



Nutrition Facts

1 serving per container

Serving size 1/4 cup (40g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 1g

Sodium 10mg

Total Carb 10g

Fiber 1g

Nutrition And You With Readings

**Cynthia Greenleaf,Ruth
Schoenbach,Linda Friedrich,Lynn
Murphy,Nika Hogan**

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