

Rethinking Health Promotion

A Global Approach



Théodore H. MacDonald



Rethinking Health Promotion A Global Approach

Mikael Holmqvist, Christian Maravelias



Rethinking Health Promotion A Global Approach:

Rethinking Health Promotion Theodore Harney MacDonald, 1998 In today's world health means far more than merely the absence of illness In *Rethinking Health Promotion* Theodore H MacDonald sweeps away the confusion surrounding the function and position of health promotion He argues that far from being a modern innovation health promotion has existed as a distinct and separate enterprise for as long as biomedicine and cautions against health promotion becoming organized merely an offshoot of medical care Drawing on the author's experience as a World Health Organisation consultant the book also tackles the question of whether health promotion has relevance on an international scale or whether it is purely a eurocentric phenomenon Against this background individual chapters explore universal factors such as sexual health diet unemployment alcohol and tobacco use With its critical and historical approach this book breaks new ground in assessing health promotion and will be stimulating reading for the wide variety of students and professionals studying health promotion

Rethinking Health Promotion Theodore H. MacDonald, 2012-10-12 In today's world health means far more than merely the absence of illness In *Rethinking Health Promotion* Theodore H MacDonald sweeps away the confusion surrounding the function and position of health promotion He argues that far from being a modern innovation health promotion has existed as a distinct and separate enterprise for as long as biomedicine and cautions against health promotion becoming organized merely an offshoot of medical care Drawing on the author's experience as a World Health Organisation consultant the book also tackles the question of whether health promotion has relevance on an international scale or whether it is purely a eurocentric phenomenon Against this background individual chapters explore universal factors such as sexual health diet unemployment alcohol and tobacco use With its critical and historical approach this book breaks new ground in assessing health promotion and will be stimulating reading for the wide variety of students and professionals studying health promotion

Health Promotion Ruth Cross, Sally Foster, Ivy O'Neil, Simon Rowlands, Louise Warwick-Booth, James Woodall, 2020-12-07 Health promotion is a key mechanism in tackling the foremost health challenges faced by developing and developed nations Covering key concepts theory and practical aspects this new edition continues to focus on the themes central to health promotion practice worldwide Social determinants equality and equity policy and health working in partnerships sustainability evaluation and evidence based practice are detailed and the critical application of health promotion to practice is outlined throughout the book Beginning with the foundations of this important area in this new edition the authors then place greater emphasis on the role of power within health and communities Drawing upon international settings and teaching experience in the global North and South it finishes with a summary of the future directions of professional health promotion practice Placing a strong emphasis on a global context this book provides an accessible and engaging resource for postgraduate students of health promotion public health nursing and related subjects health practitioners and NGOs

Foundations for Health Promotion E-Book Jennie Naidoo, Jane Wills, 2009-01-29 Hugely popular with students Health

Promotion is now in its third edition and has been thoroughly updated to provide the theoretical framework that is vital for health promotion. It offers a foundation for practice that encourages students and practitioners to identify opportunities for health promotion in their area of work. Fully updated to reflect the many changes in health promotion theory, practice and policy. Illustrative examples, activities and discussion points encourage interaction and reflection. Unique user friendly approach makes learning easy. Fully revised and updated information, guidelines and reference provide the latest information for clinical practice. New illustrations clarify important health promotion concepts.

Essentials of Health Promotion James Woodall, Ruth Cross, 2021-10-06 A complete one stop shop for any student of health promotion. How to improve and protect public health is one of the biggest questions facing the 21st century and this book exists to help tackle it head on. Setting out the What, Why, When, Who, Where and How of health promotion across 20 bite sized chapters. It explores the full range of theories, context and strategies that influence contemporary health promotion. Key features: Comprehensive coverage all facets of health promotion introduced and explained. Combines the theoretical with the practical knowledge blended with the key skills and attributes needed for effective health promotion. Extensive range of global case studies read about the enormous range of possibilities and creative ways health promotion can be achieved. This is the ideal textbook for any undergraduate or pre registration student starting their health promotion or public health journey. It provides a complete package of information that will lay the groundwork for your learning and future practice and will help you succeed with assignments, essays and exams.

