

The Cassel Hospital
Monograph Series
No.2

REFLECTIVE ENQUIRY
INTO
THERAPEUTIC INSTITUTIONS

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LESLEY DAY
and
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Foreword by
KEVIN HEALY



Reflective Enquiry Into Therapeutic Institutions

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Seeman**



Reflective Enquiry Into Therapeutic Institutions:

Reflective Enquiry into Therapeutic Institutions Lesley Day, Pam Pringle, 2018-03-26 Therapeutic practice needs constant examination to ensure that it remains responsive and dynamic Living organisms must communicate with their environment if they are to survive and institutions are no different This monograph the second of the Cassell Hospital series explores this concept further By reading it ideas and thinking will be sparked off that will help other organisations promote their own culture of enquiry Kevin Healy Director of the Cassell Hospital from his Foreword The contemporary Cassell Hospital was developed by Tom Main to create a self exploratory institution Main argued that in order for the hospital to be therapeutic it needs a culture of enquiry The individual and the institution might be seduced into ritualised working practices that no longer serve the needs of patients or staff It is these lapses from the continual enquiry that are considered by this collection It describes the mostly unconscious manoeuvres that inhibit reflection and how the inappropriate use of psychoanalytic ideas can close off enquiry within a therapeutic community *REFLECTIVE ENQUIRY INTO THERAPEUTIC INST* LESLEY DAY, 2019-06-14

Reflective Practice For Healthcare Professionals Taylor, Beverley, 2010-05-01 This popular book provides practical guidance for healthcare professionals wishing to reflect on their work and improve the way they undertake clinical procedures interact with other people at work and deal with power issues The new edition has been broadened in focus from nurses and midwives exclusively to include all healthcare professionals **The Therapeutic Milieu Under Fire** John Adlam, Anne Aiyegbusi, Pam Kleinot, Anna Motz, Christopher Scanlon, Christopher, Scanlon, Anna, Motz, Pam, Kleinot, John, Adlam, 2012-06-15 This groundbreaking book explores the psychodynamics and socio politics of the forensic therapeutic milieu Contributors describe the ethical intellectual and emotional challenges of their work providing readers with a theoretical and practical understanding of factors that help and hinder the development of effective therapeutic relationships

Personality Disorder and Serious Offending Christopher Newirth, Clive Meux, Pamela Taylor, 2006-03-31 People with personality disorder who offend tend to be neglected by health services in most countries In the UK there has been renewed interest in the field since government initiatives in the end of the 1990s Government proposals themselves are controversial but there is growing recognition that it is unsafe both for the general public and for the primary sufferer alike if the neglect continues Years of experience have combined to provide a highly practical reference work covering Models of understanding of personality development and disorder Methods of assessment and treatment and how they can be applied and modified Special issues drug misuse long stay induced secondary disorders issues pertinent to women only intractable patients A path for care from initial assessment to the logistics of discharge Management issues choosing staff supervision and support of staff Evidence based and entirely comprehensive in its approach practitioners will find Personality Disorder and Serious Offending both a practical and insightful adjunct that will assist them in their work Psychoanalysis, the NHS, and Mental Health Work Today Alison Vaspe, 2018-05-08 This book illustrates the distinctive psychoanalytic contribution to mental health

services for children young people and adults with detailed case vignettes illustrating therapeutic treatment and the ways in which staff are supported to do work that is frequently difficult and disturbing Psychoanalytic thinking contributes to effective mental health work on many levels from Balint's Flash technique in the brief GP patient encounter to the psychiatric medical and nursing care in secure units where the most challenging patients need to be held Starting with the historical contribution of psychoanalysis to the NHS in the 1940s this book goes on to explore two key psychoanalytic concepts that remain highly relevant to the work of mental health containment and countertransference The authors include psychoanalysts psychotherapists organisational consultants consultant psychiatrists and a leading practitioner in the field of primary care

Professional and Therapeutic Boundaries in Forensic Mental Health Practice Anne Aiyegbusi, Gillian Kelly, 2012 People who use forensic mental health services are defined by the fact that they have violated boundaries often in many ways This book provides a thorough introduction to the subject of professional and therapeutic boundaries and their particular complexities within forensic mental health settings

Psychoanalytic Conversations, M. Sagman Kayatekin, 2016-08-04 Psychoanalytic Conversations From the Psychotherapeutic Hospital to the Couch offers fresh and engaging perspectives in psychoanalytic treatment and psychotherapy Kayatekin draws on cases from his experiences both in hospital and office settings to examine how analysts and therapists can best foster honest and healthy communication in a variety of settings Within the constructed atmosphere of a hospital in particular the support of nurses medical consultants and other therapeutic groups of staff and patients is crucial in helping patients understand and develop their mental health Through the use of vivid case examples interwoven with a compelling and compassionate narrative Psychoanalytic Conversations From the Psychotherapeutic Hospital to the Couch offers new insights into developing self understanding and mutual responsibility between patient therapist and other staff

