century physician the moral issues that suicide raised could not be isolated from its constitutional components Thus those who exhibited suicidal tendencies were subjected to an amalgamation of pharmacological social and psychological interventions which practitioners labeled the moral treatment By the 1890s however the consensus about the causes of suicide became unglued as a bacteriological medicine and the rise of the social sciences jointly served to call into question eclectic diagnoses The goal of *American Suicide* is to demonstrate how the apparent contradictions among sociological psychoanalytic and neurobiological explanations of the etiology of suicide may be resolved Only through a reintegration of culture psychology and biology can we begin to construct a satisfactory answer to the questions first raised by Durkheim Freud and Kraepelin

Understanding Suicide and Its Prevention Federico Sanchez, 2010-06 Finally a book that explains suicide using the latest research in suicidology A must read for mental health professionals and the survivors of suicide who want to understand why suicide happens The material in this book should be incorporated into the curriculum of psychology and psychiatry because suicide is such a vital topic that is hardly covered in medical schools due to the lack of a coherent theory of the brain in general and suicide in particular This is an important book for all professionals who deal with mental disorders in general and suicide in particular It is the author's fifth book where suicide is explained not as a mysterious process but as a natural consequence of the reactions of the brain under certain conditions when suffering mental disorders The author begins with a brief summary of the statistics of the who's the how's and the where's of suicide This gives us a clear idea of the magnitude of the problem of suicide of the cost not only in lives but of the emotional toll of the survivors as well as the financial burdens on society as a whole Then as an important first step to understanding the medical community's standard approaches to mental disease he reviews briefly the current psychiatric terminology and the diagnostic tools concerning mental disorders He presents the most accepted current

theories and models of suicide He explains what a psychiatric emergency is and what to expect if one ever encounters such a situation And he explains how suicide risk assessment is currently done along with other important considerations He proceeds to explain in everyday language where possible his theory of how the brain works beginning with a simple explanation of how neurons communicate with each other Later he explains how the brain controls the body and how we see with the back of our heads how memory systems become a logical extension or expansion of our sensory and motor systems Awareness and attention are introduced first as an evolutionary tool that aids the senses gather more information from the environment and ultimately as tools that aid in thinking reasoning and constructing our past our lives and our identities But all this would mean nothing without the introduction of emotions and how the brain constructs contexts He explains how emotions are an integral part of memories and how these are related to contexts how basically the brain has created a very concise and compact filing memory system A clear explanation of how emotions are triggered regulated and dissipated is next These lead to a learned discussion of how these various systems can go haywire causing mental disorders A brief but perhaps new and revolutionary approach to these mental disorders is presented next including Obsessive Compulsive Disorder Delirium Dementia and Other Amnesic Disorders Manic Depression and Depression and Schizophrenia Ultimately it becomes clear how under certain conditions these disorders can lead to suicide The difference between attempters and completers is also explained He then presents a suicide autopsy as an exercise to show how varied the opinions of experts in the field of suicidology are and compares it to his own theories and lets the reader decide for himself who is closer to the truth The fallacy of many expert opinions of where research needs to go is presented The book gives a few words of advice on various therapies and the rationality of their approaches and cautions against their limitations The book devotes a chapter to suicide prevention in the military and how these efforts are bound to fail and another chapter on suicide prevention The author makes important suggestions of how to prevent suicide and lessen suicide rates particularly among the young And lastly a chapter is devoted to the specifics of grief for suicide survivors

The Suicidal Person Konrad Michel, 2023-09-12

Konrad Michel a leading psychiatrist and acclaimed expert draws on decades of experience to offer necessary new ways of understanding and preventing suicide After one of his first patients died by suicide Michel devoted himself to researching self harm Writing vividly and personally he recounts more than forty years of working with and learning from suicidal patients Michel shows that suicide is not just a consequence of mental illness but an action related to a person s life story Drawing on hundreds of interviews with suicidal patients he argues that suicide and suicide attempts occur when someone experiences extreme emotional pain that severely impairs the ability to think and act rationally Based on this understanding Michel and his colleagues developed a person centered approach to treatment that overcomes the limitations of the traditional medical model Through a brief therapy patients find a personally meaningful narrative understanding of their suicidal thoughts and impulses People at risk can learn to recognize their vulnerabilities in order to manage potentially life

threatening situations and keep themselves safe Michel emphasizes the importance of communication medical professionals need to connect with patients as individuals to identify specific warning signs Both compassionate and rigorous this book provides vital insight into suicide prevention and shows how changing attitudes will help save lives It includes practical advice for people at risk with special emphasis on young people as well as for relatives and health professionals *Clinical Manual for Assessment and Treatment of Suicidal Patients* John A. Chiles, Kirk D. Strosahl, Laura Weiss Roberts, 2018-08-23

