

# **Refinding The Object And Reclaiming The Self**

**Robin E. Connors** 

#### **Refinding The Object And Reclaiming The Self:**

Refinding the Object and Reclaiming the Self David E. Scharff,1992 Written to address recent discussions of George Orwell's novel Nineteen Eighty Four this impressive collection of interpretive writing debates the work's value as a portent for our future and guestions much of the second guessing that has taken place about how Orwell might have responded to events he did not live to see Essays included in the work were prepared by scholars from a broad range of disciplines intellectual historians literary critics experts on communication psychologists students of popular culture sociologists linguists and classicists to generate fresh new perspectives on Orwell and the Orwellian myth Included among the essays is one of the first Soviet critiques of Nineteen Eighty Four to appear in English translation the piece was previously published in the Russian literary magazine Novy Mir in 1989 Several essays discuss the novel's literary artistry its popular and modernist appeal as well as the ways in which Orwell made use of psychoanalytic techniques The Revised Orwell contains a lively selection of scholarly writing that reveals Orwell to be a controversial politically idiosyncratic writer but one well within the mainstream of British cultural history These works are solidly researched and fully developed they will make lasting contributions to Orwell studies The Legacy of Fairbairn and Sutherland Jill Savege Scharff, David E. Scharff, 2005-10-26 In this book international contributors re examine Fairbairn and Sutherlands concepts in the light of current clinical experience illuminate their concepts with contemporary psychoanalytic theories and apply them in **Self-Hatred in Psychoanalysis** Jill Savege Scharff, Stanley A. Tsigounis, 2014-02-04 The persecutory psychotherapy object is the element of the personality which attacks your confidence productivity and acceptance to the point of no return Persecuted patients torture themselves hurt their loved ones and torment their therapists In this book the authors deal with the tenacity of the persecutory object integrating object relations and Kleinian theories in a way of working with persecutory states of mind This is vividly illustrated in a variety of situations including individual couple and group therapy serious paediatric illness working with persecutory aspects of family business It is argued that the persecutory object can be contained modified and in many cases detoxified by the process of skilful intensive psychotherapy and psychoanalysis Self Hatred in Psychoanalysis will be invaluable to a variety of practitioners including psychoanalysts psychotherapists social workers psychiatrists and mental health counsellors The Use of the Object in Psychoanalysis David E. Scharff, 2019-06-28 Using Winnicott's classic paper as its starting point this fascinating collection explores a range of clinical and theoretical psychoanalytic perspectives around relating to the object Each author approaches the topic from a different angle switching among the patient s use of others in their internal and external lives their use of their therapist and the therapist s own use of their patients The use of objects is susceptible to wide interpretation and elaboration it is both a normal phenomenon and a marker for certain personal difficulties or even psychopathologies seen in clinical practice While it is normal for people to relate to others through the lens of their internal objects in ways that give added meaning to aspects of their lives it becomes

problematic when people live as if devoid of a self and instead live almost exclusively through the others who form their internal worlds often leading them to feel that they cannot be happy until and unless others change Assessing the significance of objects among adult and child patients groups and the group as object and exploring Freud's own use of objects The Use of the Object in Psychoanalysis will be of significant interest both to experienced psychoanalysts and psychotherapists and to trainees exploring important theoretical questions The Well of Being David Kennedy, 2012-02-01 In this wide ranging work David Kennedy undertakes a philosophically grounded analysis of the history of childhood the history of adulthood and their interrelationship Using themes and perspectives from the history of childhood mythology psychoanalysis art literature philosophy and education the author locates the experience of childhood across all stages of the human life cycle and thereby weighs its transformative potential for human culture He offers a nuanced approach to child study that raises issues about how adults see children and how children see themselves which could lead to a qualitatively different system of teacher preparation a system that views the child as participant rather than object in the structure of social reproduction This sweeping review of conceptions of and approaches to childhood yields a profound vision of what schooling should be like The Relational Origins of Prejudice Ron B. Aviram, 2008-12-16 Prejudice occurs between large groups and is experienced by members of those groups Within the individual these large group identifications are integrated into a dimension of the self concept called collective identity. When collective identity is salient people tend to perceive themselves and others as large group members rather than as individuals At those times there is less differentiation between the self and the large group We can say that the person is overidentified with the large group Prejudice is an outcome of this overidentification Our effort to understand the problem of prejudice requires that we examine both intrapsychic and environmental factors that may lead to an overidentification In particular a relational perspective directs our attention to the relationship between the individual and the large groups that make up his or her collective identity This is called an ingroup as opposed to outgroups not part of one s collective identity From this perspective prejudice can be understood to be an aberration between the person and the ingroup in which an overidentification occurs rather than a problem between the person and an outgroup How this occurs developmentally intrapsychically and environmentally and affects individuals is the subject of the book Throughout the book Aviram integrates empirical work from social psychology with theoretical and clinical examples from psychoanalysis in order to show the potential overlap of concepts used in both disciplines Handbook of Family Therapy Thomas L. Sexton, Jay Lebow, 2015-12-07 Integrative research based multisystemic these words reflect not only the state of family therapy but the nature of this comprehensive handbook as well The contributors all well recognized names who have contributed extensively to the field accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy practice and research Each individual chapter contribution is organized around a central theme

