

Sexual behaviour in Britain: early heterosexual experience

Kaye Wellings, Kinan Nanchahal, Wendy McDowall, Sally McManus, Bob Erens, Catherine H Mercer, Anne M Johnson, Andrew J Copas, Christos Karavassilis, Kevin A Fenton, Julia Field

Summary

Background Relatively high rates of teenage conception and sexually transmitted infection among young people in Britain have focused attention on early sexual behaviour and its determinants. We report the results of the second National Survey of Sexual Attitudes and Lifestyles (Natsal 2000).

Methods We did a probability sample survey between 1999 and 2001, of men and women aged 16–44 years in Britain. Participants were interviewed using a combination of computer-assisted face-to-face and self-completion questionnaires, and asked questions regarding first heterosexual intercourse, communication about sex, pregnancy, and sexually transmitted infections (STIs).

Findings We recruited 11 161 men and women to the survey (4762 men, 6399 women). The proportion of those aged 16–19 years at interview reporting first heterosexual intercourse at younger than 16 years was 30% for men and 26% for women; median age was 16 years. The proportion of women reporting first intercourse before 16 years increased up to, but not after, the mid-1990s. There has been a sustained increase in condom use and a decline in the proportion of men and women reporting no contraceptive use at first intercourse with decreasing age at interview. Among 16–24 year olds, non-use of contraception increased with declining age at first intercourse; reported by 18% of men and 22% of women aged 13–14 years at occurrence. Early age at first intercourse was significantly associated with pregnancy under 18 years, but not with occurrence of STIs. Low educational attainment was associated with motherhood before 18 years, but not abortion.

Interpretation The increase in the proportion of women reporting first intercourse before age 16 years does not appear to have continued throughout the past decade. Only a small minority of teenagers have unprotected first intercourse, and early motherhood is more strongly associated with educational level than with family background. Factors most strongly associated with risk behaviour and adverse outcomes have considerable potential for preventive intervention.

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See Commentary page 1828

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Introduction

Interest in the sexual behaviour of young people increased in the second half of the 20th century, fuelled partly by concern for their sexual health. In the 1960s and 1970s, unsafe surrounding rates of conception among young unmarried people provided the impetus to research, whereas in the 1980s and 1990s, the focus shifted to the risk of HIV transmission among young people. By the end of the 20th century, the UK had the highest rate of teenage births in western Europe,¹ and an upward trend in rates of sexually transmitted infections (STIs) among young people.² Attention has now focused on risk behaviour in the context of both unplanned conception and sexually transmitted infection.³

The timing and conditions of sexual initiation are of substantial interest in the context of public health. Early age at first intercourse is associated with subsequent sexual health status.^{4–6} Following the steep decrease in age at first intercourse among women up to and including the 1970s, in many countries, there is evidence of subsequent stabilisation.⁷ In several European countries this stabilisation occurred in the early 1980s.⁸ In the USA, it occurred in the late 1980s.⁹ In Britain¹⁰ and New Zealand,¹¹ however, heterosexual intercourse continued to occur at earlier ages throughout the 1980s.

Factors associated with early age at first intercourse are well documented and include early menarche,¹² early school leaving age, family disruption and disadvantage,¹³ and poor educational attainment.^{14,15} Less attention has been paid to factors associated with the circumstances of first intercourse.

From analysis of the first National Survey of Sexual Attitudes and Lifestyles (Natsal 1990) we reported a decline in age at first intercourse in successive age-groups, and a significant increase in condom use among the youngest age cohort, born between 1971 and 1976.¹⁶ Here we report results from the second National Survey of Sexual Attitudes and Lifestyles done in 1999–2001 (Natsal 2000), focusing on early heterosexual intercourse and the circumstances surrounding that event, the extent of risk reduction practices, and the prevalence of those outcomes of sexual activity which, from a public-health perspective, may be regarded as adverse. We also explore factors associated with these outcomes.

Methods

Participants and procedure

We did a probability sample survey of men and women aged 16 to 44 years living in Britain. Details of the methods are described elsewhere.¹⁷ Participants were interviewed using a combination of computer-assisted face-to-face and self-completion questionnaires. Parental permission was requested for the participation of respondents aged 16–17 years.

