

Nature CURES

THE HISTORY OF
ALTERNATIVE
MEDICINE
IN AMERICA



JAMES C. WHORTON, PH.D.

Nature Cures The History Of Alternative Medicine In America

John C. Waller



Nature Cures The History Of Alternative Medicine In America:

Nature Cures James C. Whorton, 2002-09-26 From reflexology and rolfing to shiatsu and dream work we are confronted today by a welter of alternative medical therapies But as James Whorton shows in *Nature Cures* the recent explosion in alternative medicine actually reflects two centuries of competition and conflict between mainstream medicine and numerous unorthodox systems This is the first comprehensive history of alternative medicine in America examining the major systems that have emerged from 1800 to the present Writing with wit and with fairness to all sides Whorton offers a fascinating look at alternative health systems such as homeopathy water cures Mesmerism Christian Science osteopathy chiropractic naturopathy and acupuncture He highlights the birth and growth of each system including European roots where appropriate and vividly describes both the theories and the therapies developed within each system including such dubious practices as hour long walks barefoot in snow or Samuel Thompson's puking and steaming regimen In particular Whorton illuminates the philosophy of natural healing that has been espoused by alternative practitioners throughout history and the distinctive interpretations of nature cure developed by the different systems Though he doesn't hesitate to point out the failings of these systems he also shows that some cult medicines have eventually won recognition from practitioners of mainstream medicine Throughout Whorton writes with a light touch and quotes from contemporary humorists such as Mark Twain His book is an engaging and authoritative history that highlights the course of alternative medicine in the U S providing valuable background to the wide range of therapies available today

Alternative Healing in American History Michael Shally-Jensen, 2019-07-19 This book examines alternative healing practices in American popular culture From traditional folk approaches to more recent developments it discusses the rise and fall of more than 100 popular approaches to addressing both physical ailments and mental health needs Offering insightful accounts of everything from aging prevention to voodoo Santería *Alternative Healing in American History* An Encyclopedia from Acupuncture to Yoga situates each popular approach in the history and culture of health and wellness in America Moreover the book shows that orthodox medicine and unconventional approaches may have more in common than many people think because both are subject to the changing nature of the medical understanding and the strength of their appeal to consumers While the main focus is on remedies lying outside the medical mainstream the book also highlights how many widely accepted therapeutic treatments of the past for example the water cure hydrotherapy or lobotomy psychosurgery fell out of favor and were quickly forgotten Besides examining popular healing techniques the book also explores the changing nature of the medical marketplace and how once standard treatments e g leeching psychoanalysis have had their ups and downs The book comprises five chronological sections covering time periods from pre 1900 to the present

Nature's Path Susan E. Cayleff, 2016-03-30 An eclectic group of firebrands overcame strong odds to create the naturopathic healing system An alternative medical system emphasizing prevention through healthy living positive mind body spirit strength and therapeutics to enhance the body's innate healing

processes naturopathy has gained legitimacy in recent years In *Nature's Path* the first comprehensive book to examine the complex history and culture of American naturopathy Susan E Cayleff tells the fascinating story of the movement's nineteenth century roots While early naturopaths were sometimes divided by infighting they all believed in the healing properties of water nutrition exercise the sun and clean fresh air Their political activism was vital to their professional formation they loathed the invasive depletive practices of traditional medicine and protested against medical procedures that addressed symptoms rather than disease causes while resisting processed foods pharmaceuticals environmental toxins and atomic energy Cayleff describes the development of naturopathy's philosophies and therapeutics and details the efforts of its proponents to institutionalize the field She recognizes notable naturopathic leaders explores why women doctors organizers teachers and authors played such a strong role in the movement and identifies countercultural views such as antivivisection antivaccination and vegetarianism held by idealistic naturopaths from 1896 to the present *Nature's Path* tracks a radical cultural critique medical system and way of life that links body soul mind and daily purpose It is a must read for historians of medicine and scholars in women's studies and political history as well as for naturopaths and all readers interested in alternative medicine