that the integration of theory clinical wisdom and practical and meaningful research produce the best understanding of couple and family relationships and the best treatment options The handbook contains five parts Part I describes the history of the field and its current core theoretical constructs Part II analyzes the theories that form the foundation of couple and family therapy chosen because they best represent the broad range of schools of practice in the field Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative evidence based and clinically responsive Part IV summarizes evidence and provides useful findings relevant for research and practice Part V looks at the application of couple and family interventions that are based on emerging clinical needs such as divorce and working in medical settings Handbook of Family Therapy illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible Practitioners researchers and students need to have this handbook on their shelves both to help look back on our past and to usher in the next evolution in family therapy The Primer of Object Relations Jill Savege Scharff, David E. Scharff, 2005-05-03 In their groundbreaking A Primer of Object Relations Jill Savege Scharff and David E Scharff answered readers questions about this burgeoning field in remarkably clear and readable prose It is difficult to imagine any other team of authors who could provide such a comprehensive survey of the broad applications of object relations theory and in the second edition of this authoritative work the Scharffs draw from their years of clinical experience to create an inclusive and up to date manual for object relations theory that is certain to become a classic in the Relational Family Therapy Christian Gostečnik, 2017-01-06 Relational Family Therapy introduces a cutting edge field family and couple therapy model that synthesizes relational theories and integrates object relations theory with interpersonal psychoanalysis and self psychology The model holds that individuals deal with conflicts rooted in the frustrated and threatening environment they grew up in by later forming intimate relationships that are comparable to the core experiences from their primary family systems The book outlines the three levels of experience systemic interpersonal and intrapsychic and provide concrete ways for the therapist to address client problems and promote affect regulation Chapters include transcripts of actual family therapy sessions as well as genograms so readers can see the model in action **Object Relations Theory and Practice** David E. Scharff, 1996 Object relations theory has caused a fundamental reorientation of psychodynamic thought In Object Relations Theory and Practice Dr David E Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected excerpts from seminal theorists as well as explanations of their thinking and clinical experience He offers readers an unparalleled resource for understanding object relations psychotherapy and theory and applying it to the practice of psychotherapy and psychoanalysis The book s sequence establishes the centrality of relationships in this theory the internalization of experience with parents splitting projective identification the role of the relationship between mother and young child in development and transference and countertransference in the therapeutic action of psychoanalysis and psychotherapy This book will introduce students to the