We asked participants their age at first occurrence of heterosexual intercourse using a showcard in the face-to-face component of the questionnaire. Questions relating to the circumstances of first intercourse were confined to occurrence at age 13 years or older, to avoid probing early experiences that may have been non-consensual. We asked respondents to reflect on whether they or their partner was more willing, or whether they were both equally willing; their thoughts on the timing of the event;

Sexual Behaviour In Britain

**Jose Catalan, Barbara Hedge, Damien
Ridge**



Sexual Behaviour In Britain:

Sexual Behaviour in Britain Kaye Wellings,1994 Originally commissioned by the NHS partly as a response to the growing problem of AIDS this book provides comprehensive information on the sexual attitudes and lifestyles of the British population Its conclusions are based on statistical analysis of the response given by 20 000 Britons Sex, Gender and Social Change in Britain since 1880 Lesley A. Hall,2017-09-16 Sexual attitudes and behaviour have changed radically in Britain between the Victorian era and the twenty first century However Lesley A Hall reveals how slow and halting the processes of change have been and how many continuities have persisted under a fa ade of modernity Thoroughly revised updated and expanded the second edition of this established text explores a wide range of relevant topics including marriage homosexuality commercial sex media representations censorship sexually transmitted diseases and sex education features an entirely new last chapter which brings the narrative right up to the present day provides fresh insights by bringing together further original research and recent scholarship in the area Lively and authoritative this is an essential volume for anyone studying the history of sexual culture in Britain during a period of rapid social change Men and masculinities in modern Britain Matt Houlbrook,Katie Jones,Ben Mechen,2024-01-16 Men and masculinities provides an engaging accessible and provocative introduction to histories of masculinity for all readers interested in contemporary gender politics The book offers a critical overview of ongoing historiographical debates and the historical making of men s lives and identities and ideas of masculinity between the 1890s and the present day In setting out a new agenda for the field it makes an ambitious argument for the importance of writing histories which are present centred and politically engaged This means that the book engages head on with ferocious debates about men s social position and the status of masculinity in contemporary public life In establishing a critical genealogy for the proliferation of this crisis talk it sets out new ways of understanding how men s lives and ideas of masculinity have changed over time while patriarchy and male power have persisted The A-Z of Social Research Robert Lee Miller,John D Brewer,2003-04-22 The A Z is a collection of entries ranging from qualitative research techniques to statistical testing and the practicalities of using the Internet as a research tool Alphabetically arranged in accessible reader friendly formats the shortest entries are 800 words long and the longest are 3000 Most entries are approximately 1500 words in length and are supported by suggestions for further reading Asexuality and Sexual Normativity Mark Carrigan,Kristina Gupta,Todd Morrison,2024-11-01 The last decade has seen the emergence of an increasingly high profile and politically active asexual community united around a common identity as people who do not experience sexual attraction This unique volume collects a diverse range of interdisciplinary empirical and theoretical work which addresses this emergence raising important and timely questions about asexuality and its broader implications for sexual culture One of the most pressing and contentious issues within academic and public debates about asexuality is what relationship if any it has to sexual dysfunction As well as collecting cutting edge scholarship in the emerging field of

asexuality studies rendering it indispensable to any sexualities course across the range of disciplines this anthology also addresses this urgent debate offering a variety of perspectives on how and why some have pathologised asexuality This includes a range of chapters addressing the broader issues of sexual normativity within which these contemporary debates about asexuality are taking place This book was originally published as a special issue of Psychology and Sexuality

Fertility, Class and Gender in Britain, 1860-1940 Simon Szreter, 2002-07-25 This book offers an original interpretation of the history of falling fertilities in Britain between 1860 and 1940 It integrates the approaches of the social sciences and of demographic feminist and labour history with intellectual social and political history It exposes the conceptual and statistical inadequacies of the orthodox picture of a national unitary class differential fertility decline and presents an entirely new analysis of the famous 1911 fertility census of England and Wales Surprising and important findings emerge concerning the principal methods of birth control births were spaced from early on in marriage and sexual abstinence by married couples was a far more significant practice than previously imagined The author presents a new general approach to the study of fertility change raising central issues concerning the relationship between history and social science **HIV in the UK** Jose Catalan, Barbara Hedge, Damien Ridge, 2020-12-21 This book explores the thoroughly human dimension of the health care and prevention responses to the HIV crisis in the UK and the impact that such initiatives had on the progression of the epidemic This book presents a compelling account of the unfolding of the epidemic and the initiatives that made all the difference in the care and prevention of HIV in the UK from the early 1980s to the present time Drawing on interviews with people with HIV doctors and nurses involved in their care leaders of AIDS charities activists and politicians it identifies and describes the models of care developed in response to the onset of the HIV epidemic and its impact on NHS and voluntary organisations It goes on to explore the political responses the evolution of HIV stigma and the personal impact of the early high mortality rates Finally it discusses recent organisational changes in the provision of care and prevention services In doing so this volume identifies the lessons learnt from the care and prevention of HIV both in relation to HIV infection and other conditions such as COVID 19 and discusses future challenges This book will be of great value to those working in services dealing with HIV charities and Clinical Commissioning Groups and GP organisations as well as social historians and medical sociologists Sexually Transmitted Infections, HIV & AIDS E-Book Derek G. Waller, 2016-09-13 About the Medicine journal e books Sexually Transmitted Infections HIV AIDS is a new e book in a collection of subject themed e books containing relevant key articles from Medicine The e books provide a perfect source of revision for post graduate exams in clinical medicine and portfolio material for life long learning As well as mapping to the UK Core Medical Training curriculum these e books also enable anyone with a short term interest in a specific area to buy individual articles at a price point that will give affordable access to all readers from medical students to GPs and practitioners in related areas The quality of user experience on mobiles tablets and laptops will be an added bonus for learning on the move The whole board has been

