

A practical approach to promote reflective practice within nursing

COMMENT

Nurses are constantly being encouraged to be reflective practitioners. While many articles have been written on the subject there is little practical advice for nurses on how to reflect critically. Broad frameworks for reflection have been offered by theorists such as Benner and Wrubel (1989), Gibbs (1988), and Johns (2000). The Johns model identifies particular areas of reflective practice:

Abstract

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