

# NCLEX HACK

## SPINAL CORD INJURY



Damage to the spinal cord due to trauma that results in nerve damage.

### QUICK FACTS



Quadriplegia



Hemiplegia



Paraplegia



### Complete vs. Incomplete

*Complete: total loss of sensory + motor function below site of injury*

*Incomplete: partial loss of sensory + motor function below site of injury*

**B** Bowel/Bladder Incontinence

**L** Limited ROM

**A** Altered LOC

**M** Motor + Sensation Loss

**E** Extreme Pain



Symptoms: **BLAME**



**BREATHING IMPAIRED  
AT THIS LEVEL**

**Cervical: C1-C7**

Paralysis below neck

**Thoracic: T1-T12**

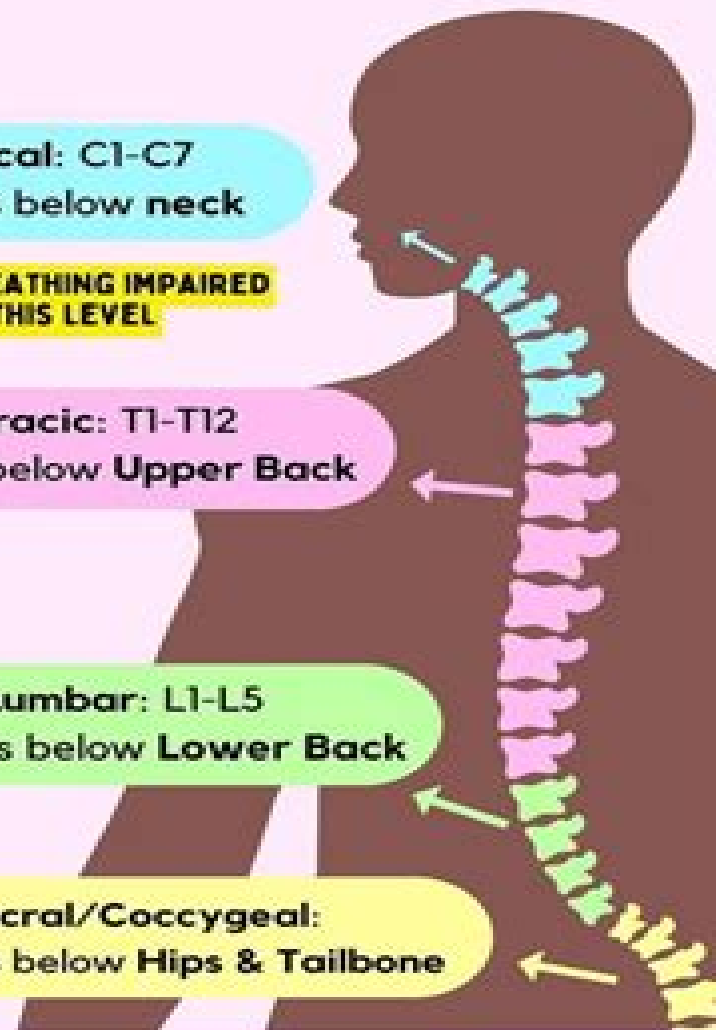
Paralysis below Upper Back

**Lumbar: L1-L5**

Paralysis below Lower Back

**Sacral/Coccygeal:**

Paralysis below Hips & Tailbone



# Nursing Spinal Cord Injuries

**Annelies Wilder-Smith**



## **Nursing Spinal Cord Injuries:**

**Nursing Spinal Cord Injuries** Nalzina M. Woll, 1986 This useful reference composed of articles written by trained spinal cord injury nurse practitioners offers valuable insights and practical information on the rehabilitation period and its critical aspects. The contributors address such issues as the prevention and treatment of pressure areas, the spasticity of limbs and medical conditions such as metabolic upsets, respiratory and urinary disorders, sexual dysfunctions and disturbances of the autonomic nervous system, complications commonly associated with spinal cord injuries. The book deals with the incidence, epidemiology, etiology and pathophysiology of each problem discussed. Therapeutic plans, management regimens and educational programs are discussed in detail with specific attention paid to psychosocial ramifications. Also provided is information on the common conditions that threaten the rapid, successful recovery of the average spinal cord injured patient. As both reference and teaching tool, this volume will prove indispensable to victims and their families as well as to medical professionals.

*Spinal Cord Injury* Carolyn E. Carlson, 1987 This practical guidebook, the first spinal cord injury manual geared directly to the rehabilitation nurse, addresses problems that arise every day in rehabilitation nursing and provides an abundance of charts, checklists and useful appendixes to help answer tough questions.