Primary Health Care and Complementary and Integrative Medicine Jon Adams, 2013 Complementary and integrative medicine CIM has become big business Alongside the increased consumption of complementary medicine and the swelling numbers of complementary health practitioners has emerged a growing interest in these medicines and therapies from within the ranks of conventional primary health care At the level of practice and beyond a culture of confrontation and antagonism has begun to be replaced by a focus upon potential integration collaboration and common ground With these significant developments in mind this ground breaking book is a valuable and timely addition to the CIM and primary health care research literature The collection outlines the core issues challenges and opportunities facing the CIMOCoprimary health care interface and its study and will provide insight and inspiration for those practising studying and researching the contemporary relations between CIM and primary health care The book is the first to be authored by leading international CIMOCoprimary health care researchers from diverse disciplines and backgrounds including health social science statistics qualitative methodology general practice clinical trials design clinical pharmacology health services research and public health All contributors are active CIMOCoprimary health care researchers and their extensive research and practice experience helps lend a unique immediacy and richness to the contributions and collection

The Greenwood Encyclopedia of Daily Life in America Randall M. Miller, 2008-12-30 The course of daily life in the United States has been a product of tradition environment and circumstance How did the Civil War alter the lives of women both white and black left alone on southern farms How did the Great Depression change the lives of working class families in eastern cities How did the discovery of gold in California transform the lives of native American Hispanic and white communities in western territories Organized by time period as spelled out in the National Standards for U S History these four volumes effectively

analyze the diverse whole of American experience examining the domestic economic intellectual material political recreational and religious life of the American people between 1763 and 2005 Working under the editorial direction of general editor Randall M Miller professor of history at St Joseph s University a group of expert volume editors carefully integrate material drawn from volumes in Greenwood s highly successful Daily Life Through History series with new material researched and written by themselves and other scholars The four volumes cover the following periods The War of Independence and Antebellum Expansion and Reform 1763 1861 The Civil War Reconstruction and the Industrialization of America 1861 1900 The Emergence of Modern America World War I and the Great Depression 1900 1940 and Wartime Postwar and Contemporary America 1940 Present Each volume includes a selection of primary documents a timeline of important events during the period images illustrating the text and extensive bibliography of further information resources both print and electronic and a detailed subject index

Hippocrates Now Helen King, 2019-11-14 This book is available as open access through the Knowledge Unlatched programme and is available on www.bloomsburycollections.com We need to talk about Hippocrates Current scholarship attributes none of the works of the Hippocratic corpus to him and the ancient biographical traditions of his life are not only late but also written for their own promotional purposes Yet Hippocrates features powerfully in our assumptions about ancient medicine and our beliefs about what medicine and the physician himself should be In both orthodox and alternative medicine he continues to be a model to be emulated This book will challenge widespread assumptions about Hippocrates and in the process about the history of medicine in ancient Greece and beyond and will also explore the creation of modern myths about the ancient world Why do we continue to use Hippocrates and how are new myths constructed around his name How do news stories and the internet contribute to our picture of him And what can this tell us about wider popular engagements with the classical world today in memes quotes and online

Building Nature's Market Laura J. Miller, 2017-11-20 Markets and movements Escaping asceticism the birth of the health food industry Living and working on the margins a countercultural industry develops Feeding the talent the path to legitimacy Questioning authority the state and medicine strike back Style identifying the audience for natural foods Drawing the line boundary disputes in the natural foods field Cultural change and economic growth assessing the impact of a business led movement

Spirit Cure Joseph W. Williams, 2012-12-27 Joseph W Williams offers a compelling examination of the changing healing practices of pentecostals in the United States over the past hundred years from the early believers who rejected mainstream medicine and overtly spiritualized disease to the later generations of pentecostals and their charismatic successors who dramatically altered the healing paradigms they inherited Williams shows that over the course of the twentieth century pentecostal denunciations of the medical profession often gave way to natural healing methods associated with scientific medicine natural substances and even psychology By the early twenty first century figures such as the pentecostal preacher T D Jakes appeared on The Dr Phil Show other healers marketed their books at mainstream retailers

such as Wal Mart and some developed lucrative nutritional products that sold online and in health food stores across the nation Exploring the interconnections resonances and continued points of tension between pentecostal adherents and some of their fiercest rivals Spirit Cure chronicles pentecostals embrace of competitors healing practices and illuminates their dramatic transition from a despised minority to major players in the world of American evangelicalism and mainstream American culture

