

# SEXUALITY AND THE ELDERLY

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*A Research Guide*

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*Compiled by*  
Bonnie L. Walker

# Sexuality And The Elderly A Research Guide

**Donna Marie Castañeda**



## **Sexuality And The Elderly A Research Guide:**

*Sexuality and the Elderly* Bonnie L. Walker, 1997-05-12 This literature review was undertaken in order to determine what caregivers needed to know about elderly sexuality to determine the needs of elderly people related to their sexuality and to determine how caregivers could best assist them in meeting those needs In selecting materials to be annotated for this book the first priority was given to empirical studies Also included were articles by prominent practitioners and researchers interested in elderly sexuality literature reviews and books written for the lay population which are often cited in the professional literature In addition to seeking knowledge about elderly sexuality and understanding attitudes about sexuality this literature review sought information about measurement issues and measurement instruments frequently used in research within elderly populations Also of interest were investigations of educational and training programs involving caregivers

**Clinical Perspectives on Elderly Sexuality** Jennifer L. Hillman, 2013-03-14 Throughout my clinical training and practice I have been surprised by the number of times that sexual issues have emerged as an unexpectedly central feature in my work with older adults I can vividly remember my own internal reaction on hearing one of my elderly female patients tell me that she was date raped a few years after the death of her elderly husband when she was 68 years old I can see in my mind's eye the blood splattered on the floor of an inpatient unit from an elderly man who smashed his arm through a window furious that his antidepressant medication made it impossible to climax through masturbation On a much less dramatic but equally important note I think about the elderly amputee who told me softly about his fears of resuming sexual activity with his wife of 25 years I also think about the elderly woman whose inability to take herself shopping to find fashionable comfortable clothes to fit over her hunched shoulders and large breasts helped precipitate a serious depression In sum I learned early on that elderly sexuality is not just about how many times a week someone makes love It is my hope that sharing these experiences and introducing the related theories research and interventions will assist other clinicians in dealing with these often challenging and clinically demanding situations Without my patients this text would not have been possible

**Sexuality and Aging** Jennifer Hillman, 2012-03-27 Despite continuing ageist beliefs that sexuality is a privilege designed only for the young and physically healthy research continues to indicate that the majority of older adults maintain interest in sexuality and may engage in fulfilling sexual behavior well into their last decade of life Unfortunately many professionals remain unaware of general knowledge of elderly sexuality including the expected and normal physiological changes that can occur within the context of both male and female aging The presence of chronic illness and other medical problems certainly can influence the expression of an aging adult's sexuality and emergent research suggests that there are effective ways to cope with menopause heart disease arthritis incontinence diabetes sleep disorders breast cancer prostate cancer and erectile dysfunction ED among others Dramatic changes have taken place within the last decade alone in terms of non surgical treatment for incontinence and ED with forms of sex therapy biofeedback and PDE 5 inhibitors Regrettably

many aging adults and their care providers remain unaware of their increased risk factors for STDs including HIV infection via lack of knowledge changes in the vaginal lining and typical declines in immune function Estimates suggest that by the year 2020 more than half of all individuals living with HIV will be over the age of 50 Although some high quality professional books are available for clinicians they tend to be disjointed research bibliographies edited volumes on a narrowly focused aspect of elderly sexuality or texts that are more than 10 years old With the extent of new information available regarding sexuality and aging an up to date empirically based text is necessary

**Gender, Social Inequalities, and Aging** Toni M. Calasanti, Kathleen F. Slevin, 2001 The experience of men and women in later life varies enormously not only along lines of gender but also due to ethnicity class sexual orientation and race In this text on gender issues among the aging Calasanti and Slevin explore these differences their genesis their meaning to men and women and their treatment in the policy arena The authors also take to task traditional research on aging and how it ignores these issues The authors cover topics of work and retirement body image sexuality health family relationships and informal care among many others The current research and nuanced theoretical approach presented in this brief book makes it the ideal text to correct the stereotypic and monolithic views of the elderly for courses in gender or aging

