

PAUL ERVSTROM explains

The Racing Rules of Sailing

2000-2001 edition

Illustrated by Garry Marshall



Paul Elvstrom Explains The Racing Rules Of Sailing 2001 2004

Soren Krause

Paul Elvstrom Explains The Racing Rules Of Sailing 2001 2004:

Paul Elvstrom Explains the Racing Rules of Sailing Paul Elvstrom,2017-02-23 Written by a sailing Olympian this has been the most trusted reference for racing sailors around the world for over 45 years and has sold 320 000 copies in the English language alone The unique approach devised by Paul Elvstrom offers bird s eye views and detailed explanations of how the rules are applied to racing situations with each cross referenced to the relevant case studies provided by World Sailing formerly ISAF Completely revised to cover the new rules for 2017 2020 Paul Elvstrom Explains also includes the full text of the racing rules with a handy quick reference guide highlighting the latest changes There is also a confidence building section on how to present your case in a protest and the back cover shows signal flags for easy reference on the race course This is the perfect pocket reference for racers in every type of boat dinghy keelboat or yacht

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Sports, Exercise, and Fitness Mary Beth Allen,2005-03-30 For reference librarians and researchers seeking information on sports and fitness this guide is an important first stop For collection development specialists it is an invaluable selection guide Allen describes and evaluates over 1 000 information sources on the complete spectrum of sports from basketball football and hockey to figure skating table tennis and weight training Focusing on English language works published between 1990 and the present the guide thoroughly covers traditional reference sources such as encyclopedias and bibliographies along with instructional sources in print formats online databases and Web sites To enable users in search of information on specific sports or fitness activities chapters are organized thematically according to broad type aquatic sports nautical sports precision and accuracy racket sports ice and snow sports ball sports cycling and so on with subcategories for such individual sports as soccer golf and yoga Within these categories works are further organized by type reference instructional and Web sites

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