The Religion of Chiropractic Holly Folk,2017-03-13 Chiropractic is by far the most common form of alternative medicine in the United States today but its fascinating origins stretch back to the battles between science and religion in the nineteenth century At the center of the story are chiropractic s colorful founders D D Palmer and his son B J Palmer of Davenport Iowa where in 1897 they established the Palmer College of Chiropractic Holly Folk shows how the Palmers system depicted chiropractic as a conduit for both material and spiritualized versions of a vital principle reflecting popular contemporary therapies and nineteenth century metaphysical beliefs including the idea that the spine was home to occult forces The creation of chiropractic and other Progressive era versions of alternative medicine happened at a time when the relationship between science and religion took on an urgent increasingly competitive tinge Many remarkable people including the Palmers undertook highly personal reinterpretations of their physical and spiritual worlds In this context Folk reframes alternative medicine and spirituality as a type of populist intellectual culture in which ideologies about the body comprise a highly appealing form of cultural resistance

Healing with water Jane M. Adams,2015-05-01 Healing with water provides a medical and social history of English spas and hydropathic centres from the early nineteenth to the mid twentieth centuries It argues that demand for healing rather than leisure drove the growth of a number of inland resorts which became renowned for expertise and treatment facilities These aspects were actively marketed to doctors and patients It assesses the influence of these centres on broader patterns of resort development leisure and sociability in Britain The study explores ideas about water s healing potential and the varied ways it was used to maintain good health and treat a variety of illnesses Water cures were endorsed by both orthodox and unorthodox practitioners and attracted growing numbers of patients into the twentieth century It examines how institutions and skilled workers shaped the development of specialist resorts and considers why the NHS support for spa treatment declined from the 1960s

The Oxford Handbook of William James Alexander Mugar Klein,2024-04-30 This Handbook provides a structured overview of William James s intellectual work James was a pioneer of the new physiological psychology of the late nineteenth century He was also a founder of the pragmatist movement in philosophy and made influential contributions to metaphysics and to the study of religion as well This Handbook s chapters are organized either around major themes in James s writing or around his conversations with interlocutors

Textbook of Natural Medicine - E-Book Joseph E. Pizzorno,Michael T. Murray,2012-09-06 Covering preventive non invasive and natural treatments Textbook of Natural Medicine 4th Edition offers more than just alternative medicine It promotes an integrated practice that can utilize natural medicine traditional Western

medicine or a combination of both in a comprehensive scientific treatment plan Based on a combination of philosophy and clinical studies Textbook of Natural Medicine helps you provide health care that identifies and controls the underlying causes of disease is supportive of the body's own healing processes and is considerate of each patient's unique biochemistry Internationally known authors Joseph Pizzorno and Michael Murray include detailed pharmacologic information on herbs and supplements plus evidence based coverage of diseases and conditions to help you make accurate diagnoses and provide effective therapy Comprehensive unique coverage makes this book the gold standard in natural medicine A scientific presentation includes the science behind concepts and treatments and discusses Western medical treatments and how they can work with natural medicine in a comprehensive treatment plan if natural medicine is not effective this book recommends the Western treatment Coverage of pharmacology of natural medicines includes the uses and potential dangers of nearly 80 herbal medicines special nutrients and other natural agents addressing topics such as general information chemical composition history pharmacology clinical applications dosage and toxicology In depth evidence based coverage of 73 diseases and conditions includes key diagnostic criteria pathophysiology of diseases and therapeutic rationales Coverage of potential interactions between drugs herbs and supplements ensures the safest possible use for each of 79 herbs and supplements Diagnostic procedures include practical easy to follow descriptions of evidence based techniques plus discussions of clinical application of diet analysis food allergy testing immune function assessment fatty acid profiling hair mineral analysis and other diagnostic approaches Common therapeutic modalities are described and reviewed including botanical medicine nutritional therapy therapeutic fasting exercise therapy hydrotherapy counseling acupuncture homeopathy and soft tissue manipulation Coverage of syndromes and therapies helps in understanding the underlying causes of diseases by discussing topics such as food reactions functional toxicology sports nutrition stress management and breathing pattern disorders Coverage of the philosophy of natural medicine includes its history and background with discussions of toxicity detoxification and scientific documentation of the healing actions of nature and natural substances Internationally known authors Joseph Pizzorno and Michael Murray and more than 90 expert contributors provide material that is up to date accurate and informed More than 10 000 research literature citations show that the content is based on science rather than opinions or anecdotes 13 useful appendices offer quick lookup of frequently used charts handouts and information