**Marital and Sexual Lifestyles in the United States** Linda P Rouse, 2013-12-16 Learn the changing role of sexuality in American life This helpful book offers a solid background in the sociology of family life and personal sexuality Marital and Sexual Lifestyles in the United States Attitudes Behaviors and Relationships in Social Context is designed to give readers a broad view of the diversity of contemporary U S attitudes behaviors and relationships It also covers basic sociological concepts and research methods Most human sexuality texts focus on the individual whereas texts designed for sociology courses on the family downplay individual sexual expression Marital and Sexual Lifestyles in the United States integrates the two approaches The choices of the individual take on additional meaning when seen within a unified historical statistical and conceptual framework Marital and Sexual Lifestyles in the United States gives readers the tools to consider such pressing issues as Does the divorce rate mean that the institution of marriage is in trouble Are children's futures impaired if they come from single parent households Should same sex couples be allowed to marry How does marriage differ from cohabitation What are the real sexual differences between the genders What is sexual morality How much confidence can we place in studies of human sexuality by such social scientists as Alfred Kinsey and Masters and Johnson These questions and others like them are placed in the context of U S social trends beginning with the 1950s and moving toward today Plentifully illustrated with tables charts and figures that show where we are going as well as where we have been Marital and Sexual Lifestyles in the United States gives a clear perspective on relationships in social context

**Agewise** Margaret Morganroth Gullette, 2013-10-21 Let's face it almost everyone fears growing older We worry about losing our looks our health our jobs our self esteem and being supplanted in work and love by younger people It feels like the natural inevitable consequence of the passing years But what if it's not What if nearly

everything that we think of as the natural process of aging is anything but In Agewise renowned cultural critic Margaret Morganroth Gullette reveals that much of what we dread about aging is actually the result of ageism which we can and should battle as strongly as we do racism sexism and other forms of bigotry Drawing on provocative and under reported evidence from biomedicine literature economics and personal stories Gullette probes the ageism that drives discontent with our bodies our selves and our accomplishments and makes us easy prey for marketers who want to sell us an illusory vision of youthful perfection Even worse rampant ageism causes society to discount and at times completely discard the wisdom and experience acquired by people over the course of adulthood The costs both collective and personal of this culture of decline are almost incalculable diminishing our workforce robbing younger people of hope for a decent later life and eroding the satisfactions and sense of productivity that should animate our later years Once we open our eyes to the pervasiveness of ageism however we can begin to fight it and Gullette lays out ambitious plans for the whole life course from teaching children anti ageism to fortifying the social safety nets and thus finally making possible the real pleasures and opportunities promised by the new longevity A bracing controversial call to arms Agewise will surprise enlighten and perhaps most important bring hope to readers of all ages

**Handbook of Clinical Behavior Therapy with the Elderly Client** Patricia A. Wisocki, 2013-11-21 Although we speak of the elderly as if there were one body of people with common characteristics older adults are more heterogeneous than any other population People over the age of 65 are also the fastest growing segment of the population in the United States currently numbering 25 million The majority of older adults reside in their communities a small fraction of them are cared for in institutions Most may expect to experience some kind of physical impairment Approximately a quarter of the population may expect to suffer a mental health impairment While traditional therapies have not been especially effective for older adults behavior therapy has shown exceptional promise as a treatment modality This book presents a comprehensive explication of the relatively new field of behavioral gerontology It was written for the clinician interested in the interaction of medical environmental and psychological variables and their effects on treatment of elderly clients and for the researcher who will be looking to extend knowledge about interventions with this population It will be useful for the graduate student in clinical psychology as well as the experienced clinician who will want to include the elderly in his or her therapeutic population

