

QUICK HEADACHE RELIEF WITHOUT DRUGS

**How to Relieve Your
Headache in Seconds: A Physician's
Do-It-Yourself Technique**

by Howard D. Kurland, M.D.

Professor of Psychiatry, Northwestern University Medical School

Quick Headache Relief Without Drugs

Howard D. Kurland, MD, DLFAPA



Quick Headache Relief Without Drugs:

Handbook for Headache Relief Bob Phillips, 2005 ALL NATURAL DRUG FREE SOLUTIONS IN LESS THAN 60 SECONDS

Quick Headache Relief Without Drugs Howard D. Kurland, 1978 **Alternative Medicines** J. Warren

Salmon, 2022-08-12 Originally published in 1984 and now reissued with a new Preface this was the first systematic and evaluative investigation of the holistic health movement the first to put its contribution and limitations in both historical and current perspectives The book answers two essential questions how do alternative medicines challenge the tenets of conventional scientific medicine and could a synthesis of these alternative medicines and scientific medicine lead to a reformulation of conceptions of healing A historical survey of medical care up to the use of scientific medicine in the 19th and 20th Centuries is followed by chapters on different traditions of alternative medicine homeopathy chiropractic non medical and spiritual healing oriental medicine and self care Each considers the historical roots and development of the particular alternative medicine describes its principles and how they relate to mainstream medicine The concluding chapter considers social policy implications and political issues *Acupressure* R. P. Gupta, 2004-06 Acupressure Is A Step Towards The Body Fitness And To Develop Resistance Against Body Stress Strain And Sickness **Sleep Psychiatry** Alexander Golbin, Howard Kravitz, Louis G. Keith, 2004-10-19 Sleep medicine is a growing field As is often the case in any rapidly expanding field the literature has become abundant and often controversial At the same time specialized textbooks manuals periodicals and papers are not easily accessible and are difficult to interpret for the practical needs of general practitioners psychiatrists and ot **Ebony** , 1981-10 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine Medical Dollar\$ and Life-Saving Sense Howard D. Kurland, MD, DLFAPA, 2013-12 A medical travelogue for patient enlightenment about obtaining economical quality medical care There is concise disclosure of essential evaluations that are often omitted in basic examinations There is instructive case material highlighting available medical revelations that enable the restoration of health and happiness

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






















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





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