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Rules of Desire Cate Haste,1992 This book tells the history of the changing sexual attitudes of 20th century Britain the free love debate the sex psychologists the bright young things homosexual life in the thirties secret sex and World War II the sixties and the pill gay rights rape laws the impact of AIDS and whole body sensuality

British Cinema in the Fifties Christine Geraghty,2002-01-04 In the fifties British cinema won large audiences with popular war films and comedies creating stars such as Dirk Bogarde and Kay Kendall and introducing the stereotypes of war hero boffin and comic bureaucrat which still help to define images of British national identity In *British Cinema in the Fifties* Christine Geraghty examines some of the most popular films of this period exploring the ways in which they approached contemporary social issues such as national identity the end of empire new gender roles and the care of children Through a series of case studies on films as diverse as *It Always Rains on Sunday* and *Genevieve* Simba and *The Wrong Arm of the Law* Geraghty explores some of the key debates about British cinema and film theory contesting current emphases on contradiction subversion and excess and exploring the curious mix of rebellion and conformity which marked British cinema in the post war era

The Transformation of British Life, 1950-2000 Andrew Rosen,2003 This book should be of use to undergraduates reading modern British history as well as students of modern British culture and society

Criminal Justice in England and the United States J. David Hirschel,William O. Wakefield,Scott Sasse,2008 A detailed comparison between the English and U S criminal justice systems

A Companion to Contemporary Britain 1939 - 2000 Paul Addison,Harriet Jones,2008-04-15 A Companion to Contemporary Britain covers the key themesand debates of 20th century history from the outbreak of the SecondWorld War to the end of the century Assesses the impact of the Second World War Looks at Britain s role in the wider world including thelegacy of Empire Britain s specialrelationship with the United States and integration withcontinental Europe Explores cultural issues such as class consciousness immigration and race relations changing gender roles and theimpact of the mass media Covers domestic politics and the economy Introduces the varied perspectives dominating historicalwriting on this period Identifies the key issues which are likely to fuel futuredebate

Human Sexuality and its Problems John Bancroft,2008-12-29 Prepared by one of the world s leading authorities

Human Sexuality and its Problems remains the foremost comprehensive reference in the field Now available in a larger format this classic volume continues to address the neurophysiological psychological and socio cultural aspects of human sexuality and how they interact Fully updated throughout the new edition places a greater emphasis on theory and its role in sex research and draws on the latest global research to review the clinical management of problematic sexuality providing clear practical guidelines for clinical intervention Clearly written this highly accessible volume now includes a new chapter on the role of theory and separate chapters on sexual differentiation and gender identity development transgender and gender non conformity and HIV AIDS and other sexually transmitted diseases Human Sexuality and its Problems fills a gap in the literature for academics interested in human sexuality from an interdisciplinary perspective as well as health professionals involved in the management of sexual problems Long awaited new edition of the definitive reference text on human sexuality Addresses the neurophysiological psychological and socio cultural aspects of human sexuality and how they interact Examines the normal sexual experience and covers the various ways in which sex can be problematic including dysfunctional out of control high risk and illegal sexual behaviour Reviews the clinical management of problematic sexuality and provides clear practical guidelines for clinical intervention Presents a broad cross disciplinary perspective of the subject area making the book suitable for all professionals involved in the field Presents a more theoretical approach to the study of human sexuality reflecting recent changes in research Includes a section on brain imaging to demonstrate the latest research findings in sexual arousal and to compare and contrast individuals with normal and low levels of sexual desire Discusses the use of sex as a mood regulator and the importance of current research in this area Discusses the impact on the internet on the modern sexual world Explores the relevance of transgender and gender non conformity Contains a chapter on HIV and AIDS and other sexually transmitted infections Chapter on therapy fully updated to reflect the movement towards integration of psychological and pharmacological approaches to management Explores the complex relationships between anger sexual arousal and sexual violence

Transgressing Later Life Sexualities in British Sitcoms Franziska Röber,2025-07-24