Comprehensive Handbook of Psychopathology Henry E. Adams, 2013-12-18 The major purpose of this handbook is to provide a comprehensive review of current clinical descriptions research and theories of psychopathology Descriptive psychopathology is a field that is the foundation of clinical practice and research in clinical psychology psychiatry psychiatric social work psychiatric nursing and allied professions in mental health Psychopathology is often perceived as a stepchild of the more glamorous areas of diagnosis or assessment and therapy or behavioral change Nevertheless it is doubtful that any meaningful advancements in these areas will occur until there is a thorough understanding of the behavioral disorders The purpose of the present project was to devise a handbook

that covered both general and specific topics in psychopathology and that would be useful to researchers practitioners and graduate or other advanced students in the mental health professions In order to implement this plan we selected very carefully colleagues whom we respect for their expertise in particular fields These include both clinicians and researchers with outstanding national reputations as well as more junior behavioral scientists and clinicians who in our opinion will achieve similar recognition in the future The chapters in this book lead us to believe that we have chosen wisely We would like to express our appreciation to these authors for their outstanding contributions and cooperation

Handbook of Gerontology James A. Blackburn, Catherine N. Dulmus, 2007-06-15 A multidisciplinary resource that combines the latest research with the best practices for working with older adults The Handbook of Gerontology Evidence Based Approaches to Theory Practice and Policy provides an essential source of important theoretical and applied information on gerontology for all mental health professionals interested in optimizing the health and well being of older adults Interdisciplinary and incorporating the most current evidence based practices in its focus this timely book considers the many factors that affect the way this growing population experiences the world and provides a positive and proactive guide to administering care Integrating the latest research findings with important practice implications for working with an older client population the Handbook of Gerontology draws on a multidisciplinary team of expert contributors who provide coverage and insight into a diverse range of topics including A global perspective on aging Elder abuse Family caregiving Parenting grandchildren Depression Substance abuse Alzheimer s disease Successful aging and personality Biological and cognitive aspects and theories of aging An exceptional resource for practitioners researchers policymakers and students the Handbook of Gerontology is essential reading for anyone who works with older adults

**Adult-Gerontology Practice Guidelines** Jill C. Cash, 2023-02-13 Praise for the First Edition Because of the way it is organized this book meets the needs of both novice and experienced advance practice nurses Each chapter defines the problem how often it occurs and what leads to the problem To aid in assessment the book includes the physical examination landmarks as well as diagnostic tests that might be needed A plan of care is offered with several different alternatives for treatment and then notes what type of follow up is needed This would be a great resource for anyone working in the field of geriatrics Score 92 4 Stars Doody s Reviews This hands on text and clinical reference used by thousands of NP students and practitioners alike delivers national practice guidelines and professional standards of care to help clinicians deliver optimal primary care to adult and older adult patients The new third edition featuring the expert input of two renowned Adult Gerontology practitioners updates all chapters teaching guides and illustrative charts and provides new charts to enhance readability Fresh content includes information on Sjogren s syndrome reactive arthritis elder abuse LGBTQ health concussion assessment joint pain bursitis and fractures peripheral neuropathy and perimenopause menopause The third edition also includes the updated Beers Criteria and covers COVID 19 treatment and vaccines Ideal for quick reference and as a study guide the text presents the most up to date guidelines in a consistent

easy to read bulleted format Conveniently organized by body system it features detailed content on the physical examination and diagnostic testing information on health promotion guidelines of care dietary information common procedures national patient resources and popular Client Teaching Guides available in print and digital format that serve as both patient handouts and concise study tools Clinical points throughout the text highlight critical practice considerations The book with its great breadth and depth of information will be a welcome companion for NP students as they transition to professional practice and beyond New to the Third Edition Completely updated content including patient teaching guides and charts New charts added to enhance comprehension Coverage of Sjogren s syndrome reactive arthritis elder abuse LGBTQ health concussion assessment joint pain bursitis and fractures peripheral neuropathy and perimenopause menopause Latest guidelines on COVID 19 treatment and vaccines Updated Beers Criteria Current CDC recommendations on vaccines and cancer screening Key Features Offers consistent guidelines for over 275 disorders Presents practice guidelines organized by body system Lists disorders alphabetically for easy access Highlights key considerations for practice Delivers individual care considerations for adult geriatric and pregnant patients Provides Client Teaching Guides serving as both take home teaching supplements for patients and a concise study tool for students

