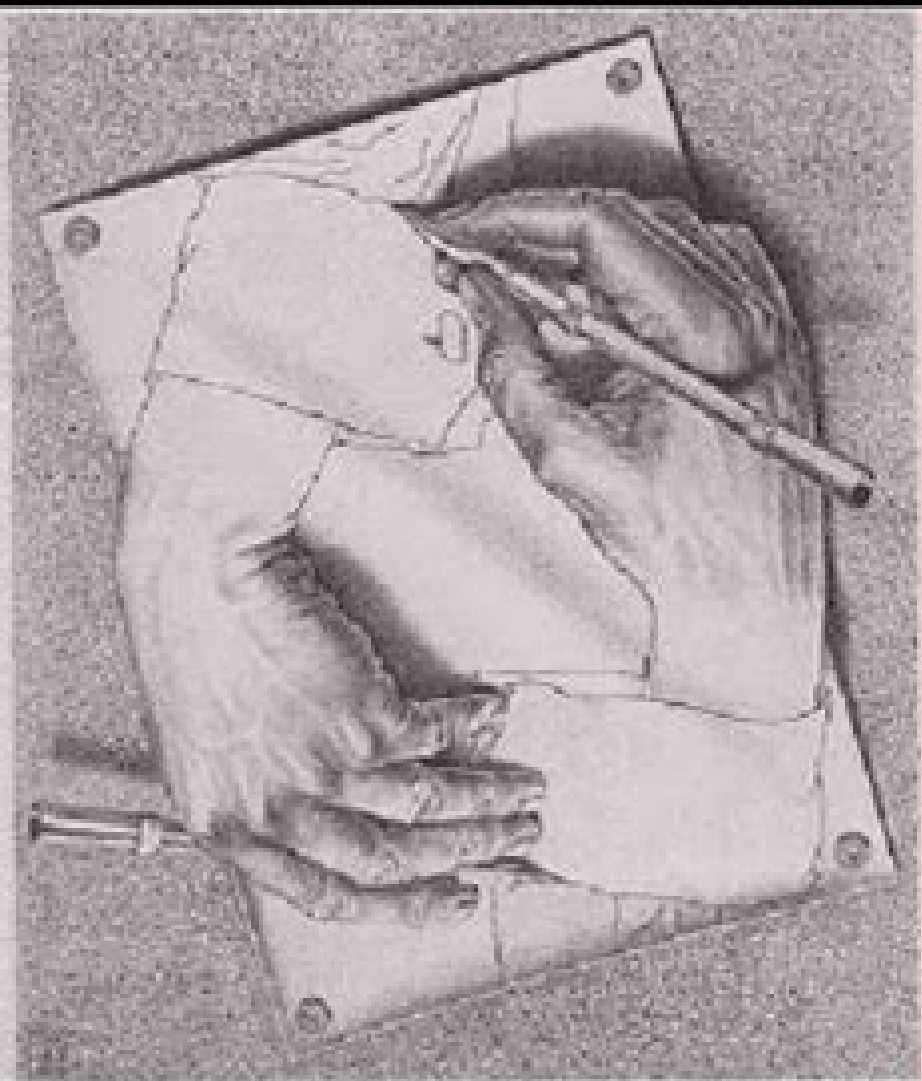




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Redefining Self-Help



Redefining Self Help

A Gutmann



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