

Anorexia nerviosa

Características:

- Trastorno alimentario que se caracteriza por inanición (extrema debilidad física provocada por la falta de alimento) y pérdida excesiva de peso.
- Miedo intenso a aumentar de peso.
- Con el fin de evitar la subida de peso se restringe la comida, se hace actividad física excesiva o se realizan purgas recurrentes.

Causas:

- Rasgos de personalidad
- Patrones de pensamiento
- Factores biológicos
- Factores ambientales
- Sentimientos de insuficiencia
- baja autoestima
- Autoexigencia
- Ansiedad

Tratamiento:

- Terapia
- Trabajo con la familia
- Acompañamiento de un nutricionista
- Medicación
- Suplementos para resolver las deficiencias nutricionales.
- Tratamiento hospitalario

Riesgo Y Causas De La Anorexia Nerviosa

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Riesgo Y Causas De La Anorexia Nerviosa Introduction

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