*Handbook of Gender and Sexuality in Psychological Assessment* Virginia Brabender, Joni L Mihura, 2016-02-05 Handbook of Gender and Sexuality in Psychological Assessment brings together two interrelated realms psychological assessment with gender and sexuality This handbook aids in expanding the psychological assessors knowledge and skill when considering how gender and sexuality shapes the client s and the assessor s experiences Throughout the six sections gender and sexuality are discussed in their relation to different psychological methods of assessment various psychological disorders special considerations for children adolescents and older adults important training and ethical considerations as well as several in depth case discussions

Adult-Gerontology Practice Guidelines, Second Edition Jill C. Cash, Cheryl A. Glass, 2019-02-05 Praise for the First Edition Because of the way it is organized this book meets the needs of both novice and experienced advance practice nurses Each chapter defines the problem how often it occurs and what leads to the problem To aid in assessment the book includes the physical examination landmarks as well as diagnostic tests that might be needed A plan of care is offered with several different alternatives for treatment and then notes what type of follow up is needed This would be a great resource for anyone working in the field of geriatrics Score 92 4 Stars Doody s Reviews The first book to encompass adult gerontology practice guidelines for primary care this comprehensive resource is useful as both a clinical reference and as a text for health care practitioners working with this population Concise and up to date the book is distinguished by its easy to read outline format that enables readers to quickly access the information they need The second edition features 27 completely new entries associated with the aging population an entirely new section on geriatric syndromes and multiple updates to guideline changes for screenings Polypharmacy issues are incorporated throughout and the BEERS list of medications is highlighted to guide prescribers in

safely tapering or adding medications to a patient's drug regimen For quick and easy access to information practice guidelines are organized primarily by body system disorders are listed alphabetically within each body system and all disorders are presented in a consistent format With an emphasis on history taking the physical exam and key features of the aging population each of the more than 240 disorder guidelines include definition incidence pathogenesis predisposing factors common complaints other signs and symptoms subjective data physical exam diagnostic tests differential diagnoses plan of care health promotion follow up guidelines and tips for consultation referral Particularly helpful features include Practice Pointers highlighting crucial information for a disorder and bold faced Alerts Key patient teaching points are presented at the end of each guideline Also included are 18 procedures commonly used within office or clinic settings and 140 Patient Teaching Guides that are available digitally New to the Second Edition 27 completely new entries New section on geriatric syndromes Polypharmacy alerts are incorporated throughout BEERS list of medications is highlighted for each disorder Updated guidelines for various screenings Medicare Coverage and Eligibility Screening U S Preventative Services Task Force recommendations on colonoscopy screening mammogram guidelines pap smears and pelvic examinations Deprescribing Algorithms ASCCP Algorithms Key Features Focuses specifically on adult and older adult populations Presented in easy to read outline format for quick access to information Delivers consistent presentation of more than 240 disorders by body system Reviews 17 commonly used procedures step by step Provides Practice Pointers to indicate important care points Offers digital access to more than 140 extensive Patient Teaching Guides to customize and print

*Sexuality & Ageing* Walter Bouman, Peggy Kleinplatz, 2017-10-02 Across the globe both in developed and developing countries the population is rapidly ageing In the fields of sexual and relationship therapy and sexual health ageing has not been an issue of priority Too often ageing is thought of as a process that relates to problems deficits and taboos and less to pleasure change growth and diversity It is treated as a separate life stage and not a process throughout the lifecycle Sexuality and sexual health are important parts of the lives of older people as they have a significant impact on quality of life psychological well being and physical health as well as social and family life This book brings together contributions from those currently writing on and researching ageing as it relates in a therapeutic context to gender identity to sex and sexuality and to intimate relationships This book was originally published as a special issue of *Sexual and Relationship Therapy*

