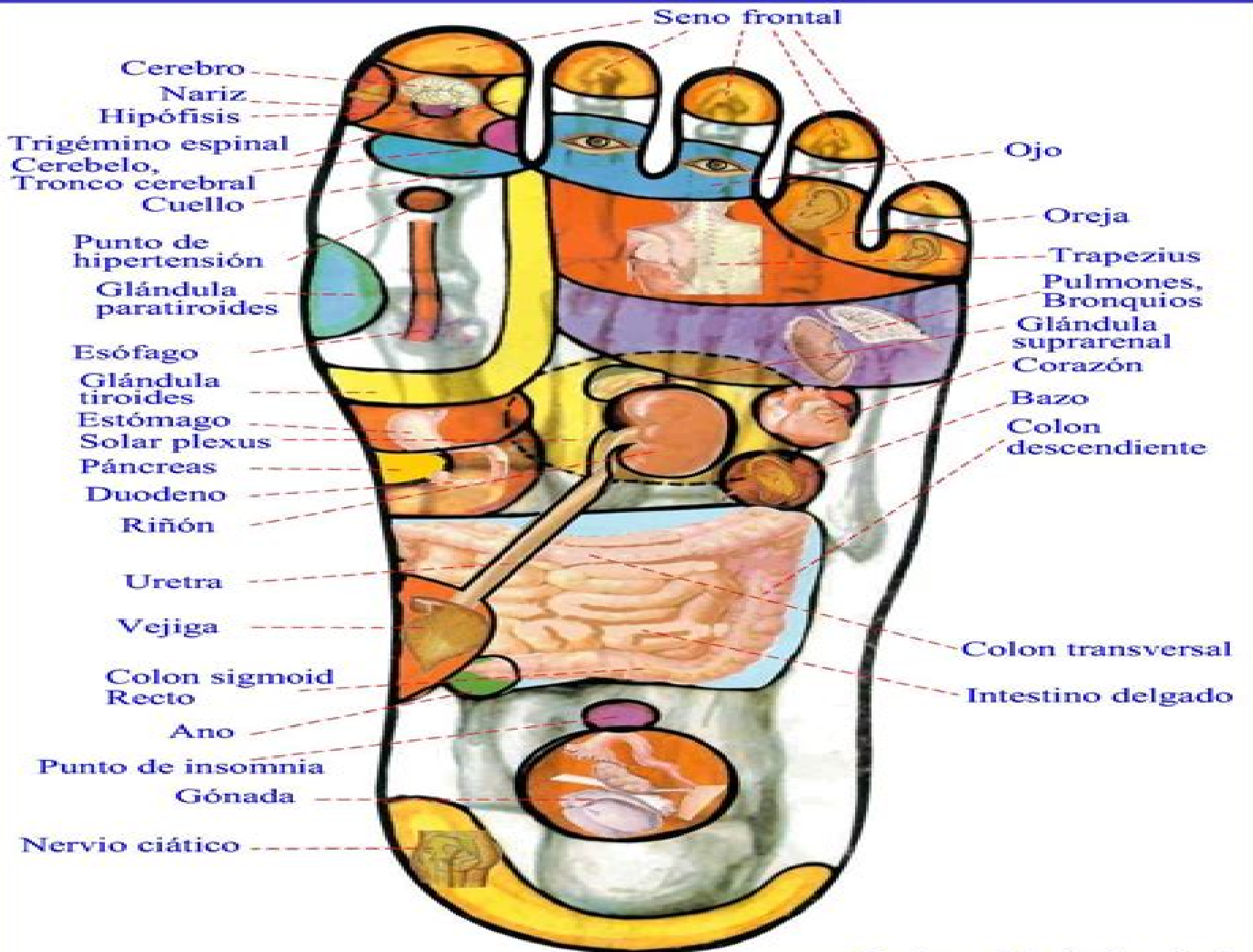




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Reflexologia Y Digitopunturahc2002

