

Childhood Trauma

An event that a child finds overwhelmingly distressing or emotionally painful, often resulting in lasting mental and physical effects.

LONG-TERM IMPACTS:

Affects perception of reality



Takes away sense of safety



Wires brain to expect danger

Increases stress hormones flowing through the body



Triggers fight, fright or freeze response



Creates a sense of helplessness



Creates relationship problems

Results in serious behaviour problems



“The initial trauma of a young child may go underground but it will return to haunt us”
James Garbarino

PREFRONTAL CORTEX (PFC)

“Thinking Centre”

Underactivated

Difficulties concentrating & learning.

A traumatised brain is
“bottom heavy”

ANTERIOR CINGULATE CORTEX (ACC)

“Emotion Regulation Centre”

Underactivated

Difficulties with managing emotions.

AMYGDALA
“Fear Centre”

Overactivated

Difficulty feeling safe, calming down, sleeping

Complex Trauma: a result of repetitive, prolonged trauma



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2x

more likely to develop
DEPRESSION

3x

more likely to develop
ANXIETY DISORDERS

Common causes:



Child abuse (physical, emotional, sexual)

Grief



Witness/victim of violence



War/Terrorism



Neglect

Medical trauma



Substance misuse



Mental illness



Bullying in school

Separation from loved ones



Long Term Childhood Illness

Lyndsey Hookway



Long Term Childhood Illness:

Long-term Childhood Illness Harry A. Sultz, 1972 Chronic Childhood Illness Gilman D. Grave, 1976 Contains the proceedings of three separate conferences held in 1973 and 1974 Long-term Childhood Illness, 1975 **Why Childhood Illness Matters** Lyndsey Hookway, 2023-12-07 Childhood illness affects thousands of families every year and can have a profound impact on everyone connected with a child including their parents siblings extended family and community In *Why Childhood Illness Matters* paediatric nurse and researcher Lyndsey Hookway explores the experience of having a sick child explaining the effects on families and how they can best be supported by those around them She examines how illness affects both a child and their family's quality of life psychological wellbeing and relationships as well as a child's education opportunities sleep and play She also explores how the effects of acute chronic and palliative illness can be understood and managed to improve outcomes for children and their families **The Psychology of Childhood Illness** Christine Eiser, 2012-12-06 The pattern of childhood illness has changed significantly during this century Many frightening conditions such as polio and tuberculosis have essentially been eradicated Other conditions that were once fatal have now achieved the status of chronic disorders for example leukemia cancer and cystic fibrosis Technological advances which have resulted in the medical treatment of these conditions have however created a gamut of psychological problems for the children and their families Recognition of these problems has lagged behind other advances in pediatric medicine The emergence of a specialist area of pediatric psychology Wright 1975 has largely been responsible for the mushrooming of research in the area In much early work the emphasis was on the impact of chronic illness on children and their families Reactions at times of greatest trauma especially diagnosis or death were particularly well documented Issues relating to day to day aspects of child care involving questions of discipline or protectiveness have received much less attention As far as the sick child is concerned there has been much investigation of academic and intellectual development as well as of personality changes that might accompany illness Nursing Care of the Child with Long-term Illness Shirley Steele, 1977 Rethinking Experiences Of Childhood Cancer: A Multidisciplinary Approach To Chronic Childhood Illness Dixon-Woods, Mary, Young, Bridget, Heney, David, 2005-06-01 Written by a sociologist psychologist and practising paediatric oncologist this book offers a fresh theoretical approach to the experience of childhood cancer The book also discusses the impact on parents and other family members when a child is diagnosed with cancer *Health Promotion of the Child with Long-term Illness* Shirley Steele, 1983 Child Health Psychology Julie Turner-Cobb, 2013-12-06 Winner of the British Psychological Society Book Award 2017 Textbook category A long overdue prioritisation of child and adolescent health psychology Taking an interdisciplinary stance to a textbook can be a difficult task However despite introducing a variety of concepts this text is very accessible and a joy to read A use of both old and new case studies and examples helps to chart the progress in the field an excellent book for health psychology modules and postgraduate teaching *The Psychologist* This book is well evidenced has a sound theoretical and