Health Promotion in Canada Irving Rootman, Ann Pederson, Katherine L. Frohlich, Sophie Dupéré, 2017-11-10 Health Promotion in Canada is a comprehensive profile of the history, current status and future of health promotion in Canada. This fourth edition maintains the critical approach of the previous three editions but provides a current and in depth analysis of theory, practice, policy and research in Canada in relation to recent innovative approaches in health promotion. Thoroughly updated with 15 new chapters and all new learning objectives, the edited collection contains contributions by prominent Canadian academics, researchers and practitioners as well as an afterword by Ronald Labont. The authors cover a broad range of topics including inequities in health, Indigenous communities and immigrants, mental health, violence against women, global ecological change and globalization. The book also provides critical reflections on practice and concrete Canadian examples that bring theory to life.

Older Adult-Led Health Promotion in Urban Communities Melvin Delgado, 2008-12-16 The subject of how best to address the current and future health needs of older adult residents in this country's urban marginalized communities is one that has also received considerable attention in academic policy and practice arenas in the past decade. A variety of models have been put forth to achieve the goal of health in these communities but one of the most promising recommendations has been the use of health promotion as a vehicle for reaching and empowering communities of color in both rural and urban America. Older adult led interventions as addressed in various sections of this book is one of the latest and most promising approaches towards health promotion that is grass roots and

community participatory based Older adult led health promotion represents an emerging field with tremendous implications for addressing the health needs of marginalized urban older adults in the United States and international

The Social Significance of Health Promotion Theodore Macdonald, 2003-08-29 The Social Significance of Health Promotion sets health promotion in its historical context and delineates its contemporary role It explores the potential of health promotion to impact on our social values and sense of community The book begins by exploring the historical roots of health promotion and its relationship to the medical model of health It moves on to present analyses of contemporary health promotion programmes in which the contributors are actively engaged These chapters discuss current questions for health promotion from a practitioner perspective and from the point of view of their social impact They cover a wide range of topical issues such as exclusion and inclusion the mental health of children the role of alternative medicine and health in the workplace Emphasising the centrality of empowerment participation and advocacy to an effective health promotion programme The Social Significance of Health Promotion brings students and health professionals right up to date with the latest initiatives and theories

International Handbook of Teaching and Learning in Health Promotion Marco Akerman, Ana Claudia Camargo Gonçalves Germani, 2022-06-22 This international handbook brings together researchers and teachers from 25 countries of the five continents to share their experiences of teaching health promotion in undergraduate and graduate courses related to different health professions Chapter authors share teaching methodologies used in classes discuss the competencies students need to learn and indicate research opportunities Readers will be provided with real world examples of empowering participatory holistic intersectoral equitable and sustainable teaching learning strategies that aim to improve health and reduce health inequities This handbook was edited by an editorial board formed by 12 members of the International Union for Health Promotion and Education IUHPE from seven countries Brazil Belgium Canada Israel New Zealand Taiwan and UK and includes 45 chapters organized in seven thematic sections each one dedicated to a different aspect of the process of teaching and learning health promotion The health promotion curriculum Making health promotion relevant to practice Pedagogies for health promotion Special topics for health promotion Health promotion assessment and quality assurance Health promotion as a transformational practice Students reflections The International Handbook of Teaching and Learning in Health Promotion Practices and Reflections from Around the World aims to encourage a dialogue between teaching and learning practices carried out locally and the possibilities of replicating these experiences globally recognizing cultural differences and similarities This handbook is intended for a wide range of readers including education and training providers health professionals and health care students Due to its intersectoral and interdisciplinary approach it will also be of interest to teachers and students in other fields of the Social Sciences such as Urban Planning Social Work Public Policy International Relations and Population Studies

