

The Benefits of Planning for Long-Term Care Learn how a little effort now can pay off

later when care needs change.



Get started planning for your future now.



Go online and/or call to find out what service options exist where you live, and what you prefer.



Put it in writing! Tell others your wishes, meet with an elder law attorney, just try to make decisions with loved ones so they don't make decisions for you later.

Research costs and payment options (insurance) for different types of care, such as in home care, nursing home or adult day care.



Planning for long-term care needs before a crisis might mean a greater level of independence and control. With reduced financial and emotional stress on yourself and loved ones.





Long Term Care For Older People Law And Financial Planning

Kathleen Armour

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