

Losing Someone You Love

When a Brother or Sister Dies



Elizabeth Richter

Losing Someone You Love When A Brother Or Sister Dies

Linda Goldman



Losing Someone You Love When A Brother Or Sister Dies:

Losing Someone You Love Elizabeth Richter, 1986-01-01 Sixteen young people ranging in age from ten to twenty four describe the fears sorrow and other emotions they experienced when a brother or sister died **When a Brother or Sister Dies** Claire Berman, 2009-02-17 The trauma of losing a sibling when we are in our adult years is one of the most unrecognized and undertreated areas of psychology There is no other loss in adult life that appears to be so neglected as the death of a brother or sister says bereavement specialist and psychologist Therese Rando And Rando is just one expert author Berman interviews in this moving book about loss We see here how when an adult dies the parents spouse and children of that person become the focus but brothers and sisters most often fall to the sidelines and are left to find a way to deal with the grief and recover alone Yet when a brother or sister dies we lose our longest lifetime companion someone with whom we have shared an intimate family history And in most cases that was someone for whom we had conflicted feelings shared identity yet competitive feelings pride yet jealousy love yet hate Most of us come to make peace with the relationship at some point How to make peace with the death of the sibling which can conjure up a well of feelings from wishing you were closer to wanting to change some past events you shared can haunt an adult But author Claire Berman who lost her own sister to heart disease in the week of September 11 2001 when America lost its innocence takes us into the emotional world of sibling loss showing us how to understand and navigate the aftermath of a loss that can leave adults feeling angry confused guilty empty or just like Berman wanting to hit that speed dial button still marked with her sister s name How To Go On Living When Someone You Love Dies Therese A. Rando, 1991-07-18 An inspiring guide to help you through the mourning process including a comprehensive resource listing and a chapter on finding professional help and support groups The most comprehensive insightful and helpful volume on loss and survival Rabbi Dr Earl A Grollman author of *Living When a Loved One Has Died* Mourning the death of a loved one is a process all of us will go through at one time or another But wherever the death is sudden or anticipated few of us are prepared for it or for the grief it brings There is no right or wrong way to grieve each person s response to loss will be different Now in this compassionate comprehensive guide previously published as *Grieving* Therese A Rando Ph D bereavement specialist and author of *Loss and Anticipatory Grief* leads you gently through the painful but necessary process of grieving and helps you find the best way for yourself Whether the death was sudden or expected from accident illness suicide homicide or natural causes Dr Rando will help you learn to Understand and resolve your grief Talk to children about death Resolve unfinished business Take care of yourself Accept the help and support of others Get through holidays and other difficult times of the year Plan funerals and personal bereavement rituals There is no way around the pain of loss but there is a way through it Dr Rando offers the solace comfort and guidance to help you accept your loss and move into your new life without forgetting your treasured past *Losing Someone You Love* Tracy A. Phillips, 2009-01-01 Explores the emotions involved in the wake of a loved one s death and offers suggestions on how to help

children and teens cope with their grief *Funeral and Memorial Service Readings, Poems and Tributes* Rachel R. Baum, 2007-11-28 Words can fail even the most articulate when called upon to speak at a loved one's funeral or memorial occasion. The bereaved desires to say something meaningful yet services are often held so quickly that there is little time to find something appropriate at the library or bookstore. This book is a collection of poetry and prose appropriate for reading at a funeral or memorial service. To assist the reader in finding a suitable passage, the book is divided into eleven chapters. There are tributes for mothers, fathers, children, spouses, and soulmates, friends, siblings, and other close relatives, soldiers and victims of war or violence, pets, and general readings appropriate for men, women, or any loved one. These selections will also prove helpful for clergy, counselors, and hospice, hospital, and funeral professionals. Appendices list resources and support organizations, and each selection is indexed by author, title, and first line. A special additional index references pieces by famous uses such as in a film, novel, or celebrity's funeral, so readers can locate a passage they remember from its context.

Handbook for Those Who Grieve Martin M. Auz, 2015-02-25 How can I best help someone who has lost a loved one? How do I talk to a child about the death of a family member? What do I need to think about before I plan a funeral? Confusion, bewilderment, and a lack of direction commonly surface in the aftermath of a death. It's also the time when dealing with the issues and emotions of the experience can lead to making hasty or unwise decisions. In this revised edition of *Handbook for Those Who Grieve*, Martin M. Auz and Maureen Lyons Andrews offer concise, practical, topic-based lists and suggestions to help people immediately after a loss. Rather than philosophizing, theologizing, or rationalizing, the authors draw on their research and personal experiences to provide short but solid answers to help grieving people successfully deal with the countless issues and varied emotions that a person's death is sure to thrust upon them. **Grief and Loss** Katherine Walsh, 2021-11-16 Loss is a part of every life, and grief related to loss is inescapable. It can result in distress that impacts work, learning, rehabilitation, spiritual beliefs, social relationships, health, mental health, and well-being. Helping professionals who encounter grief reactions in multiple settings are often not trained to identify and respond to the many complex grief-related problems of clients. Without the opportunity to learn how to assess and address grief, many may lack confidence in acknowledging loss and providing effective support. Although grieving is an extremely painful part of life, integration and adjustment are possible, and meaning can be made from loss. Readers will find many examples from caring and resilient students, interdisciplinary professionals, teachers, clients, and family members who have learned to make meaning from loss. The content of the third edition has been significantly influenced by the COVID-19 pandemic, the opioid addiction crisis, and increased awareness of racial trauma and injustice. The book provides a foundation for understanding, assessing, and responding effectively to grief and loss. The content is designed for students and professionals who find themselves working in proximity to loss, trauma, and grief in various capacities: educator, advocate, case manager, counselor, mental health, and health care provider, and more. The work is vitally important, and the rewards for helping others cope with grief and loss are

