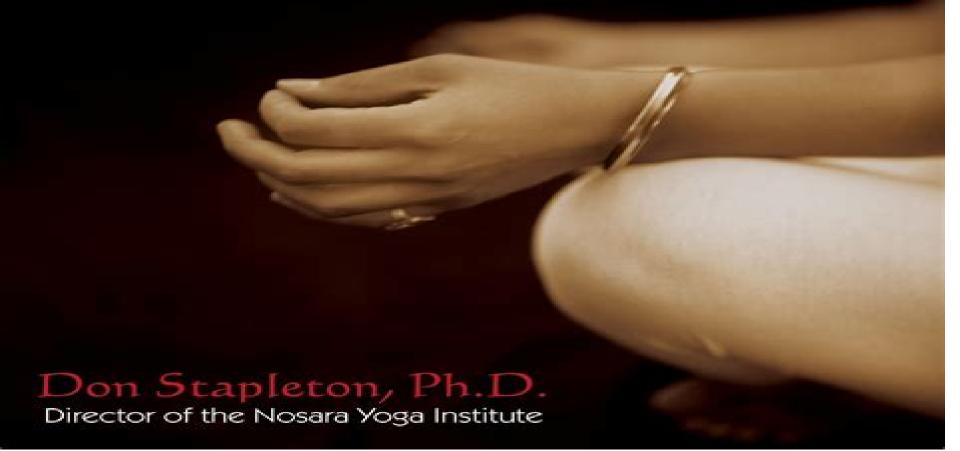


Self-Awakening Yoga

The Expansion of Consciousness through the Body's Own Wisdom



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