Mechanism of RSD



A. Original injury initiates a pain impulse carried by sensory nerves to the central nervous system.

Sympathetic chain of nerves

Spinal Cord

B. The pain impulse in turn triggers an impulse in the triggers an impulse in the sympathetic nervous system which returns to the original site of injury.

Injury to arm and hand starts the cycle.

C. The sympathetic impulse triggers the inflammatory response causing the vessels to spasm leading to swelling and increased pain.

D. The pain triggers another response, establishing a cycle of pain and swelling.



Resulting condition with burning extremity pain, red mottling of the skin

Reflex Sympathetic Dystrophy

Anthony F. Kirkpatrick, Reflex
Sympathetic Dystrophy Syndrome
Association of America

Reflex Sympathetic Dystrophy:

The Enigmatic Realm of Reflex Sympathetic Dystrophy: Unleashing the Language is Inner Magic

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