

EN FORMA

LA

Prevenir, detectar y tratar las lesiones deportivas
según las técnicas médicas más modernas

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Incluye cuadros de síntomas
de las lesiones agudas y por sobrecarga

MEDICINA

LYLE J. MICHELI, M.D.
Ex presidente del American College of Sports Medicine
y **MARK JENKINS**

DEPORTIVA

Nueva Medicina Deportiva

**Thirumalaisamy P.
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