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Digitopuntura Y Reflexologia Para Dummies Synthia Andrews, **Reflexologia y Digitopuntura** Janet Wright, 2002-02 Las raíces de la reflexologia y de la digitopuntura se hallan en las antiguas civilizaciones egipcia hindu y china Ambas terapias son ramas de la ciencia de los puntos de presion Sus practicantes creen que trabajando sobre un punto concreto se estimula la energia por medio de su accion refleja en un musculo Crgano o viscera asociado a aquel y de este modo se potencia la circulacion Ademas de revisar su historia y de examinar su relevancia actual esta guia ilustrada aporta resultados de recientes estudios cientificos que demuestran la eficacia de las terapias basadas en el desplazamiento de energia Este libro ofrece un tratamiento completo de reflexologia y le aportara suficiente informacion sobre digitopuntura para tratar toda suerte de problemas cotidianos Ademas de las explicaciones con fotografias paso a paso Reflexologia y digitopuntura incluye una valiosa seleccion de remedios de autoayuda para aliviar las dolencias comunes *Digitopuntura* Fermín Cabal, 1979

Reflexología y digitopuntura, 2002 **Recupera la salud con reflexoterapia y digitopuntura** Eliseo Cejudo Pellicer, 2007 Reflexología (+DVD) Víctor Viñas, 2015-12 El masaje de las zonas reflejas del pie y manos es una terapia alternativa para el tratamiento de problemas de salud y afecciones cotidianas **Reflexología** Herminia Bevia, Isabel López, Tikal Ediciones, 2007-03-01 **Reflexología** Maurice P. Lachèret, 2004 *Recupera la salud* Eliseo Cejudo, 2019

Curso básico de reflexología del pie y de la mano Dalia Piazza, 2004 Reflexología podal Chris Stormer, 2019-05-24 La reflexologia es una forma de salud antigua y apacible que ha pasado de generacion en generacion por todo el mundo Utiliza las zonas reflejas localizadas en los pies para estimular las capacidades naturales del cuerpo de esta forma el cuerpo se cura a si mismo Es una forma muy efectiva tanto para mantenerse sano como para conseguir el alivio de los sintomas de malestar y enfermedad Esta 3a edicion ha sido corregida y ampliada Reflexologia podal proporciona una clara introduccion tanto desde el punto de vista teorico como desde la practica a esta fascinante terapia Las instrucciones paso a paso y el enorme conjunto de ilustraciones que acompaan el texto ofrecen a los que se inician en el tema la confianza y la informacion necesarias para trabajar de manera correcta Curso de reflexología del pie y de la mano Dalia Piazza, 1996-04-01 **Reflexoterapia** Adolfo Pérez Agustí, 1997 Curso de reflexología del pie y de la mano Dalia Piazza, Antonio Maglio, 1998-07

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Reflexologia y Acupresion Janet Wright, 2007-08-15 This completely illustrated guide to the concepts and practices of reflexology and acupressure includes information about historical as well as modern day uses Marabout guides contain instructions and information on a wide variety of subjects Each book is filled with advice that has been reviewed by experts and is written in a clear concise way sure to give quick access to common health related questions **Masaje terapéutico efectivo** Huang Zhenjun, 2022-09-07 Masaje terapeutico efectivo Reflexologia de manos y pies es un libro esencial para quien quiera introducirse en el mundo del masaje tradicional chino ejercido en los pies y en las manos Siguiendo los puntos de

acupresión la energía empleada se transmite a través de los meridianos y llegar a ejercer su función en el órgano objetivo del masaje. Con su sencillo lenguaje el principiante no tendrá problemas para entender cómo se efectúan los masajes recomendados. Gracias a una explicación detallada de dónde se transmite el efecto de la presión y su mecanismo el libro será también útil para el iniciado y el experto quienes reforzarán su conocimiento de la acupresión. En resumen estamos ante una importante obra que permitirá curarnos a nosotros mismos una gran cantidad de dolencias sin más requisitos que una presión en las manos o en los pies.

Reflexología de Pies y Manos Barbara Kunz, Kevin Kunz, 2011-01-27. Reflexología de Pies y Manos. Una guía de autoayuda para múltiples dolencias. Una forma revolucionaria de mejorar la relación con su cuerpo, reducir el estrés y sentirse mejor mediante la estimulación de los reflejos de los pies y las manos. Esta guía contiene toda la información reflexológica personal. Así Kevin y Barbara Kunz le proporcionan su enfoque único y efectivo para la salud y el bienestar. Mediante la reflexología le enseñan a liberar y canalizar la energía acumulada y a prevenir y corregir los problemas comunes de salud. En sus más de 2.000 instrucciones detalladas este libro incluye:

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- Por qué nos ayuda la reflexología.
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Curso de reflexología, 2008

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