**The Essential Handbook of Women's Sexuality** Donna Marie Castañeda, 2013-01-24 This cutting edge two volume set with contributions by distinguished and internationally recognized scholars provides a comprehensive picture of contemporary issues in the field of women's sexuality emphasizing women's diversity and international perspectives The multifaceted field of women's sexuality has expanded as a field of inquiry over the last 25 years to encompass a wide range of new perspectives theories topics findings and controversies The chapters in this work review and question the utility of standard sexuality frameworks addressing purely biological models heteronormative definitions of sexuality and others and



provide new insights and approaches to understanding women's sexuality. The intersectional and contextual nature of women's sexuality and how it is inextricably connected to women's relational, social, economic, and cultural contexts is highlighted. The *Essential Handbook of Women's Sexuality* includes in-depth coverage of a wide range of women's sexuality topics including sexual desire and satisfaction, sexuality in relationships, development across the lifespan, sexuality concerns in diverse countries, pornography, lesbian, bisexual, and transgender women, women from diverse backgrounds, health and sexuality, reconceptualizations of women's sexual problems, trauma, rape, and intimate partner violence, and mental health and therapy. These volumes can serve as a resource for students, researchers, and anyone seeking a greater understanding of women's sexuality.

*Sexuality Education* Elizabeth Schroeder, Judy Kuriansky, 2009-04-30 An exemplary team of professionals provides a comprehensive look at sex education: the heated debate over federal controls, current research and practice, programs, politics, legislation, and cultural and religious issues related to sex and sexuality education. In the groundbreaking *Sexuality Education: Past, Present, and Future*, the history, practices, and politics of sexuality education are explained. Respected educators, counselors, and therapists marshal both research and educated opinion to offer insights into exactly what is meant by sex education, what the various approaches are, what age-appropriate lessons are supported by most professionals, and the impact of government policies. Noting that the need for sexuality education has expanded to adults from new parents to senior citizens, this unique work also takes readers into classrooms and makes them privy to conversations representing everyone from elementary school students to nursing home residents. These comments reveal the range of unanswered questions about sex questions that are important for psychological as well as physical health. In addition, the contributors explore ongoing issues in sexuality education such as how to present culturally competent lessons that include consideration of race, ethnicity, gender, religion, and sexual orientation. The experts also examine sexuality education in other countries, the challenges those countries face, and their victories over unplanned pregnancy and STDs in the global effort to preserve sexual health.

**Clinical Manual of Sexual Disorders** Richard Balon, Robert Taylor Segraves, 2009-08-06 Sexuality is an integral part of gender identity, self-image, and overall well-being. Sexual dysfunctions present in all cultures and ethnicities around the world. Sexual problems have an especially high prevalence among patients with psychiatric syndromes; yet in recent years, the field of psychiatry has shifted away from the treatment of sexual disorders. *Clinical Manual of Sexual Disorders* is the first comprehensive text in decades to address the management and treatment of sexual dysfunctions and disorders. Using a conceptual model that incorporates biological, psychological, and cultural interventions as its guiding principle, the book explores and evaluates the epidemiology of sexual disorders and paraphilias, sexual dysfunctions with comorbid psychiatric disorders, sexual problems associated with various medications, and sexual disorders in specific patient populations. Written by 25 contributing clinical specialists from around the world, the text combines conceptual shifts within the field of human sexuality with the latest research findings into a practical three-part volume. The

first four chapters cover general areas relevant to the clinical understanding of human sexuality and sexual dysfunctions within the frame of psychiatry The second part of the book outlines the major sexual dysfunctions including male erectile disorder female arousal disorder premature ejaculation and paraphilias And the final chapters address the management of sexual issues in two unique patient populations that are often neglected in other textbooks children and adolescents and older adults The book includes several unique features to further enhance learner retention Tables charts figures and illustrations to enhance the reading material Evaluations questionnaires and other patient materials Take away points on key clinical issues at the end of each chapter Case examples from the authors own practices References for further reading Restoration of sexual function can improve the quality of life for many individuals with and without psychiatric disorders making recognition and treatment of sexual problems of utmost importance to any general psychiatric practice As the only text of its kind Clinical Manual of Sexual Disorders provides a concise clinically oriented biopsychosocial guide to the management and treatment of sexual dysfunction that is appropriate for all psychiatric clinical and educational settings