Based on close readings of three major sitcoms this book unpacks how sitcoms understand later life sexualities and focusses on how they represent sexually active older adults Focusing on three representative sitcoms Waiting for God The Old Guys and Vicious it demonstrates the ways in which sitcoms specifically enable and restrict representations of later life sexualities Tracing how transgressive portrayals of sexually active older adults are couched in comedic terms it opens up new critical perspectives on later life sexualities that will critically inform public debates and academic research in Britain and beyond

Sexual Behaviour and AIDS in Britain Ernest George Knox,Christine MacArthur,K. J. Simons,1993 How will the AIDS epidemic grow in Britain and how might it be contained This report investigates contemporary sexual behaviour in Britain reviewing the progress of the epidemic to date and describing the social and political responses to it **Sexual Behaviour and HIV/AIDS in Europe** Nathalie Bajos,Michel Hubert,Theo Sandfort,2014-04-08 Sexual Behaviour and HIV AIDS in

Europe is the first book to compare the major population surveys on sexual behaviour and HIV AIDS carried out in Europe in recent years. Leading European researchers explore the differences and similarities between European countries in patterns of sexual behaviour and responses to the HIV AIDS epidemic. As well as providing an empirical and methodological base for future research, the comparative analyses lead researchers, policy makers, health educators and the media to new insights and a deeper understanding of issues that are of central concern in many countries. The chapters include discussion of data on sexual initiation, homosexual and bisexual behaviour, sexual practices, sexual partners, risk behaviour, STDs, preventive practices, the normative context, knowledge of HIV AIDS and attitudes towards people with HIV AIDS. The book results from a major European Concerted Action funded by the European Union Biomedical and Health Research programme BIOMED and coordinated by the Centre d'Etudes Sociologiques of the Facultés Universitaires Saint Louis, Brussels, Belgium. It follows *Sexual Interactions and HIV Risk*, published in 1997.

Sex, Politics and Society, 2014-05-22. A pioneering study which has become an established classic in its field. *Sex Politics and Society* provides a lucid and comprehensive analysis of the transformations of British sexual life from 1800 to the present. These changes are firmly located in the wider context of social change from industrialization and the experience of Empire through the establishment of the welfare state to the rise of new social movements such as feminism and gay liberation and new forms of social conservatism. Now fully revised and updated and with a new chapter bringing the story right up to date, this new edition considers the transformation of the sexual world through globalization and the internet, the changing impact of the AIDS pandemic over the last thirty years, the influence of new currents in social and cultural theory on the study of sexuality, the gradual depoliticization and mainstreaming of sexuality within historical study. Combining rich empirical detail with innovative theoretical insights, *Sex Politics and Society* remains at the cutting edge of the subject and this third edition will inspire and provoke a whole new generation of readers in history, sociology, social policy and the study of sexuality.

The Cambridge Companion to Modern British Culture, Michael Higgins, Clarissa Smith, John Storey, 2010-08-19. British culture today is the product of a shifting combination of tradition and experimentation, national identity and regional and ethnic diversity. These distinctive tensions are expressed in a range of cultural arenas such as art, sport, journalism, fashion, education and race. This Companion addresses these and other major aspects of British culture and offers a sophisticated understanding of what it means to study and think about the diverse cultural landscapes of contemporary Britain. Each contributor looks at the language through which culture is formed and expressed, the political and institutional trends that shape culture and at the role of culture in daily life. This interesting and informative account of modern British culture embraces controversy and debate and never loses sight of the fact that Britain and Britishness must always be understood in relation to the increasingly international context of globalisation.

20th Century Britain, Nicole Robertson, John Singleton, Avram Taylor, 2022-12-30. 20th Century Britain provides an authoritative and accessible survey of contemporary research on economic activity, society, political development and culture. Written by

leading academics it examines recent advances in scholarship and gives a grounding in established approaches and topics. The first part comprises thematic essays covering the whole of the twentieth century including chapters on the economy, economic management, big business, parliamentary politics, leisure, work, health, international economic relations and empire. It uncovers key areas of equality and diversity in chapters on women, living standards, social mobility, ethnicity and multiculturalism and gender and sexuality. The most recent subfields of historical studies are also explored including disability history and environmental economic history. The second part focuses on seismic events and topics covering shorter timeframes including the World Wars, interwar Depression, Britain and European integration, sexual behaviours, civil society, the 1960s, cultural revolution and resisting racism. This collection provides an essential guide to current academic thinking on the most important elements of twentieth century British history and is a useful tool for all students and scholars interested in modern Britain.

Sexual Behaviour In Britain: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have enthralled audiences this year. Sexual Behaviour In Britain : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Sexual Behaviour In Britain : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Sexual Behaviour In Britain : Delia Owens' "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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