Standards of Spinal Cord Injury Nursing Practice American Association of Spinal Cord Injury Nurses, 1998\* Nursing Practice Related to Spinal Cord Injury and Disorders Linda Love, 2001 This comprehensive guide to the practice of SCI nursing and authoritative resource for all nurses in the field was developed under the auspices of the Eastern Paralyzed Veterans Association (EPVA) in collaboration with the American Association of Spinal Cord Injury Nurses (AASCIN), the only nursing organization devoted exclusively to promoting excellence in meeting the nursing care needs of individuals with SCI. It was designed to meet the needs of nurses with varying years of experience in the specialty, working in a variety of roles and practice settings. The organizing framework for this Core Curriculum comprises six sections: Background Information for Nursing Practice Related to Spinal Cord Impairment; SCI provides background information for SCI nursing practice, including the philosophy, goals and process of SCI nursing practice; diversity in nursing practice roles and settings; cultural issues and collaboration in teams; Foundation for Nursing Practice Related to SCI provides the practicing nurse with a foundation including brief presentations of anatomy and physiology of the spine and spinal cord and overview of the consequences of SCI, including special issues related to pediatric SCI care; Guidelines are provided for comprehensive neurologic assessment; Functional Alterations: Physical Domain addresses the myriad physical functional alterations that occur with SCI because improving function and promoting independence are primary goals of rehabilitation. These functional alterations are organized around body systems; Functional Alterations: Personal Domain continues the focus on functional alterations but emphasizes the psychological/psychosocial domain rather than the physical domain. Topics include sexuality and reproduction, body image, family stress and coping and activity and exercise; Trajectory of SCI Nursing Care provides a trajectory of nursing

care throughout the care continuum realizing that rehabilitation is an ongoing process which begins at the onset of impairment and extends throughout the entire episode of SCI and across the life span Beginning with prevention of the initial injury this section also includes trauma care critical care acute rehabilitation caregiver training and support community reintegration and independent living the prevention and management of secondary disabilities and issues related to aging with a disability Shaping SCI Nursing Practice addresses topics that shape professional practice of nurses in this specialty field including improvement and outcome evaluation and research priorities Spinal Cord Injury Nursing Education ,1983

Standards and Educational Guidelines for Spinal Cord Injury Nursing Care United States. Veterans Administration. Nursing Service,1976 **Spinal Cord Injury Nursing** ,1985 **Spinal Cord Injuries Therapy and Rehabilitation** Charlotte Kenton,1980 SCI Nursing ,1992 **Nursing Management of Spinal Cord Injuries** National Paraplegia Foundation,1975\* *Spinal Cord Injury* Marcia Hanak,Anne Scott (B.S.N.),1993 This concise volume offers a practical description of spinal cord injury and its rehabilitation **Management of Spinal Cord Injury** Cynthia Perry Zejdlik,1983-01-01 **Standards of Spinal Cord Injury Nursing Practice** ,1998 *Nurses' Guide to Cancer Care* Constance S. Kirkpatrick,1986 Bringing together her extensive clinical experience and information from authoritative sources Kirkpatrick offers nurses a complete up to date guide to the integrated practice of nursing for cancer patients She provides information on cancer epidemiology and the microbiology and physiology of the cancer process plus clear instructions on for example the clinical management of specific types of cancer and types of chemotherapy The broad background and detailed information on procedures will serve as a basis for comprehensive cancer nursing care at a primary provider or management level Appropriate as a text reference or study guide *Nurses Guide to Cancer Care* covers all the specific content required for the Oncology Nursing Certification examination Spinal Cord Injury ,1996 **Spinal Cord Injury** Kelly Johnson,American Association of Spinal Cord Injury Nurses,1987\* *Oversight of VA Hospital Programs in California* , 1974 United States. Congress. Senate. Committee on Veterans' Affairs. Subcommittee on Health and Hospitals,1974 **1996 Healthcare CAI Directory** Scott Alan Stewart,1996-05-01 Contains descriptions for 864 computer assisted instruction and reference programs for Medicine Nursing Allied Health Dentistry and other health professions Those dealing with Patient Education and Health Promotion can be found in a separate volume Veterans' Administration Hospital Funding and Personnel Needs United States. Congress. House. Veterans' Affairs Committee,1970 **Veterans' Administration Hospital Funding and Personnel Needs** United States. Congress. House. Committee on Veterans' Affairs. Subcommittee on Hospitals,1970

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## **Nursing Spinal Cord Injuries Introduction**

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