Health and Wellness in 19th-Century America John C. Waller, 2014-08-11 This book provides a comprehensive description of what being sick and receiving medical care was like in 19th century America allowing modern readers to truly appreciate the scale of the improvements in healthcare theory and practice Health and Wellness in 19th Century America covers a period of dramatic change in the United States by examining our changing understanding of the nature of the disease burden the increasing size of the nation and our conceptions of sickness and health With topics ranging from the unsanitary tenements of New York's Five Points the field hospitals of the Civil War and to the laboratories of Johns Hopkins

Medical School author John C Waller reveals a complex picture of tradition discovery innovation and occasional spectacular success This book draws upon an extensive literature to document sickness and wellness in environments like rural homesteads urban East coast slums and the hastily built cities of the West It provides a fascinating historical examination of a century in which Americans made giant strides in understanding disease yet also clung to traditional methods and ideas charting how U S medical science gradually transformed from being a backwater to a world leader in the field Healing Waters Ronan Foley,2016-04-15 Bringing together a range of different place studies including holy wells spa towns Turkish baths and sweat houses sea bathing and the modern spa this book investigates associations between water health place and culture in Ireland It is informed by a humanistic approach showing how health and place are socially and culturally constructed and how health is embodied experienced and enacted in place In addition the work argues that an understanding of health and place must also consider the historical societal and cultural orthodoxies that shape and produce those places

A More Perfect Union Linda Sargent Wood,2012-08-01 In 1962 when the Cold War threatened to ignite in the Cuban Missile Crisis when more nuclear test bombs were detonated than in any other year in history Rachel Carson released her own bombshell *Silent Spring* to challenge society's use of pesticides To counter the use of chemicals and bombs the naturalist articulated a holistic vision She wrote about a web of life that connected humans to the world around them and argued that actions taken in one place had consequences elsewhere Thousands accepted her message joined environmental groups flocked to Earth Day celebrations and lobbied for legislative regulation Carson was not the only intellectual to offer holistic answers to society's problems This book uncovers a sensibility in post World War II American culture that both tested the logic of the Cold War and fed some of the twentieth century's most powerful social movements from civil rights to environmentalism to the counterculture The study examines important leaders and institutions that embraced and put into practice a holistic vision for a peaceful healthful and just world nature writer Rachel Carson structural engineer R Buckminster Fuller civil rights leader Martin Luther King Jr Jesuit priest and paleontologist Pierre Teilhard de Chardin humanistic psychologist Abraham Maslow and the Esalen Institute and its founders Michael Murphy and Dick Price Each looked to whole systems instead of parts and focused on connections interdependencies and integration to create a better world Though the 60s dreams of creating a more perfect world were tempered by economic inequalities political corruption and deep social divisions this holistic sensibility continues to influence American culture today *A History of Medicine* Lois N. Magner,Oliver Kim,2017-12-14 Designed for survey courses in the field *A History of Medicine* presents a wide ranging overview for those seeking a solid grounding in the medical history of Western and non Western cultures Invaluable to instructors promoting the history of medicine in pre professional training and stressing major themes in the history of medicine this third edition continues to stimulate further exploration of the events methodologies and theories that have shaped medical practices in decades past and continue to do so today **Birth of a Slave** Marie Jenkins

Schwartz,2010-03-30 This book depicts competing approaches to reproductive health on plantations in the antebellum South as black women and white men sought to enhance the health of enslaved mothers The first book to focus solely on the health care of enslaved women it argues for the critical role of reproductive medicine in the slave system of antebellum America

