Scale Expectations

Reduce the workload slightly to make it appear easier or more attainable

Behavioral Momentum

Present and reward a few easy tasks before introducing a difficult demand

Compromise

Develop a plan that encourages everyone to meet in the middle.

Controlled Choices

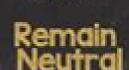
Allow the child to take part in the decisionmaking process by offering a limited menu of choices.

Positive Reinforcement

Reward the behaviors you want to see happening more often

Accept Approximations

Recognize any attempt to engage in the desired behavior.



Visual

Supports

Display the information

in a concrete format

using pictures or words

> Use a calm voice and phrase your request as a statement.

Disengage

Pause the discussion and let your child know that you will revisit the topic at a later date

First/Then Language

Provide access to reinforcement following a less-preferred activity

Power Struggle

BIRS

40 2000 Salvanova Delanapelora, And Salutore, LL

Offer to Help

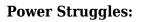
Divide the task and assign each person a role or job.

Reframe the Request

Put a positive or creative spin on the original demand.

Power Struggles

Jin-Ying Zhang



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