Since the first edition of *Clinical Manual for Assessment and Treatment of Suicidal Patients* was published in 2005 advances have been made that increase our understanding of suicidal and self destructive behavior Although clinicians cannot unerringly predict which patients will die by suicide they can focus more successfully on early identification of suicidal behavior and effective intervention and this new edition of the clinical manual thoroughly explores not only assessment of suicidality but what comes after an at risk patient has been identified The authors argue that treating specific psychiatric disorders is not enough to prevent suicide and they offer clinicians the necessary information and strategies to bridge that gap The authors main premise is that suicide is a dangerous and short term problem solving behavior designed to regulate or eliminate intense emotional pain a quick fix where a long term effective solution is needed and this understanding is the underpinning of the assessment and treatment strategies the authors recommend The content of this new edition has been thoroughly reviewed and revised and substantive changes have been made to specific chapters to ensure that the book represents the most current thinking and research while retaining the strengths of the previous edition The chapter on assessment has been revised to put the fundamental components of effective treatment in a clinical case oriented context and includes an easy to use assessment protocol that allows clinicians to determine where individual patients stand on seven dimensions cognitive rigidity problem solving deficits heightened mental pain emotionally avoidant coping style interpersonal deficits self control deficits and environmental stress and social support deficits The many issues involved in the use of psychotropic medications in suicidal patients are addressed in a new chapter which includes information on the relevant classes of drugs such as antidepressants and anti-anxiety agents and the issues that may arise with their use including side effects degree of lethality and tendency to aggravate suicidality on introduction and withdrawal of the medication The chapter on special populations has been expanded to include adolescents elders and patients with co occurring substance abuse or psychosis Because of additional vulnerabilities treating these groups may call for the use of added or special techniques to ensure the best therapeutic outcomes Primary care physicians are the first point of contact for many patients and they may require additional preparation in order to assess and respond to those experiencing suicidal thoughts The chapter *Suicidal Patients in Primary Care* explores strategies for screening recognizing and assessing risk treating the initial crisis and developing a crisis management plan Tips for Success appear at intervals and The Essentials are included at the end of each chapter highlighting the most important concepts In addition there are scores of helpful charts and exercises

Practical accessible and reader friendly the Clinical Manual for Assessment and Treatment of Suicidal Patients is not an academic book but rather is one designed to become an indispensable part of clinicians working libraries **Suicide Science** Thomas Joiner, M. David Rudd, 2007-05-08 Suicide kills and maims victims traumatizes loved ones preoccupies clinicians and costs health care and emergency agencies fortunes It should therefore demand a wealth of theoretical scientific and fiduciary attention But in many ways it has Why Although the answer to this question is multi faceted this volume not supposes that one answer to the question is a lack of elaborated and penetrating theoretical approaches The authors of this volume were challenged to apply their considerable theoretical wherewithal to this state of affairs They have risen to this challenge admirably in that several ambitious ideas are presented and developed If ever a phenomenon should inspire humility it is suicide and the volume s authors realize this Although several far reaching views are proposed they are pitched as first approximations with the primary goal of stimulating still more conceptual and empirical work A pressing issue in suicide science is the topic of clinical interventions and clinical approaches more generally Here too this volume contributes covering such topics as therapeutics and prevention comorbidity special populations and clinical risk factors

Health and Economic Status of Older Women A. Regula Herzog, Karen Holden, Mildred Seltzer, 2021-05-13 Health Economic Status of Older Women is a collection of research issues and data sources This book is organized in three parts Part 1 sets the stage for the more focused discussion of health and economic issues in the lives of old women that follows in Part 2 This first section contains papers by both Troll and Reinhartz Their papers presented as keynote addresses in the conference provide a historical context for the subsequent material Both authors issue challenges to those who would focus their research efforts on older women The second part of the book contains the substantive discussions of health and economic aspects of women s lives The final part contains discussions of research methodologies *Cognitive-Behavioral Treatment of Borderline Personality Disorder* Marsha M. Linehan, 1993-05-14 For the average clinician individuals with borderline personality disorder BPD often represent the most challenging seemingly insoluble cases This volume is the authoritative presentation of dialectical behavior therapy DBT Marsha M Linehan s comprehensive integrated approach to treating individuals with BPD DBT was the first psychotherapy shown in controlled trials to be effective with BPD It has since been adapted and tested for a wide range of other difficult to treat disorders involving emotion dysregulation While focusing on BPD this book is essential reading for clinicians delivering DBT to any clients with complex multiple problems Companion volumes The latest developments in DBT skills training together with essential materials for teaching the full range of mindfulness interpersonal effectiveness emotion regulation and distress tolerance skills are presented in Linehan s DBT Skills Training Manual Second Edition and DBT Skills Training Handouts and Worksheets Second Edition Also available Linehan s instructive skills training videos for clients Crisis Survival Skills Part One Crisis Survival Skills Part Two From Suffering to Freedom This One Moment and Opposite Action **Integrated Treatment for Co-Occurring Disorders** Jack