Is This Yoga? Anya Foxen,Christa Kuberry,2021-05-31 This book provides a rigorously researched critically comparative introduction to yoga Is This Yoga Concepts Histories and the Complexities of Contemporary Practice recognizes the importance of contemporary understandings of yoga and at the same time provides historical context and complexity to modern and pre modern definitions of yogic ideas and practices Approaching yoga as a vast web of concepts traditions social interests and embodied practices it raises questions of knowledge identity and power across time and space including the dynamics of East and West The text is divided into three main sections thematic concepts histories and topics in modern practice This accessible guide is essential reading for undergraduate students approaching the topic for the first time as well as yoga teachers teacher training programs casual and devoted practitioners and interested non practitioners

Licensed to Practice James C. Mohr,2013-11-15 How did American doctors come to be licensed on the terms we now take for granted Licensed to Practice begins with an 1891 shooting in Wheeling West Virginia that left one doctor dead and another on trial for his life Formerly close friends the doctors had fallen out over the issue of medical licensing Historian James C Mohr calls the murder a sorry personal consequence of the far larger and historically significant battle among West Virginia s physicians over the future of their profession Through most of the nineteenth century anyone could call themselves a doctor and could practice medicine on whatever basis they wished But an 1889 U S Supreme Court case Dent v West Virginia effectively transformed medical practice from an unregulated occupation to a legally recognized profession The political and legal battles that led up to the decision were unusually bitter especially among physicians themselves and the outcome was far from a foregone conclusion So called Regular physicians wanted to impose their own standards on the wide open medical marketplace in which they and such non Regulars as Thomsonians Botanics Hydropaths Homeopaths and Eclectics competed The Regulars achieved their goal by persuading the state legislature to make it a crime for anyone to practice without a license from the Board of Health which they controlled When the high court approved that arrangement despite constitutional challenges the licensing precedents established in West Virginia became the bedrock on which the modern American medical structure was built And those precedents would have profound implications Thus does Dent a little known Supreme Court case influence how Americans receive health care more than a hundred years after the fact

Encyclopedia of Science and Technology Communication Susanna Hornig Priest,2010-07-14 The explosion of scientific information is exacerbating the information gap between richer poorer educated less educated publics The proliferation of media technology and the popularity of the Internet help some keep up with these developments but also make it more likely others fall further behind This is taking place in a globalizing economy and society that further

complicates the division between information haves and have nots and compounds the challenge of communicating about emerging science and technology to increasingly diverse audiences Journalism about science and technology must fill this gap yet journalists and journalism students themselves struggle to keep abreast of contemporary scientific developments Scientist aided by public relations and public information professionals must get their stories out not only to other scientists but also to broader public audiences Funding agencies increasingly expect their grantees to engage in outreach and education and such activity can be seen as both a survival strategy and an ethical imperative for taxpayer supported university based research Science communication often in new forms must expand to meet all these needs Providing a comprehensive introduction to students professionals and scholars in this area is a unique challenge because practitioners in these fields must grasp both the principles of science and the principles of science communication while understanding the social contexts of each For this reason science journalism and science communication are often addressed only in advanced undergraduate or graduate specialty courses rather than covered exhaustively in lower division courses Even so those entering the field rarely will have a comprehensive background in both science and communication studies This circumstance underscores the importance of compiling useful reference materials The Encyclopedia of Science and Technology Communication presents resources and strategies for science communicators including theoretical material and background on recent controversies and key institutional actors and sources Science communicators need to understand more than how to interpret scientific facts and conclusions they need to understand basic elements of the politics sociology and philosophy of science as well as relevant media and communication theory principles of risk communication new trends and how to evaluate the effectiveness of science communication programmes to mention just a few of the major challenges This work will help to develop and enhance such understanding as it addresses these challenges and more Topics covered include advocacy policy and research organizations environmental and health communication philosophy of science media theory and science communication informal science education science journalism as a profession risk communication theory public understanding of science pseudo science in the news special problems in reporting science and technology science communication ethics

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