



REFLEXOLOGY

A gentle therapy for correcting and preventing ill health

JOËLLE PEETERS



Reflexology A Gentle Therapy For Correcting And Preventing Ill Health

G Thomas



Reflexology A Gentle Therapy For Correcting And Preventing Ill Health:

Reflexology Joelle Peeters,2000 **Reflexology: A Gently Therapy For Correcting And Preventing Ill Health** Joelle Peeters,2002 **Mosby's Textbook for Long-Term Care Assistants** Karen Scott,Margaret Webb,Clare Kostelnick,2018-05-15 Revised to align with CHC33015 Certificate III Individual Support Now meets requirements of CHC43015 Certificate IV Ageing Support Features 3 streams of carers aged care disability and home and community care Increased focus on disability and NDIS mental health and dementia An eBook included with print purchase **The Complete Illustrated Guide to Reflexology** Inge Dougans,1996 This volume introduces the art and science of reflexology describing the typical treatments and including many practical examples and case studies Reflexology is an alternative medicine involving the physical act of applying pressure to the feet hands or ears with specific thumb finger and hand techniques without the use of oil or lotion It is based on what reflexologists claim to be a system of zones and reflex areas that they say reflect an image of the body on the feet and hands with the premise that such work effects a physical change to the body Integrative Health Cyndie Koopsen,Caroline Young,2009-10-05 Integrative Health A Holistic Approach for Health Professionals serves as a comprehensive resource on integrative health modalities Perfect for both health care professionals and as a textbook for students this text explores the discipline of integrative health care as a person centered and person empowering approach to health care combining treatments from conventional medicine and clinically proven complementary and alternative medicine to address the body mind and spirit as well as the environment and relationships with others **The Spindle Hearth ~A Sourcebook for Goddess-Centered Living~** D. Kate Dooley,2006-05 Magic is practical the air you breathe the fire of your will your strong emotions all coming together into form This book is a window into methods used by one hearth keeper to enhance her own life and those of her kindred and family through the use of magic It s a homespun treasury of skills divination prayers meditations and rites that will enable you to build your inner fire for the practical purpose of making daily life better The exercises given within this book are centered on the energies of the Twelve Powers embodied by the Goddesses known as Handmaidens to Frigg Syn Fulla Gna Var Lofn Eir Sjofn Hlin Saga Gefjon Snotra and Vor twelve powers who give fire to the center to All Mother the Goddess of the Hearth Learn about daily rites needfire and ways to keep Frigg's sacred day and how to apply this knowledge to your own life from this sourcebook born of the need to engage the magic of All Mother **Reflexology** Joelle Peeters,2002 AN INTRODUCTION TO REFLEXOLOGY A GENTLE THERAPY FOR CORRECTING AND PREVENTING ILL HEALTH **Ageing, Healthy, and in Control** Steve Scrutton,1992 Reflexology Joelle Peeters,Parragon, Incorporated,2008 A gentle therapy for correcting and preventing ill health *Preventive Medicine* Time-Life Books,1997-02 Preventive Medicine simplifies the daily steps and decisions that can lead you to a happier healthier life and a true sense of well being **Complete Wellness** Neal's Yard Remedies,2018-09-18 Enjoy long lasting holistic health and prepare natural health remedies for common ailments with

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identifying the National Quality Forum Domains of Palliative Care and Basic and Advanced Palliative Care and Hospice Nursing Competencies Updated evidence based callouts that review the highest quality studies New Age Journal ,1997

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