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Ann Gillanders integral

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Ann Gillanders

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The Family Guide to Reflexology Ann Gillanders,1998 Offers color maps of reflex points on hands and feet and advice on treating childhood ailments adult complaints and stress accompanied by suggestions for such support therapies as aromatherapy visualization and herbalism

Reflexology Today - A Family Affair Njideka N. Olatunde,1999-04-01

Reflexology for Children Kevin Kunz, Barbara Kunz, 2011-02-15 Touch has been proven to have a powerful impact on a growing child s health Reflexology focuses that touch on stressors in the hands and feet providing caring interaction and a natural solution to health concerns Use The Parent s Guide to Reflexology to learn as you follow the step by step instructions specific to a child how to do reflexology techniques hints and tips for working with children benefits of reflexology for children alphabetical section for applying reflexology specific to common children s disorders Or keep handy The Parent s Guide to Reflexology to use as a reference bringing it out when you need some healthful reflexology information for the child in your life Use The Parent s Guide to Reflexology to learn as you follow the step by step instructions specific to a child how to do reflexology specific to common children s disorders Or keep handy The Parent s Guide to Reflexology to use as a reference bringing it out when you need some healthful reflexology information for the child in your life Use The Parent s Guide to Reflexology to learn as you follow the step by step instructions specific to a child how to do reflexology techniques hints and tips for working with children benefits of reflexology for children alphabetical section for applying reflexology specific to common children s disorders Or keep handy The Parent s Guide to Reflexology to use as a reference bringing it out when you need some healthful reflexology information for the child in your life

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