

ORIGINAL ARTICLE



Barriers and facilitators to implementation of cognitive adaptation training in long-term inpatient facilities for people diagnosed with severe mental illness: A nursing perspective

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Accessible Summary

What is known on the subject?

- To date, the majority of the research regarding innovative psychosocial interventions in psychiatry focuses upon the development and effectiveness of the interventions. Despite the fact that these are important clinical and scientific contributions, only a small percentage of the evidence-based interventions reach clinical practice.
- Cognitive Adaptation Training (CAT) is an effective psychosocial intervention to increase daily functioning and cognitive functioning in people diagnosed with severe mental illness (SMI) in inpatient and outpatient psychiatric care.
- Despite knowledge on the intervention's effectiveness, systematic use of CAT in the daily routine of mental health nurses is insufficient.

What the paper adds to existing knowledge?

- To date, no research is available that describes the factors associated to the implementation of CAT from a nursing perspective.
- This research also adds to the literature on rehabilitation in people diagnosed with SMI in an inpatient setting.
- The results contribute to the science of implementing interventions in long-term psychiatric care and may help future interventions in their implementation process.

What are the implications for practice?

- This study highlights that multiple factors need to be considered when implementing an intervention in routine care and that it is a complicated process.
- Future implementation initiatives require ongoing training and supervision of CAT specialists, appointment of local champions to increase commitment among nursing staff and inclusion and commitment of management to overcome organizational barriers.

This study is registered at the Netherlands Trial Register (identifier: NTR6006). Date registered: 12 February 2012.

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Nursing Perspective On Severe Mental Illness

PT Brinkman



Nursing Perspective On Severe Mental Illness:

Unveiling the Magic of Words: A Report on "**Nursing Perspective On Severe Mental Illness**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Nursing Perspective On Severe Mental Illness**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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