The Global Human Right to Health Theodore Macdonald, Richard Mayon-White, 2018-04-19 This work includes forewords by Senator Noel A Kinsella and John A Gibson

respectively Speaker Canadian Senate Barrister at Law and Principal International Refugee Consulting This is a book based on what the Charter of the UN states about health as a basic human right General readers will find a refreshing up to date account of why these issues are so crucial while professionals will find the cogent epidemiological analyses needed to inform research efforts The book argues that the major causes of ill health are not bacteria and viruses or even war and natural disasters but poverty If we could solve the immensely complex problems of global inequities in wealth the health inequities would largely vanish The issue is not a simple one This book sets out among other things to break down the communication barriers between the professionals doctors economists and international bankers and the ordinary person who looks with dismay at international injustice but feels totally inadequate in the face of it The book argues that neoliberal approaches to global finance and international trade which are inextricably linked to the looming environmental crisis are not the only way open to us and suggests alternatives Above all it offers hope and a useful role for all of us in solving the problems Theodore H MacDonald s previous books have won international acclaim To this new title he brings to bear the fruits of years of experience as a medical doctor teacher and researcher in some of the poorest countries in the world This book is provocative and will inspire informed action on the part of all of us The passion conviction and wealth of knowledge of this work s author are evident His ability as a communicator in conjunction with a tempered expertise held by few enables him to identify analyze and provide his reflection on the right to health and its relation to global economics The content and style of the writing reflects MacDonald s impressive experiential background Theodore Macdonald is known internationally as a leader in the promotion of the human right to health Not only does this work have great heuristic value it also serves as an example of how the efforts of one remarkable individual can address the concerns of millions Noel A Kinsella in his Foreword Optimistic clear and concise The book greatly informs a lay reader like myself Arguments are invariably backed up by hard empirical data drawn from a range of authoritative sources This book significantly adds to the understanding of health as a fundamental human right the content of that right and what must be done to ensure that it can become a reality for the millions who presently lack even an acceptable standard of primary health care The reader is left with a clear message unless we evaluate alternatives to existing structures to bring about qualitative change in health outcomes in the developing world environmental disaster fuelled by war and international chaos is our probable destiny I am honoured to have been asked to write this forward and enthusiastically recommend it to anyone with an interest in the future of mankind John A Gibson in his Foreword

A Reader in Promoting Public Health Jenny Douglas, 2007 Publisher description

Health Education Katie Fitzpatrick, Richard Tinning, 2014-02-05 Health Education Critical perspectives provides a socio cultural and critical approach to health education The book draws together international experts in the fields of health and education who deconstruct contemporary discourses and practices and re imagine a health education that both connects with young people and offers a way forward in addressing issues of health and wellbeing Chapters within specifically link academic work on neoliberalism

healthism risk and the body to wider discourses of health and health education They challenge current practices and call for a re thinking of current health programs in education settings A unique feature of this book is the analyses of health education from both political and applied levels across a range of international contexts The book is divided into three sections the social and political contexts informing health education how individual health issues sexuality alcohol mental health the body and obesity nutrition articulate in education in complex ways alternative ways to think about health and health education pedagogy The overall theme of the book offers a perspective that the current approach to health education promoting a fear of ill health self surveillance and individual responsibility can become a form of health fascism and we need to be cognisant of this potential and its consequences for young people The book will be of key interest to academics and researchers exploring the political context of health education

Promotion of Mental Health Michael C. Murray, Colin A. Reed, 2017-07-28 This title was first published in 2001 Addressing a range of key theoretical and practical issues this volume is the latest in an important series proceeding from the Annual Conference on the Promotion of Mental Health It will be essential reading for policy makers researchers and practitioners in the field

Health Psychology David F Marks, 2005-07-12 This Second Edition of the critically acclaimed best selling textbook retains all of the features of the first but with greater coverage and pedagogic focus than before All chapters from the original edition have been substantially rewritten with the aim of greater clarity and provide updates of the latest research Five new chapters have been added to reflect the expansion of health psychology and its increasing relevance to the world of health care

