

# Nutrition Assessment Criteria

| Information Gathering                                      | Body Composition Data          | Nutrient Intake / Dietary History                               | Laboratory Evaluation                                 | Psychosocial / Functional Status   |
|--|--------------------------------|---|---|--|
| Patient Interview  | Physical Exam for Fluid Status | Cultural or Religious Preferences                               | Nutritional Anemias i.e. Folate, Iron & B-12          | Ethical issues & the pt's right to autonomy                                    |
| Primary & Secondary Diagnosis. Look for fever & infection. | Examination of the skin        | The quality & quantity of meals - 24 -hour recall or food diary | Pre-albumin. Short ½ life.<br>N= 20-50 mg/dL          | Income, education & other socioeconomic conditions such as chemical dependency |
| Past medical & surgical history                            | Examine the oral cavity        | Food allergies, intolerances or Fad diets                       | Albumin. Long half life.<br>N= 3.5-5.0 g/dL           | Environment or displacement  |
| Medication Review-include OTC                              | Muscle definition              | Eating Out  | Cholesterol/triglycerides/ glucose                    | Caregiver(s)   |
| Drug/Nutrient interaction                                  | Wasting, Sarcopenia            | Inability to feed self  | Liver Function Tests                                  | Bedridden, suboptimal activity   |
| Congenital or genetic conditions                           | Drainage, losses               |   | Total Lymphocyte Count N= 1500 - 3000 mm <sup>2</sup> | Full capacity  |

# Nutritional Assessment

**Arturo Cuomo**



## **Nutritional Assessment:**

## Decoding **Nutritional Assessment**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Nutritional Assessment**," a mesmerizing literary creation penned by a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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