

Senior Citizen Handbook: A Self-Help and Resource Guide

Stokell, Marjorie

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Senior Citizen Handbook A Self Help And Resource Guide

CH Cherryholmes



Senior Citizen Handbook A Self Help And Resource Guide:

The Senior Citizen Handbook Marjorie Stokell, Bonnie Kennedy, 1985 Offers practical advice on exercise and nutrition clubs education Medicare second careers health problems legal aid and personal finances The Senior Citizen Handbook Marjorie Stokell, Bonnie Kennedy, 1985 **A Resource Guide for Fitness Programs for Older Persons** Alan Pardini, Connie Mahoney, 1987 *Topical Reference Books* Marion Sader, 1991 Like the other titles in Bowkers s Buying Guide series it will be extremely useful Booklist Topical Reference Books selects and recommends today s best specialized reference books It gives librarians and teachers the help they need to make sound choices in a wide range of subject areas It provides the titles authors publishers and ordering information for building strong collections of essential works preparing for classes or researching particular subjects This book offers expert evaluations of over 2 000 preferred titles in 50 categories from Advertising and Aging to Women s Studies and Zoology In each category you ll find Headnotes that provide background and suggestions for collection development Core Titles that identify the most significant books At A Glance charts to help you determine the suitability of particular works Online Resources for Senior Citizens, 2d ed. Charles C. Sharpe, 2003-02-28 This book facilitates and expands Internet access and usage by seniors assists them in finding the information they want and need and contributes to their knowledge of the aging process and the challenges it presents by providing a list of online resources of particular interest to them *A Resource Guide for Nutrition Management Programs for Older Persons* Marjorie Bogaert-Tullis, 1987 The Retirement Sourcebook Mary Helen Smith, Mary Helen, Shuford Smith, 1999-03-11 More than 5 000 people retire every day yet there have been no retirement books that are both informative and motivational until now 101 Secrets for a Great Retirement encourages and inspires retirees to simplify their lives and pursue their dreams The authors cover all the essential topics including health social life relationships financial matters legal issues and more *Working with Older Adults* Rhea Joyce Rubin, Gail McGovern, 1990 **Journal of Human Services Abstracts** , 1984 Resources in Education , 1997 **People Power** U.S. Office of Consumer Affairs, 1984 **People Power** U.S. Office of Consumer Affairs. Consumer Information Division, 1980 Abstract A resource book is presented for community groups and individual citizens on consumer action projects related to food housing energy and health Successful local projects are described in each category A section on basic tools provides guidelines for organizing a community project and obtaining necessary resources Appendices contain organization names and addresses and other resource materials **The Nonprofit Manager's Resource Directory** Ronald A. Landskroner, 2002-04-30 A newly revised and updated edition of the ultimate resource for nonprofit managers If you re a nonprofit manager you probably spend a good deal of your time tracking down hard to find answers to complicated questions The Nonprofit Manager s Resource Directory Second Edition provides instant answers to all your questions concerning nonprofit oriented product and service providers Internet sites funding sources publications support and advocacy groups and much more If you need help finding

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