substantial *Talking with Children About Loss* Maria Trozzi,1999-10-01 Through captivating stories and thoughtful analysis Maria Trozzi explains how to handle the difficult job of talking with children and adolescents about loss with discussions about How children perceive and interpret events such as death disability and divorce Guiding children through the four tasks of mourning Helping children face funerals wakes and memorial services Children s fears and fantasies how they express them and how to address them Age appropriate responses to children s questions and concerns Talking to children about long term illness suicide family or community tragedy and other special situations What to do when children won t talk about loss and when to seek professional help The wisdom authenticity and sheer presence of the author are evident from page one until the end of the beautifully written book Terms like ground breaking and innovative have been trivialized by overuse In this case they are deserved Stan Turecki M D author of *The Difficult Child* **Multicultural Literature for Children and Young Adults** Ginny Moore Kruse,Kathleen T. Horning,1991 Annotated bibliographies arranged by type or theme with age levels **Breaking the Silence** Linda Goldman,2014-06-11 The second edition of this bestselling book is designed for mental health professionals educators and the parent caregiver this book provides specific ideas and techniques to work with children in various areas of complicated grief It presents words and methods to help initiate discussions of these delicate topics as well as tools to help children understand and separate complicated grief into parts These parts in turn can be grieved for and released one at a time A new chapter is included called Communities Grieve Involvement with Children and Trauma It includes information on The Taiwan Earthquake and how the community worked with children a school bus accident in which 36 elementary school children witnessed the death of the bus driver that was driving and how the school system worked with these children and their families a boy who was running on a cross country team and got hit by a car which was witnessed by teammates and how a non profit community grief agency worked with family school and community The last study is from the Oklahoma bombing and the outgrowth of a place for the traumatized children and how they still work with kids and family today This chapter then contains new activities to work with traumatized grieving children The new edition also includes updated resources books curriculums websites hotlines and another new chapter on bullying and victimization issues The chapter for educators has been expanded including the coverage of topics such as at risk students gay and lesbian issues and self injurious behaviors **Comics to Classics** Arthea J. S. Reed,1994-10-01 For each developmental stage between the ages of 10 and 18 educator Arthea J S Reed provides lists of books organized by genre and carefully selected for teen appeal In addition to a detailed bibliography Reed focuses on the particular challenges for each age group and highlights strategies for parents to persuade their children to read This guide will help parents and teachers choose the right books for every reading level and interest *Textbook of Pediatric HIV Care* Steven L. Zeichner,Jennifer S. Read,2005-04-28 This comprehensive textbook provides the definitive account of effective care for pediatric HIV patients Drawing on the massive and burgeoning published literature from a wide range of sources this

volume summarises a wealth of information concerning the aetiology of the disease and the best clinical care for this vulnerable group. It distils the very latest knowledge of virology, immunology and pathogenesis and uses this to illuminate and explain management recommendations. Recently many new agents for the treatment and prophylaxis of HIV infection and the opportunistic infections that accompany HIV infection have been developed accompanied by many new ways of monitoring HIV infection in children. These new therapies and approaches to management are complicated but the long term health of HIV infected children depends on their meticulously correct application. This textbook explains, helps and guides the clinician through all these complexities to facilitate the best possible care for children with HIV infection. **Handbook of Pediatric HIV Care**

