

Overview of Psychodynamic Psychotherapy

Psychoanalysis

all adult problems
can be traced back to
childhood

interaction of ego, superego, id

Psychodynamic

Offshoot of the
psychoanalytic school

Interpretation is main tool

Mediator, a conscience,
and a devil

Differences in Assumptions and Focus

Psychotherapy A Dynamic Approach

Jeffrey J. Magnavita



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