*Instructors Manual* Tina Miracle,Andrew Miracle,Baumeisters,2003-04-03     Routledge International Handbook of Sexual Homicide Studies Jean Proulx,Eric Beaugerard,Adam Carter,Andreas Mokros,Rajan Darjee,Jonathan James,2018-04-17 This book provides the first systematic overview of the theoretical empirical clinical and police issues related to sexual murderers and murder Bringing together leading researchers theoreticians and practitioners from across eight different countries this is a truly international collaboration and an essential reference text for students researchers and professionals interested in sexual homicide as well as an exhaustive source of guidelines for the assessment and treatment of sexual murderers This book is divided into five parts Part I Theories and research presents a detailed review of theoretical models and empirical studies of sexual homicide Part II Sexual sadism discusses theoretical empirical and clinical considerations and reviews the literature on the characteristics of sadistic sexual aggressors Part III Clinical issues discusses the assessment and management of sexual murderers at each phase of the judicial process at trial during incarceration and during follow up in the community Part IV Policing issues discusses research and practical issues related to police activities surrounding a sexual murder Topics include investigation offender and geographical profiling behavioural linkage and police interrogation of the murderers Part V New directions presents new directions for the study of sexual homicide and discusses the limits of current knowledge related to sexual murderers and their crimes Offering a broad and comprehensive approach this Handbook is an indispensable source of information on theory research clinical assessment treatment and police issues related to sexual murderers and murder     **Clinical Handbook of Psychological Disorders, Fourth Edition** David H. Barlow,2007-11-15 With over 75 000 copies sold this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders The Handbook is unique in its focus on evidence based practice and its attention to the most pressing question asked by students and practitioners How do I do it Leading clinical researchers

provide essential background knowledge on each problem describe the conceptual and empirical bases of their respective approaches and illustrate the nuts and bolts of evidence based assessment and intervention *Oxford Textbook of Old Age Psychiatry* Tom Dening, Alan Thomas, 2013-09-26 Broad in scope and with global appeal The Oxford Textbook of Old Age Psychiatry second edition is the definitive resource on old age psychiatry It comprehensively provides the latest knowledge on the science and practice of treating later life mental disorders focusing on the health and social issues that arise around ageing dementia co morbidity dependency and the end of life in progressively ageing societies across the world Published in previous incarnations as the much loved Psychiatry in the Elderly this core resource for all old age psychiatrists trainees and other clinical professionals treating older people s mental health has been fully revised updated and significantly expanded Twelve months inclusive access to the online version including the full text which can be browsed by the contents list index or searched links from references to external sources via PubMed ISI and CrossRef and the ability to download all figures and illustrations into PowerPoint ensures that it remains the leading text on old age psychiatry in the field Maintaining the classic combination of comprehensive coverage clear writing style and the provision of authoritative and up to date information from earlier editions this highly respected volume covers the underpinning basic science both the neurobiological and social varieties clinical practice and specific disorders as well as providing information on psychiatric services for older people and medico legal and ethical issues that often present hard challenges for those treating older patients Taking a global approach by highlighting both the common burdens and the differences in management from country to country and with a much expanded cast of contributors providing a truly international perspective The Oxford Textbook of Old Age Psychiatry second edition includes information on all the latest improvements and changes in the field New chapters are included to reflect the development of old age care covering palliative care the ethics of caring and living and dying with dementia Existing chapters have also been revised and updated throughout and additional information is included on brain stimulation therapies memory clinics and services and capacity which now includes all mental capacity and decision making Providing extensive coverage and written by experts the field the second edition of the Oxford Textbook of Old Age Psychiatry is an essential resource no old age psychiatrist trainee or anyone working in the field of mental health care for older people should be without a copy on their bookshelf

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