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Andrew S. Linick, Ph.D.

NUNCHAKU

Karate's Deadliest Fighting Sticks



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Rachel S Tattersall



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Approaches to Martial Arts Research, Vol. 1 John Donohue, Douglas Laurent B a, David Lowry B S, 2017-09-25 As soon as its first issue was published readers of the Journal of Asian Martial Arts knew that it was unique in providing reliable materials on the subject The journal brought a clearer perspective of Asian martial traditions It presented valuable details on the history theory and practice of various styles Of greater importance the journal set a standard for scholarly research to build the field This anthology conveniently assembles sixteen journal articles that contain useful academic tools for studying the combative arts Each chapter will prove special to all interested in the intellectual side to the martial arts What martial art do you wish to research Is it really a martial art Or is it a martially inspired art practiced only for health or for theatrical performance A number of chapters provide fine details for categorizing the variety of what we commonly refer to as martial arts While demonstrating the complexity of the martial arts as a field of study the authors provide insights and methods that actually clarify and facilitate any discussion of this fascinating subject Other chapters focus on the martial arts as living culture We learn about the physical side of these arts just as we learn about other aspects of culture except that often the martial arts being taught are from Asia It is extremely important to understand just how a foreign art enters and adapts to another culture minus much of its associated history and culture The social implications are enormous as shown in some of the chapters Anyone who practices an Asian martial art may be exposed to related cultural aspects such as Oriental philosophy and social customs These can have an effect on the practitioner s character When elements of different cultures are absorbed their embodiment can be seen in the individual s daily actions The question of violence is paramount in this potentially activity With proper instruction chances are better for a practitioner to experience a self transformation that improves character nurturing qualities such as patience and respect This anthology s table of contents hints the in depth material that fills nearly 300 pages This publication is for those who take researching martial traditions very seriously

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