

Powerboating A Womans Guide

Dana Rikimaru

Powerboating A Womans Guide:

Powerboating Sandy Lindsey, 2000 Part of the Ragged Mountain Press Woman's Guides series this book delivers an introduction to powerboating Addressing a range of issues that concern women it covers almost everything from getting started and driving the boat to reading weather and mastering the art of anchoring It also considers the details of effective A Woman's Guide to the Sailing Lifestyle Thomas Desrosiers, 2015-09-18 A chance sailing trip with a friend from work led me to wonder if I could learn to sail After all Im a woman and the sailing world seems to favor men I am not athletic I didnt grow up in a family where we learned about boating I would be starting late since I was in my thirties and I suffer from seasickness What I discovered over the next twenty five years is that I could indeed learn to be a competent sailor But I didnt expect to be an expert overnight Instead as a novice I layered on new knowledge slowly over time through experiential learning This book describes the process whereby this happened Using examples from trips along the coast of Maine New Hampshire and Massachusetts it reviews the essential knowledge needed to be a sailor as well as explanations about the parts of a sailboat major boat systems and tasks associated with maintaining a sailboat It also discusses some Zen like attitudes that lead to successful and fun sailing such as focusing the no blame rule and stripping down to the essentials Unlike some other sailing guides this book points out that sailing can be a lifestyle that includes many dimensions Its not just about getting a boat to sail Traveling by boat is a unique experience and visiting small coastal New England communities is an adventure Learning about history art ecology star constellations technology and birds are only a few of the kinds of activities that can be built into a rich and rewarding sailing experience. This book will be helpful for people who would like to learn to sail but who are intimidated by the process particularly women fledgling sailors just starting out and families with children Sailing: A Woman's Guide Doris Colgate, 1999-01-22 Doris Colgate knows what women want Well known as a sailing role model and a confident yet gentle teacher she writes with clarity on even the most complex sailing concepts as well as answering often asked questions on the safety comfort and social sides of sailing Sailing A Woman's Guide pulls it all together for the beginning sailor Finally an excellent book for women that both teaches and motivates Bravo Doris You ve opened up the sport Bernadette Peters editorial director Cruising World It took a person with her fingers on the pulse of women aspiring to sail to write this book and that person is clearly Doris Colgate Sailing A Woman's Guide is as much a source book as empowerment to women the world over desiring to become sailors Micca Leffingwell Hutchins editor of SailNet An excellent introduction to the sport of sailing It will undoubtedly encourage many women to try this challenging noncontact activity while enjoying the great outdoors Betsy Alison Four time Rolex Yachtswoman of the Year This new series is designed to teach outdoor skills to women in the way they learn Women of all ages describe how they overcame obstacles what they enjoyed most or just how they felt about undertaking a new activity extremely well done and appealing Library Dream Cruises Kim Kavin, 2007-10-12 Tips for Booking Trips on All Budgets from 1 000 to 1 000 Journal starred review

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