

What is Severe Asthma?

SEVERE ASTHMA IS:

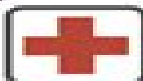
ASTHMA THAT REMAINS UNCONTROLLED...

- Persistent symptoms
- Frequent/serious attacks



...DESPITE TREATABLE FACTORS BEING ADDRESSED...

- Adherence
- Inhaler technique
- Self-monitoring
- Triggers
- Comorbidities



...AND MAXIMAL INHALED THERAPY TAKEN REGULARLY

- High-dose inhaled corticosteroids **AND**
- Long-acting beta agonist or a second controller



WHAT ARE THE SYMPTOMS?

Frequent severe symptoms and asthma attacks, including...



WHAT TO DO?

Recommend referral for systematic multidimensional assessment and management

HOW MANY PEOPLE HAVE SEVERE ASTHMA?

Based on international estimates, of people with asthma...

24%

of people with asthma receive high intensity treatment

17%

have difficult-to-treat asthma
(high intensity treatment with persistent symptoms)

3%
(up to 10%)

have severe asthma
(high intensity treatment with persistent symptoms, despite adherence & correct inhaler technique)

WHAT ARE THE EFFECTS

Severe asthma has a heavy burden on people's lives:

Emotional & psychological burden

Reduced physical activity

Increased co-morbidities

Relationship impacts

Increased costs (medications, healthcare & indirect)

Reduced employment & workplace performance

Hospitalisations

Deaths



Severe Asthma

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