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Nutrition and Meal Planning in Child-Care Programs: A Practical Guide

Edelstein, Sari, Ph.D.

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Nutrition And Meal Planning In Child Care Programs

Albert A Gayle



Nutrition And Meal Planning In Child Care Programs:

Nutrition and Meal Planning in Child-care Programs Sari Edelstein,1992 This book was written to assist child care center managers in planning nutritious meals for children at centers or licensed home day care programs and is based on the daily food and serving recommendations of the U S Dept of Agriculture Includes nutritional requirements of infants and children sample menus for child care centers and a list of resource agencies

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