Klott,2013-01-23 The definitive guide to identify assess and create individualized treatment plans for high risk clients who suffer from challenging co occurring disorders Treat the person and not the diagnosis Respect that all behaviors are purposeful Remain mindful that nobody changes behaviors without motivation These essential guiding principles are the framework of this book They will be repeated quite often as we examine the challenging population of men and women with co occurring disorders From Integrated Treatment for Co Occurring Disorders Annual studies reveal that 70 percent of men and women who died by suicide were diagnosed with a mental illness or personality disorder and used drugs to gain temporary relief from the symptoms Until now very little has been written about how to identify assess and treat this population Integrated Treatment for Co Occurring Disorders Treating People Not Behaviors addresses that need Respectful of the client and filled with practical advice this book Examines the guiding principles for treating clients with co occurring disorders Details the methods of formulating an evidence based individualized treatment plan for the self medicating mentally ill Explores how to assess this population for suicide risk and vulnerability Focuses on the person and not a behaviorally defined diagnostic category Reflects state of the art knowledge for the treatment of co occurring disorders Illustrates how Motivational Enhancement Therapy can be an effective treatment strategy With numerous clinical case studies to illustrate key points and reinforce learning Integrated Treatment for Co Occurring Disorders encourages a flexible person centered treatment approach that focuses on the individual rather than the diagnosis *Deviant Behavior* John A. Humphrey, Frank Schmallegger, 2012 At A Glance sections summarize key facts about the form of deviance being considered

The Relativity of Deviance John Curra, 2019-10-21 This unique text uses historical and contemporary examples to demonstrate how deviance is socially constructed depending on time place and situation Phenomenology and Treatment of Psychiatric Emergencies B.S. Comstock, W.E. Fann, A.D. Pokorny, Robert L. Williams, 2012-12-06 psychiatric treatment approaches there are opportunities for trial and error exploration and reconsideration revision of treatment approach and correction of errors Revisions and corrections are based on observations of progress and on response from patients about the impact of treatment efforts But emergency interventions usually are one time efforts involving a sequence of evaluation therapeutic intervention and referral out Response is limited or absent and there are no opportunities for corrections over time Therefore interventions and referrals must be made on the basis of first evaluations with positive conviction related to current best effort and despite the lack of guidance derived from tracking the patient's progress over time The staff must tolerate the risk taking required and must also be prepared to forego the gratification of seeing the beneficial results of the work done Even in programs structured to allow return visits and despite the occasional information provided by other agencies after referrals the majority of patients are lost to follow up The usefulness of specific interventions is hard to evaluate and the satisfaction of seeing a task completed is rarely available The emergency program staff must tolerate a considerable amount of stress in the environment Emergency care centers are collection points for an extraordinary volume

of human suffering The anxieties and strains associated with persistent urgency of need alarm related to unexpected difficulties fearfulness about outcome closeness of death and presence of pain pervade the atmosphere **Rational Suicide?**

James L. Werth Jr., 2016-02-04 The idea that suicide may be an acceptable rational option is rarely presented in professional literature However recent events and developments forcefully demonstrate that mental health professionals can no longer ignore the possibility that people can make a rational decision to die After introducing the concept of rational suicide the book explores the changing views of suicide over the centuries Common arguments against rational suicide are examined and rebutted **Handbook of Emergency Psychiatry for Clinical Administrators** Gail M. Barton, Rohn S.

Friedman, 2018-09-24 Originally published in 1986 this volume presents the clinical and administrative aspects of emergency psychiatry from the point of view of the clinician administrator involved in organizing and running an emergency service Part 1 provides an administrative overview of psychiatric emergency care the development of the field the concepts the patient profile the team the architecture fiscal planning legal constraints as well as training and research issues Part 2 describes psychiatric emergency care delivery systems in the emergency department the average hospital wards the community mental health centers and health maintenance organizations Part 3 gives examples of the process of administration in one instance how a psychiatric emergency service developed in the other how one functions day to day and what themes recur administratively Part 4 focuses on protocols and models useful to the emergency service administrator protocols records standards of care politics liaison with the court mobile response collaborative arrangements and disaster preparedness Part 5 provides an annotated bibliography which reviews and draws attention to the relevant literature for the clinicians and administrators to use in practicing emergency psychiatry

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