Nutrition for Foodservice & Culinary Professionals

FIFTH EDITION



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Math for the Professional Kitchen The Culinary Institute of America (CIA), Laura Dreesen, Michael Nothnagel, Susan Wysocki, 2013-07-29 Essential math concepts for professional chefs and culinary students Ideal for students and working professionals Math for the Professional Kitchen explains all the essential mathematical skills needed to run a successful profitable operation From scaling recipes and converting units of measure to costing ingredients and setting menu prices this book provides a thorough understanding of the crucial math concepts used in the restaurant and foodservice industry Written by three veteran math instructors from The Culinary Institute of America the book utilizes a teaching methodology based on daily in classroom practice The entirety of the standard culinary math curriculum is covered including conversions determining yields purchasing portioning and more Vital mathematical concepts are reinforced with easy to understand examples and review questions The book is accompanied by instructor support materials including an Instructor's Manual a Respondus test bank and PowerPoint lecture notes This is a thorough comprehensive main text for culinary students as well as a great kitchen reference for working professionals A good chef needs a firm grasp of basic math skills in order to cook well and achieve financial success and that makes Math for the Professional Kitchen the ultimate math resource for every kitchen and every culinary classroom Culinary Math Linda Blocker, Julia Hill, 2016-01-26 Written by two former instructors at The Culinary Institute of America the revised and updated Culinary Math 4th Edition is an indispensable math resource for foodservice professionals everywhere Covering topics such as calculating yield percent determining portion costs changing recipe yields and converting between metric and U S measures it offers a review of math basics easy to follow lessons detailed examples and newly revised practice problems in every chapter Used by culinary professionals and students

around the country this book presents proven step by step methods for understanding foodservice math and using it appropriately in the kitchen It is filled with examples and sample problems that connect math skills to real world situations. This edition of Culinary Math also includes more practice problems in each chapter to help readers develop and practice their problem solving skills

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