# Nursing Care Plan - 1" Diagnosis

Client Initials: K.M.

Age: 52

Diagnosis: COPD exacerbation/PNA

Nursing Diagnosis Assessment	Plan Gools/Outcomes	Interventions Nursing Orders	Rationale	Evaluation This has to be filled out with observed outcomes or anticipated outcomes.
<ul> <li>Ineffective airway clearance r/t increased production of secretions aeb cough with sputum production</li> </ul>	Goal: Prevent and control current exacerbation.	Provide an incentive spirometer for the measurement of airflow obstruction.	<ul> <li>Forced spirometry is the most reproducible and objective measurement of airflow obstruction.</li> </ul>	<ul> <li>Goal not met: Patient refused to participate in teaching of spirometry and stated they were tired.</li> </ul>
	The patient will maintain airway patency with breath sounds clear by day 3 of admissions.	Encourage     abdominal or     pursed lip     breathing     exercises.	This provides the client with some means to cope with or control dyspnea and reduce air trapping. Breathing exercises are complex and diverse. They have been reported to effectively improve the strength and endurance or respiratory muscles.	<ul> <li>Goal not met: Patient refused to participate in teaching of pursed lip breathing exercises. If implemented patient would have less air trapping and improved oxygenation.</li> </ul>
	The patient will demonstrate behaviors to improve airway clearance by end of teaching	Demonstrate     effective coughing     and deep- breathing     techniques.	Explosive or uncontrolled coughing causes airways to collapse and spasm, trapping the mucous.	<ul> <li>Goal met: Patient taught how to cough effectively to bring up secretions.</li> </ul>
	session.	Suction secretions as needed.	Suctioning clear secretions that obstruct the airway, therefore improves oxygenation.	<ul> <li>Goal not met: Patient refused suction. If implemented, patient would have improved oxygenation and better airway clearance.</li> </ul>

# **Nursing Care Of Adults**

**LM Reder** 

## **Nursing Care Of Adults:**

Essentials of Nursing Barbara Kuhn Timby, Nancy Ellen Smith, 2005 This readable and user friendly textbook presents the most essential material from Barbara Kuhn Timby s market leading textbook Introductory Medical Surgical Nursing Eighth Edition Essentials of Nursing contains essential medical surgical content and also includes two units on maternity nursing and pediatric nursing More than 250 full color illustrations complement the text Essentials of Nursing offers LPN LVN students an easy to digest overview of medical surgical nursing and is an excellent supplement to Timby's Fundamental Nursing Skills and Concepts Nursing Care of Older Adults Meridean Maas, 2001 Here is the first geriatric nursing book to incorporate standardized nursing diagnoses NANDA nursing sensitive out comes NOC and nursing interventions NIC systems that are rapidly becoming universal standards Readers will learn why the use and documentation of nurse s decisions and actions using these standardized languages is essential in the development of evidence based practice and to influence health policy decisions affecting older adults Nursing Care of Adults J. Smith, 1995-12-11 From the well established Advanced Nursing Series Nursing Care of Adults brings together knowledge based contributions written by international authorities from the field of nursing practice Supported by many literature sources the twelve chapters consider the challenges that will confront nurses working in an ever changing health care system The book focuses on an extensive range of situations and issues concerning adult nursing including health promotion care at home ethical problems responsibility to the patient and the role of the nurse in improving quality of care Nursing Care of Older Adults Carol A. Miller, 1990 **Introductory** Nursing Care of Adults Adrianne Dill Linton, Mary Ann Matteson, Nancy K. Maebius, 2000-01-01 **Introductory Nursing** Care of Adults Adrianne Dill Linton, 1999-12-07 Introductory Nursing Care of Adults Adrianne Dill Linton, Mary Ann Matteson, Nancy K. Maebius, 2000 This popular text comprehensively explores the nursing care of people whose disorders require medical surgical or psychiatric management Special emphasis is given to elderly care in acute long term and home health care settings and to the role of the LPN LVN outside of the acute care setting **Introductory Nursing Care of Adults** Adrianne D. Linton, Mary A. Matteson, Nancy K. Maebius, 1995 **Nursing Care of the Older Adult** Mildred O. Nursing Care of Older Adults: Diagnosis, Interventions and Outcomes Ross Barbosa, 2023-09-26 Nursing Hogstel, 1981 includes the collaborative and independent care of people and involves preventing illness supporting good health and caring for the disabled sick or dying people The purpose of nursing care of older adults is intended to assist medical professionals in identifying signs and symptoms assisting in diagnosis and choosing relevant outcomes to monitor and evaluate the older adult s status Nursing interventions are steps taken by the nurse to help the patient reach their goals and achieve the desired outcomes Some of the examples of nursing interventions include monitoring the body vitals periodically administering medications educating the patient and assessing the patient's pain levels. This book contains a detailed explanation of the diagnosis interventions and outcomes associated with nursing care of older adults It presents researches and studies

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