The NutriBase Guide to

Completely Revised and Updated

Fat S Cholesterol

Entries for more than 40,000 food products, including brand-name and generic foods, specialty foods, fast foods, and chain-restaurant foods.

Compare products accurately, with listings for:

- Fat content
- Saturated fat content
- Cholesterol
- Total calories
- Percentage of calories from fat



Nutribase Guide To Fat And Cholesterol In Your Food

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