basics to the widening scope of object relations theory and to its application to psychoanalysis and individual group and Couple and Family Psychoanalysis Volume 1 Number 1 Molly Ludlam, 2011-03-31 Couple and family psychotherapy Family Psychoanalysis is an international journal sponsored by Tavistock Relationships which aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective It seeks to provide a forum for disseminating current ideas and research and for developing clinical practice. The annual subscription provides two issues a year Articles Couple Psychoanalysis and Couple Therapy Context and Challenge by Christopher Clulow Time Limited Couple Psychotherapy Treatment of Choice or an Imposition by Viveka Nyberg The Concept of the Link in Psychoanalytic Therapy by David E Scharff Bion and the Couple by Judith Pickering Reflections on the Container Contained Model in Couple Psychoanalytic Psychotherapy by Barbara Bianchini and Laura Dallanegra A Psychoanalytic Family Therapy Programme for Dysfunctional Family Groups Where Juveniles Are at Risk A Challenge for Care and Illustration of Treatment Through Family Therapy by Isabel Laudo and Ant nia Llair Living in Two Languages A Bilingual Couple Therapist's Experience of Working in the Mother Tongue by Nora Tsatsas and David Hewison The Entangled Nature of Attachment and Sexuality in the Couple Relationship by Norma Caruso Self-Injury Robin E. Connors, 2008 In this perceptive work Dr Robin Connors offers helpful guidelines to clinicians that will improve their capacity to respond in a direct effective and respectful way to people who self injure Key to this work is understanding the function of self inflicted violence and its relationship to unresolved traumas and losses including the role of trauma in disrupting the formation of the self boundary Dr Connors identifies fundamental therapeutic tasks gives clear examples of interventions and offers concrete recommendations for interacting with patients about their self injury Intricate Engagements Steven A. Frankel, 2004 In this fine book Dr Steven A Frankel paints the portraits of his collaborating patients vividly graphically and with consummate compassion Treatment for Frankel is never a discussion and surely not one filled with the therapist's abstinence it is a vital interactive and changing experience for both partners He is no less skillful in engaging and educating the reader His review of psychoanalytic theories and research is in itself a prodigious and productive education It is tempting to suggest that this important contribution to psychoanalysis and psychoanalytic therapy is one illustration of theory finally catching up to sensitive and effective practice Frankel closes his lovely book with thanks to the reader for coming on this part of my journey Shirley Cooper LCSW Close Encounters Robert Winer, 1994 The traditional view of the therapeutic interaction fails to capture the heart of the process when it pictures the therapist as disinterested and distanced agent of change Growing interest in the helpful use of countertransference reflects a shift toward a two person view of treatment There has been surprisingly little effort however to explore systematically the full potential of such a model for making sense of the therapeutic process Emphasis on the relational aspect of treatment has too often been derisively equated with the idea that cure occurs through a sophisticated form of parental caring with the role of interpretation being essentially incidental The fear of being discredited in this way

has kept therapists from trying to conceptualize the ways in which a two person process in fact underlies the patient s and therapist's search for meaning Contrasts a One person and a Two person Analysis of an Initial Interview In Close Encounters Dr Robert Winer takes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points. He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrikes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustrkes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustries on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in

which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustrkes on this quest He begins by dramatizing the differences through contrasting a one person and a two person analysis of an initial interview Having demonstrated the problem he then reviews the ways in which both American and British authors have introduced relational considerations and shows how the intrapsychic and interpersonal views of man complement each other Throughout the book Dr Winer illustrates his reasoning with clinical accounts in which he offers a frank and vivid description of his own participation Marriage Can be Usefully Taken as a Metaphor for Therapy Dr Winer explores the two person view from a variety of vantage points He suggests that the implicit model of therapy as a parent child endeavor can be usefully revised by taking marriage as the metaphor From another perspective he suggests that the contemporary interest in narratives makes more sense when the storytelling is conceptualized as a two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustra two person endeavor Freud's account of his treatment of the Wolf Man is offered as a cautionary tale to illustrf the Wolf Man is offered as a cautionary tale to illustr The Interpersonal Unconscious David E. Scharff, Jill Savege Scharff, 2011-09-16 In The Interpersonal Unconscious the Scharffs explore the construction and expression of the unconscious in interpersonal interaction The authors draw from individual analysis conjoint psychotherapy with families and couples and from the use of group process in teaching They introduce chaos theory applied to dynamical systems and South American theories of the link and the analytic field now available in English Advances in development neuroscience ethology and attachment theory all contribute to their expanded view of the unconscious mind and its relationships In turn the Scharffs view of the interpersonal unconscious revises current views of development clinical theory and unconscious psychic organization. The unconscious is not individual as Freud thought It is fundamentally interpersonal at the same time that it feels intensely our own We live in an unconscious field Each of us contributes to it and each is structured and enriched by it We are social creatures not only in our behaviors and interactions but in the deepest recesses of our minds We can no longer conceive of the unconscious as an individual property according to Freud's original topographic and structural theories Even though the individual unconscious is unique paradoxically it is also shared in reciprocal interactions with intimate partners work groups and social groups In