Steven L. Zeichner, Jennifer S. Read, 2006-05-04. This portable and practical handbook first published in 2006 provides a concise guide to the essentials of pediatric HIV care in a form suitable for doctors in the busy hospital setting. During recent years many agents for the treatment and prophylaxis of HIV infection and the opportunistic infections that accompany HIV infection have been developed and many new ways of monitoring HIV infection in children have been produced. These therapies and approaches to management are complicated but the long term health of HIV infected children depends on their correct application. This handbook presents the core information and guidelines necessary for effective management of infected children. Two other important themes are ways to minimise mother to infant transmission and the challenges of looking after these children in resource poor countries. *The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care* Marilyn Augustyn, Barry S. Zuckerman, Elizabeth B. Caronna, 2010-09-29. The thoroughly updated Third Edition of this popular handbook provides practical guidance on diagnosing and treating children with developmental and behavioral problems in the primary care setting. Chapters written in outline format address topics ranging from everyday problems such as biting and social avoidance to serious and complex psychiatric disorders such as anorexia and depression. This edition includes new chapters on dealing with difficult child behavior in the office, alternative therapy for autism spectrum disorders, treatment of autism spectrum disorders, oppositional defiant disorder, bilingualism, health literacy, incarcerated parents and military parents. Recommended readings for physicians and parents are included. A companion website includes the fully searchable text. *Sibling Grief* P. Gill White, 2006-05-01. P. Gill White PhD has done an outstanding job of writing on a much needed subject within the bereavement community: sibling grief. As siblings sadly are often the forgotten grievers when the death of their brother or sister occurs, a book such as this is greatly needed. Dr. White's insights and experiences as both a bereaved sibling herself and as a sibling grief counselor are sure to be a great help to all who read her book. Bereaved Parents of the USA will definitely be recommending her book as a resource to both our siblings and their parents. Patricia L. Moser, President, Bereaved Parents of the USA, www.bereavedparentsusa.org. Author P. Gill White PhD was only fifteen when her sister Linda made her swear not to tell anyone about the pain Linda had in her side because she thought it would spoil an upcoming family vacation. Linda died four months later from a rare form of cancer called

rhabdomyosarcoma White and her family never talked about the loss until decades later when memories began to haunt her Sibling Grief is White's validation of the emotional significance of sibling loss She draws on clinical experience research and wisdom from hundreds of bereaved siblings to explain the five healing tasks specific to sibling grief White identifies the effects of this profound loss on daily actions and emotions and describes the dream patterns of bereaved siblings showing how healing is reflected in the dream state Throughout she illustrates the long lasting connection between siblings a connection that death itself cannot sever Sibling Grief is a powerful mix of information personal reflections and poetry just what you need to begin your own healing journey **Grief Support Group Curriculum** Linda Lehmann, Shane R.

Jimerson, Ann Gaasch, 2001 Contains lesson plans for 10 sessions that include age appropriate activities These fun and engaging activities enable young children to approach highly sensitive and painful topics *Bereavement Care for Families*

David W. Kissane, Francine Parnes, 2014-01-03 Grief is a family affair When a loved one dies the distress reverberates throughout the immediate and extended family Family therapy has long attended to issues of loss and grief yet not as the dominant therapeutic paradigm Bereavement Care for Families changes that it is a practical resource for the clinician one that draws upon the evidence supporting family approaches to bereavement care and also provides clinically oriented strategic guidance on how to incorporate family approaches into other models Subsequent chapters set forth a detailed research based therapeutic model that clinicians can use to facilitate therapy engage the ambivalent deal with uncertainty manage family conflict develop realistic goals and more Any clinician sensitive to the roles family members play in bereavement care need look no further than this groundbreaking text Handbook of Childhood Death and Bereavement

PhD Charles A. Corr, PhD, CT, Donna M. Corr, RN, MSN, 2004-01-01 In this comprehensive handbook a leading group of experts improve our understanding of the challenges faced by children when coping with death dying and bereavement Organized into three parts the volume addresses specific issues involved in confrontations with death discusses the role of bereavement and explains specific therapeutic interventions for caregivers The reader is introduced to four distinct periods within childhood infancy toddlerhood early childhood and middle childhood Through case examples the contributors illustrate a child's experience with death and bereavement in all four areas The book's practical orientation and emphasis will appeal to a broad array of caregivers including counselors therapists nurses and mental health practitioners concerned with child and adolescent death and bereavement *Advanced Practice Palliative Nursing* Constance Dahlin, Patrick

Coyne, Betty Ferrell, 2016 Advanced Practice Palliative Nursing is the first text devoted to advanced practice nursing care of the seriously ill and dying This comprehensive work addresses all aspects of palliative care including physical psychological social and spiritual needs Chapters include symptoms common in serious illness pediatric palliative care spiritual and existential issues issues around the role and function of the advanced practice nurse APN reimbursement and nursing leadership on palliative care teams Each chapter contains case examples and a strong evidence base to support the highest

quality of care The text is written by leaders in the field and includes authors who have pioneered the role of the advanced practice nurse in palliative care This volume offers advanced practice content and practical resources for clinical practice across all settings of care and encompassing all ages from pediatrics to geriatrics **Congregational Trauma** Jill M. Hudson, 1998-12-01 This ebook is now available from Bloomsbury Academic Bloomsbury Academic publish acclaimed resources for undergraduate and postgraduate courses as well as the general reader across a broad range of subjects including Archaeology Art Visual Culture Biblical Studies Business Management Drama Performance Studies Economics Education Film Media History Linguistics Literary Studies Music Sound Studies Philosophy Politics International Relations Psychology Religious Studies Social Work Social Welfare Sociology Study Skills Theology and Wellbeing Health Lifestyle Visit bloomsbury.com for more information

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