scientific basis and at the same time is insightful and readable reflecting the author's enthusiasm for the topic. It will stimulate the reader to find out more about this fascinating area. Vivien Swanson University of Stirling Engagingly written in a style that draws the reader in it covers all the bases and provides an excellent introduction to the area. Paul D Bennett Swansea University Child Health Psychology A Biopsychosocial Perspective is the first sole authored textbook dedicated to the topic of health psychology as it applies to children and adolescents drawing on research from several related disciplines including psychoneuroimmunology and developmental psychobiology. With an overarching biopsychosocial lifespan perspective Turner Cobb examines the effects of early life experience on health outcomes as well as covering the experience of acute and chronic illness during childhood. Lots of helpful aids are provided per chapter including key learning objectives, textboxes putting spotlights on key pieces of research, lists of key concepts to revise, useful websites and further reading suggestions. With a perspective designed to both inform and to challenge this stimulating textbook will introduce you to the central relevance and many applications of child health psychology. It will be of interest to final year undergraduate and postgraduate students in health and clinical psychology as well as to students in health sciences, nursing and childhood studies.

School Health, Nutrition and Education for All Matthew C. H. Jukes, Lesley J. Drake, Donald A. P. Bundy, 2008. This book contains 7 chapters. The following topics are discussed: case for school health and nutrition, challenges for child health and nutrition, infectious diseases and nutritional deficiencies, health, nutrition and access to education, long term effects of preschool health and nutrition on educational achievement, health, nutrition and educational achievement of school age children, costs and benefits of school health and nutrition interventions and school health and nutrition programmes.

Maternal & Child Health Nursing JoAnne Silbert-Flagg, 2022-02-22. A respected authority updated for today's changing healthcare environment. Maternal Child Health Nursing 9th Edition equips students for success by presenting maternal, newborn and child healthcare not as two separate disciplines but as a continuum of knowledge. This extensively revised 9th Edition integrates a nursing process framework, an approachable organization, the latest evidence based research and engaging learning aids to ensure a mastery of essential concepts and cultivate the skills for successful nursing practice.

Promoting Adherence to Medical Treatment in Chronic Childhood Illness Dennis Drotar, 2000-08. This interdisciplinary edited volume addresses critical gaps in scientific understanding of adherence compliance to treatment regimens in chronic health conditions for children. Ados *A Textbook of Children's and Young People's Nursing - E-Book* Edward Alan Glasper, James Richardson, Duncan Randall, 2021-03-19. This innovative textbook provides a concise and accessible guide for undergraduate students specializing in children and young people's nursing in the UK and further afield. Each chapter has been fully updated to reflect current knowledge and practice. The wide range of topics covered includes all the essentials such as contemporary child health policy and legal issues, knowledge and skills for practice and caring for children with special needs. Students will learn how to recognize the deteriorating child, use procedural play and distraction and consider