Addressing Issues of Mental Health in Schools through the Arts Nick Clough, Jane Tarr, 2021-09-30 This book outlines how teachers music arts therapists and teacher trainers have engaged in participatory action research to facilitate regular group music listening and improvisational music making with children and young people in their classrooms highlighting its impact in addressing issues of mental health and providing social and emotional access to learning The book includes examples of classroom practice evidencing how safe inclusive and interactive music making can stimulate experiences that alter children and young people's moods enhance their social skills and enable their connectivity with each other and with learning It describes participatory action research approaches that support inter professional learning between teachers and music arts therapists Five narrative accounts of classroom episodes provide a basis for continuing reflection and critical theorising about young people's relational health and sensory engagement The book explores outcomes from non verbal dialogic interaction and attachment focussed practices It advocates new forms of rights respecting professionalism Providing new frameworks with which to enhance the wellbeing of vulnerable children and young people in classroom settings the book will be important reading for researchers and students

in the fields of inclusive education music arts therapy and teacher training The contents are significant for practitioners looking to support children and young people s recovery and reconnections in the classroom Psychiatric and Mental Health Nursing Mary Chambers,2017-04-07 This new edition of a bestselling evidence based textbook provides a comprehensive overview of psychiatric and mental health nursing Keeping service users and their recovery at the centre of care the holistic approach will help nurses to gain the tools and understanding required to work in this complex area Extensively updated for this new edition the text looks at Aspects of mental health nursing covering topics such as ethics developing therapeutic relationships and supervision The foundations of mental health nursing discussing diagnosis assessment and risk Caring for those experiencing mental health distress looking at wide range of troubles including anxiety bipolar disorder eating disorders and issues around sexuality and gender Care planning and approaches to therapeutic practice exploring ideas pathways and treatments such as recovery CBT psychodynamic therapies and psychopharmacology Services and support for those with mental health distress covering topics such as collaborative work involvement of service users and their families and carers and a range of different mental healthcare settings Mental health nursing in the twenty first century highlighting emerging and future trends including the political landscape physical health and health promotion and technological advances This accessible and comprehensive textbook integrates service user perspectives throughout and includes student friendly features such as learning outcomes key points summaries reflection points and further reading sections It is an essential resource for all mental health nursing students as well as an invaluable reference for practising nurses Handbook of Mental Health Nursing Stephen Tee,Joanne Brown,Diane Carpenter,2012-04-27 A concise and user friendly guide Handbook of Mental Health Nursing helps nursing students learn the essential skills required for practice This practical handbook is informed by an interdisciplinary understanding of mental health problems and the recovery from mental health difficulties Features Highlights case studies and draws on narrati **Managing Personality Disordered Offenders** Colin Campbell,Jackie Craissati,2018-09-06 The UK Government s Offender Personality Disorder OPD Strategy is one of the most significant developments in mental health and criminal justice in recent years The challenges presented by personality disorder offenders are not unique to the UK and this book also provides a useful overview of developments in the UK for those working with this population in countries where health service provision and legal frameworks pose different challenges Managing Personality Disordered Offenders A Pathways Approach describes how the OPD Strategy has been implemented by a consortium of mental health trusts in the UK in collaboration with the National Probation Service and the Prison Service This volume covers the broad range of key tasks in developing and delivering an OPD service This includes reviewing the political and clinical context and how it aims to address some of the criticisms levelled at previous initiatives developed to meet the needs of this population In each chapter the authors review the existing literature and discuss the various options that were considered during the development of each of the services Through this lens the reader gains a