this state of mutual influence our unconscious minds are constantly under construction across the life cycle Introduction to Child and Adolescent Psychoanalytic Psychotherapy Jill Savege Scharff, 2024-11-28 With contributions from Aidalida Altamirano Carl Bagnini Ana Maria Barroso Anabella Brostella Vali Maduro Elizabeth Palacios David Scharff Jill Savege Scharff Kate Scharff Caroline Sehon Lea Setton Yolanda Varela and Janine Wanlass An Introduction to Child and Adolescent Psychoanalytic Psychotherapy is for adult and child therapists who want to learn about treating children and adolescents from a psychoanalytic perspective It is a comprehensive introduction to provide adult psychoanalytic therapists with enough information and support to take up the challenge of beginning child and adolescent psychotherapy and to give CBT and sand play therapists access to a psychoanalytic perspective on work with young people It grew from lectures and discussions with therapists over the course of a two year training program covering theory and technique of assessment and therapy play ethics and work with parents The contributors show how to deal with the common symptom presentations how to establish a relationship deal with resistance engage in play and interpret unconscious conflict Included are clinical case conferences and consultations and North and Central American European and Chinese clinical examples provide global relevance This edited book is a group effort that presents a compendium of basic principles of practice and has a grounding in ethics and research child and adolescent development psychoanalytic theory of childhood wellness and psychopathology of childhood treatment technique and consulting in the community to schools agencies and family court This is a must read book for all professionals engaged in working with children and adolescents and for psychotherapists who would like to learn more about working with young people from a psychoanalytic perspective Fairbairn and Relational Theory Frederico Pereira, David E. Scharff, 2020-06-16 The richness of Fairbairn's work is demonstrated in a series of essays offering a unique exploration of the application of his concepts to diverse areas ranging from philosophy to psychopathology This volume opens with an examination of the origins and relevance of Fairbairn's ideas and subsequently turns to the application of his theory to the study of depression hysteria and to the field of liason psychiatry Fairbairn's ideas are further applied to the study of dreams and aesthetics in two original essays The book concludes with a delineation of the future of his contribution to contemporary theories of object relations and to the emergence of a new psychoanalytic paradigm Couple Attachments Molly Ludlam, Viveka Nyberg, 2018-03-26 The couple relationship is at the centre of this book The complex nature of the couple attachment is emphasized drawing both on psychoanalytic concepts and on attachment theory. The chapters aim to integrate theory with practice and can be seen both separately and together as offering new insights into the intricate web of psychic fantasies shared unconscious anxieties and external realities that shape the attachment between the couple The book is divided into four sections The first focuses on ways in which the couple identity is shaped perceived and presented It does this through looking at how images of the couple are formed by the couple itself the therapist the artist the writer and society at large The following section explores the impact of some of the developmental challenges that couples may encounter as

part of family life such as dealing with adolescent children the childless older couple and managing sibling relationships

Dimensions of Psychotherapy, Dimensions of Experience

Michael Stadter, David E. Scharff, 2005-09-16 How do the
fundamental elements of experience impact on the practice of psychotherapy Dimensions of Psychotherapy Dimensions of
Experience explores the three basic elements of psychotherapy time space and number summarising theory setting it in
context and bringing concepts to life with clinical illustrations Michael Stadter and David Scharff bring together
contributions describing how each of these elements as well as their simple and direct manifestations in the physical world
also combine to form the psychological dimensions of symbolic reality both in the inner world and in the transactional world
They also reveal how in encounters between patient and therapist the combination of inner worlds form a new uniquely
psychological fourth dimension that saturates the activity and experience of the other three elements This book aims to
increase our understanding of the action of the three dimensions of psychotherapy by looking at the elements that constitute
the setting and process in which clinicians engage every day The contributors all of whom are experienced psychotherapists
and psychoanalysts connect their thinking on the dimensions to clinical practice by illustrating their ideas with case material
and examining their impact on general treatment issues This book will be useful to practicing psychotherapists and
psychoanalysts and students of psychoanalysis and philosophy

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