

# Ridiculous Dietary Allowance

An open challenge  
to the RDA for vitamin C

Dr Steve Hickey  
&  
Dr Hilary Roberts

# Ridiculous Dietary Allowance

**Judd E. Hollander**



**Ridiculous Dietary Allowance:**

## **Ridiculous Dietary Allowance** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Ridiculous Dietary Allowance**," compiled by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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