better understanding of the direction taken followed by a detailed practical how to do it guide **Suffering Insanity** R. D. Hinshelwood, 2004 When madness is intolerable for sufferers how do professional carers remain sane Psychiatric institutions have always been places of fear and awe Madness impacts on family friends and relatives but also those who provide a caring environment whether in large institutions of the past or community care in the present This book explores the effects of the psychotic patient s suffering on carers and the culture of psychiatric services Suffering Insanity is arranged as three essays The first concerns staff stress in psychiatric services exploring how the impact of madness demands a personal resilience as well as careful professional support which may not be forthcoming The second essay attempts a systematic review of the nature of psychosis and the intolerable psychotic experience which the patient attempts to evade and which the carer must confront in the course of daily work The third essay returns to the impact of psychosis on the psychiatric services which frequently configure in ways which can have serious and harmful effects on the provision of care In particular service may succumb to an unfortunate schismatic process resulting in sterile conflict and to an assertively scientific culture which leads to an unwitting depersonalisation of patients Suffering Insanity makes a powerful argument for considering care in the psychiatric services as a whole system that includes staff as well as patients all need attention and understanding in order to deliver care in as humane a way as possible All those working in the psychiatric services both in large and small agencies and institutions will appreciate that closer examination of the actual psychology and interrelations of staff as well as patients is essential and urgent **A Psychosocial Exploration of Love and Intimacy** J. Brown, 2006-06-06 Organised around a single question is love possible Brown s book provides conceptualisations of love and its possibility from sociological philosophical and psychoanalytic viewpoints She argues for the importance of a psychosocial understanding of love and provides a critical discussion of the philosophy and methods of Psychosocial Studies Parental Psychiatric Disorder Michael Göpfert, Jeni Webster, Mary V. Seeman, 2004-05-13 A unique and innovative approach to family issues in psychiatric disorders The authors tackle a broad range of complex issues that are rarely covered in the depth or with the expertise that this volume brings This book is a major contribution to the field and provides the kind of international perspective that enhances our understanding of the complex dimensions of psychiatric disorders from a multigenerational and cross cultural perspective From a review of the first edition by Carol Nadelson Professor of Psychiatry Harvard Medical School It is indisputable that mental illness in a parent has serious and often adverse effects on the child something which is surprisingly unreflected in clinical service provision In this completely rewritten second edition an international multidisciplinary team of professionals review the most up to date treatment interventions from a practical clinical point of view It is essential reading for all professionals dealing with adult mental illness and child care Psychiatric and Mental Health Nursing Stephen Tilley, 2008-04-15 Psychiatric and Mental Health Nursing The Field of Knowledge provides an analytical and critical introduction to the current state of knowledge in psychiatric and mental health nursing in the UK The first section of the

book explores current professional disciplinary and educational contexts In the second section leading UK authors from diverse academic settings provide case studies of the knowledge and scientific traditions they draw on to inform their practice understand patient needs and foster different aspects of nursing practice In the final section the UK authors comment on each other's accounts Those chapters and comments are then discussed by leading overseas academics to provide an invaluable international perspective The final stage is a sociologically informed analysis which identifies sociopolitical trends in order to make sense of the UK and international views The editor then assesses the potential for intellectual integration and collective advance in psychiatric and mental health nursing

The Internal and External Worlds of Children and Adolescents Lesley Day, Denis Flynn, 2018-04-17 The field of child and adolescent psychotherapy is still relatively young and its short history has resulted in a paucity of mental health services for this neglected group There is a distinct lack of research evidence and treatment facilities and yet in order to produce mentally healthy undamaged adults of the future this must surely be one area to concentrate resources on The Cassel Hospital and this book in particular seek to redress the balance and consequently the chapters in this book follow a diverse path on subjects ranging from Munchausen Syndrome by proxy to abuse within the home relations within families and borderline adolescents Various clinical cases are described in this much needed volume that invites the reader to experience and learn from the life in a hospital that is often seen as the last resort of treatment for many children and adolescents The Internal and External Worlds of Children and Adolescents provides a thoughtful perspective on mental health services for one of the most neglected groups in society our children and adolescents

The Reflective Practitioner Donald A. Schön, 2017-03-02 A leading MIT social scientist and consultant examines five professions engineering architecture management psychotherapy and town planning to show how professionals really go about solving problems The best professionals Donald Schön maintains know more than they can put into words To meet the challenges of their work they rely less on formulas learned in graduate school than on the kind of improvisation learned in practice This unarticulated largely unexamined process is the subject of Schön's provocatively original book an effort to show precisely how reflection in action works and how this vital creativity might be fostered in future professionals

The Interactive World of Severe Mental Illness Diana J. Semmelhack, Larry Ende, Arthur Freeman, Clive Hazell, Colleen L. Barron, Garry L. Treft, 2015-07-03 In our society medication is often seen as the treatment for severe mental illness with psychotherapy a secondary treatment However quality social interaction may be as important for the recovery of those with severe mental illness as are treatments This volume makes this point while describing the emotionally moving lives of eight individuals with severe mental illness as they exist in the US mental health system Offering social and psychological insight into their experiences these stories demonstrate how patients can create meaningful lives in the face of great difficulties Based on in depth interviews with clients with severe mental illness this volume explores which structures of interaction encourage growth for people with severe mental illness and which trigger psychological damage It

considers the clients relationships with friends family peers spouses lovers co workers mental health professionals institutions the community and the society as a whole It focuses specifically on how structures of social interaction can promote or harm psychological growth and how interaction dynamics affect the psychological well being of individuals with severe mental illness Therapeutic Communities ,1996

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