Mentoring in Nursing and Healthcare Kate Kilgallon, Janet Thompson, 2012-04-30 Mentoring in Nursing and Healthcare is a practical interactive resource that promotes active participation and enhances a deeper level of understanding of mentorship It explores what is meant by the process of mentoring addresses what a mentor is what the role entails and gives practical help on teaching and assessing students in clinical practice Written primarily for mentors this book offers a range of theoretical and practical activities and resources that are enhanced by online learning resources Each chapter focuses on a different aspect of mentorship including The role of mentorship The mentor student relationship The mentor as teacher Experiential learning and reflective practice Learning styles and teaching theories The mentor as assessor Competence and capability Health improvement Career development A core text for mentor preparation and mentor update courses in nursing and allied health

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Managing Healthy Organizations Mikael Holmqvist, Christian Maravelias, 2010-10-04 This book studies worksite health promotion as a

way of managing organizations It examines the character of corporate health experts work the social contexts of their profession their striving for influence the way they try to affect people s thinking and behaviour and the organizational ethic and culture that they contribute to construct

Caring for Adults with Mental Health Problems Ian Peate, Sonya Chelvanayagam, 2007-01-11 Mental health care provision can be complex and the approach the carer uses can have a detrimental effect on the health of the person being cared for Caring for Adults with Mental Health Problems provides the reader with many examples of thoughts ideas and perspectives in a user friendly easily accessible format The chapters are divided into discrete sections reflecting contemporary care approaches Reference to care in a range of primary and secondary care settings is made throughout the book Each chapter provides the reader with a clear and concise approach to health care encouraging the reader to understand and delve deeper Written by contributors who are experienced clinicians and academics with many years of clinical and academic experience in various health care settings this text is based upon the principles of care a foundation text that encourages the student to grow and develop Caring for Adults with Mental Health Problems is a practice based handbook or manual that has a sound evidence basis and one that will challenge and encourage the student to develop a questioning approach to care The text is designed to be used as a reference book by a variety of readers in either the clinical setting classroom or at home in statutory or non statutory surroundings

Third World Health Theodore MacDonald, 2018-12-14 Great and increasing inequities exist between the peoples of the Third World and those of the First As well we find ourselves threatened by imminent environmental catastrophes largely as a result of trying to maintain such inequities This clear and straightforward text explains the complex origins of such bodies as the International Monetary Fund the World Bank and others and demonstrates the extent to which they exacerbate the problem The situation is now so grave that we can no longer afford the luxury of leaving it to the professionals We are all involved We find ourselves hearing daily news reports of wars starvation the HIV AIDS pandemic and natural disasters rendered worse by inadequate international responses The United Nations once seen as an effective arbiter and mediator in such matters now finds itself unable to exercise authority adequately Third World Health hostage to First World Wealth adopts a positive approach and puts forward various ways in which people at all levels can become more involved It addresses the pivotal issue of health in the Third World and argues that it is very much hostage to the globalization of trade by and for the benefit of First World agencies

The Cult and Science of Public Health Kevin Dew, 2012 In contemporary manifestations of public health rituals and events people are being increasingly united around what they hold in common their material being and humanity As a cult of humanity public health provides a moral force in society that replaces traditional religions in times of great diversity or heterogeneity of peoples activities and desires This is in contrast to public health s foundation in science particularly the science of epidemiology The rigid rules of scientific evidence used to determine the cause of illness and disease can work against the most vulnerable in society by putting sectors of the population such as underrepresented

workers at a disadvantage This study focuses on this tension between traditional science and the changing vision articulated within public health and across many disciplines that calls for a collective response to uncontrolled capitalism and unrelenting globalization and to the way in which health inequalities and their association with social inequalities provides a political rhetoric that calls for a new redistributive social programme Drawing on decades of research the author argues that public health is both a cult and a science of contemporary society **The Challenge of Promoting Health** Moyra Sidell, Jenny Douglas, 2002-03-20 Thoroughly revised and updated to reflect changes in health promotion practice policy and research The Challenge of Promoting Health explores the potential at the local level for communities to be involved in promoting their own health and examines the role of statutory agencies and other organisations in the making of healthy public policy Written in an engaging and accessible style this book will be of continued interest to all those committed to promoting health especially those working in the health and social care fields

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