the mental health of children and young people A Textbook of Children s and Young People s Nursing is written by multidisciplinary experts rooted in child centred healthcare within a family context and draws upon best contemporary practice It is an invaluable resource that will help nursing students provide effective evidence based care Key points summary boxes and clearly defined aims objectives and learning outcomes to support learning Conversation boxes to enliven the text Patient scenarios to relate theory to practice New chapters on skin health and the use of therapeutic play Suggestions for seminar discussion topics to help teachers Resource lists and online resources for further study or research Online slides to complement chapters within book *Respiratory Disorders Sourcebook, 5th Ed.* James Chambers,2019-09-01 Provides basic consumer health information about prevention symptoms diagnosis and treatment of respiratory disorders along with tips for coping with chronic lung disease Includes index glossary of related terms and other resources *Maternal & Child Health Nursing* Adele Pillitteri,2010 Growing research shows that many children from immigrant and refugee families are not doing well in school due in part to linguistic and cultural disadvantages Teaching dual language learners requires cultural sensitivity an understanding of language acquisition and intentional teaching strategies Combining research and techniques this resource helps early childhood educators support dual language learners as they develop the skills necessary for school readiness and success **Genetic and Acquired Disorders** Paul C. McCabe,Steven R. Shaw,2010-02-23 Covers genetic chromosomal and metabolic disorders prenatal exposure to alcohol and antidepressants and such problems as asthma food allergies diabetes and grief and bereavement These are some of the issues increasingly faced by school personnel every day Each topic is treated in the same authoritative accessible style found throughout the three volumes of this set John E Desrochers Editor Communicate School Psychologist Westport Public Schools CT The educator s go to reference for helping students with genetic and acquired disorders Educators today are sure to encounter students with needs related to genetic and acquired disorders Based on the most current research this volume outlines issues affecting children who are born with or acquire a medical disorder or disease Written for school psychologists counselors administrators and teachers this easy to understand resource covers advances in health care and Topics related to chromosomal genetic and metabolic disorders such as phenylketonuria the genetics of autism the biology of shyness and families of children with genetic disorders Acquired disorders including prenatal exposure to alcohol and antidepressants celiac disease maternal post partum depression and behavior problems asthma food allergies and diabetes Coping with loss in schools including the changing role of schools and the role of educators in dealing with grief and bereavement Featuring case studies strategies for educators discussion questions glossaries and handouts Genetic and Acquired Disorders provides valuable information to practitioners involved in providing differentiated instruction and educational accommodations collaborating with families working with the community or influencing policy **Maternal and Child Health Nursing** Adele Pillitteri,2013-11-25 Adele Pillitteri aims to ensure that today s students have a technical understanding without losing

the importance of compassion in their role as a nurse The text presents pediatrics and maternity as a continuum of knowledge taking a holistic approach and viewing maternity and pediatric content as a family event The text links theory closely with application that helps students gain a deeper understanding of content and be better prepared to practice in their careers Provided by publisher *The Acupuncturist's Guide to Conventional Medicine, Second Edition* Clare Stephenson, 2017-04-21 Now in its second edition this comparative textbook provides everything students and practitioners of complementary medicine need to know about conventional medicine It covers the physiological systems of the body and the conventional approach to diagnosis and treatment enabling good relationships with conventionally trained practitioners

National Library of Medicine Current Catalog National Library of Medicine (U.S.), 1972 First multi year cumulation covers six years 1965 70 **Primary Care of the Child With a Chronic Condition E-Book** Patricia Jackson Allen, Judith A. Vessey, Naomi Schapiro, 2009-06-25 Written by nurse practitioners for nurse practitioners this one of a kind resource provides the expert guidance you need to provide comprehensive primary care to children with special needs and their families It addresses specific conditions that require alterations in standard primary care and offers practical advice on managing the major issues common to children with chronic conditions A consistent format makes it easy to locate essential information on each condition Plus valuable resources help you manage the issues and gaps in health care coverage that may hinder quality care This is the only book authored by Nurse Practitioners that focuses on managing the primary health care needs of children with chronic conditions More than 60 expert contributors provide the most current information available on specific conditions Comprehensive summary boxes at the end of all chronic conditions chapters provide at a glance access to key information Resource lists at the end of each chronic condition chapter direct you to helpful websites national organizations and additional sources of information that you can share with parents and families Updated references ensure you have access to the most current evidence based coverage of the latest research findings and management protocols Four new chapters Celiac Disease Eating Disorders Muscular Dystrophy and Obesity keep you up to date with the latest developments in treating these conditions Autism content is updated with the latest research on autism spectrum disorders including current methods of evaluation identification and management Coverage of systems of care features new information on how to help families obtain high quality and cost effective coordinated services within our complex health care system Easy to find boxes in the chronic conditions chapters summarize important information on treatment associated problems clinical manifestations and differential diagnosis

The Enigmatic Realm of **Long Term Childhood Illness**: Unleashing the Language is Inner Magic

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