



Thank
You

for the birthday wishes!

My Of Thanks

Abdul Maruf Asif Aziz



My Of Thanks:

.... *My Thanks to You !* Jack Coppard.,2015-04-02 When starting this story some three years ago I was never sure whether I had the ability or the stomach to awaken all of my past memories but Im glad that I did I am also conscious of the fact that the written word is a very powerful tool and with this in mind I have stuck to the truth however painful at times but equally uplifting and amusing I have tried not to become judge and jury and have been mindful of the fact that most of the people I have written about are dead and therefore unable to defend themselves or give themselves a pat on the back These memories have been written as seen through my eyes only and are as correct as my memory recalls luckily Ive been blessed with a very good memory For those who have followed my story from its start you will recall that my Mother died during the early years of World War Two and that I had always felt that the full details of her passing contained a degree of mystery The family always seemed to keep me in the dark and when the cause of death was revealed to me I understood why *Thank God My Regiment an African One* Clare P. Weaver,2000-03-01 Incredible Anyone interested in the hardship frustration and courage of soldiers at war will be enthralled by this book James G Hollandsworth author of *The Louisiana Native Guards* Until now Union army colonel Nathan W Daniels has been a forgotten man with a forgotten regiment The white commanding officer of the 2nd Louisiana Native Guard Volunteers a black regiment he was removed with his men from mainland military activity and confined to obscure duty on Ship Island ten miles off the coast of Mississippi However as Daniels intriguing diary documents despite an unrenowned existence that has earned them little attention from historians the 2nd Native Guards represent a pioneering stage in the history of black troops at war The story of the Louisiana Native Guards is essentially the story of the first black commissioned officers in the Civil War Ordered by General Benjamin F Butler the promotion of seventy six educated free blacks was an experimental step taken during the early days of black enlistment However within one year nearly all the officers including their white colonels were forced out or had resigned in frustration Daniels lived the tale of these removals and confided his thoughts to his diary a rare surviving narrative from someone of his rank and position Woven through daily entries of routine life on the military post are his comments about his responsibilities and frustrations of being caught between the black and white military worlds of the day He vividly recalls a fierce skirmish on the mainland at East Pascagoula Mississippi in which his black troops having fought superbly suffered most of their casualties from apparently intentional friendly fire from the Union gunboat Jackson sent there to protect them In May 1863 Daniels was arrested in New Orleans on seemingly trifling charges related to his duty on Ship Island He continued his diary in the Federally occupied city giving fascinating details of life there and chronicling his slow torture in the machinery of the military bureaucracy He eventually separated from the army under circumstances that remain curious The diary also provides never before published pictures from wartime Ship Island including photographs of members of Daniels regiment visiting ship captains and Major Francis E Dumas the highest ranking black officer to see combat during the war A superb resource in and

of themselves these photographs will fascinate Civil War enthusiasts The first published personal narrative by a regimental commander of free black troops Thank God My Regiment an African One offers a unique glimpse into the daily lives of white leaders of the earliest black soldiers It is a significant contribution to the ongoing documentation of the experience of black troops in the Civil War

Working Backstage Christin Essin,2021-09-20 Places backstage workers in the spotlight to acknowledge their essential roles in creating Broadway magic

Neuro-linguistic Programming For Dummies Romilla Ready,Kate Burton,2015-09-14 Turn thoughts into positive action with neuro linguistic programming Neuro linguistic programming NLP has taken the psychology world by storm So much more than just another quick fix or a run of the mill self help technique NLP shows real people how to evaluate the ways in which they think strategise manage their emotional state and view the world This then enables them to positively change the way they set and achieve goals build relationships with others communicate and enhance their overall life skills Sounds great right But where do you begin Thankfully that s where this friendly and accessible guide comes in Free of intimidating jargon and packed with lots of easy to follow guidance which you can put in to use straight away Neuro linguistic Programming For Dummies provides the essential building blocks of NLP and shows you how to get to grips with this powerful self help technique Highlighting key NLP topics it helps you recognize and leverage your psychological perspective in a positive fashion to build self confidence communicate effectively and make life changing decisions with confidence and ease Includes updated information on the latest advances in neuroscience Covers mindfulness coaching social media and NLP in the digital world Helps you understand the power of communication Shows you how to make change easier If you re new to this widely known and heralded personal growth technique either as a practitioner or homegrown student Neuro linguistic Programming For Dummies covers everything you need to benefit from all it has to offer

Turning and Turning Judith February,2018-08-01 South Africans often are deeply polarised in our perspectives of the present and the past Our ways of seeing are fraught with division and we fail to understand the complexities when we do not see what lies beneath the surface There is no denying that the Jacob Zuma presidency took a significant toll on South Africa exacerbating tensions and exposing the deep fractures that already exist in our society along the lines of race class and even ethnicity The Zuma years were marked by cases of corruption and state capture unprecedented in their brazenness and increased social protests many of which were accompanied by violence aggressive public discourse lack of respect for reason and an often disturbing resistance to meaningful engagement Importantly those years also placed enormous pressure on our democratic institutions many of which still bear the scars and challenged the sovereignty of the Constitution itself As an analyst and governance specialist at the Institute for Democracy in South Africa IDASA for twelve years February has had a unique perch Turning and turning is a snapshot of her IDASA years and the issues tackled which included work on the arms deal and its corrosive impact on democratic institutions IDASA s party funding campaign which February helped lead as well as work on accountability and transparency Combining analytical

insight with personal observations and experience February highlights the complex process of building a strong democratic society and the difficulties of living in a constitutional democracy marked by soaring levels of inequality There is a need to reflect on and learn from the country s democratic journey if citizens are to shape our democracy effectively and to fulfill the promise of the Constitution for all South Africans

A New English Dictionary on Historical Principles Sir James Augustus Henry Murray,1919

Neuropeptide Receptors as Treatment Targets in Alcohol Use Disorders Abdul Maruf Asif Aziz,2017-08-21

Alcohol use disorder AUD is a complex disorder with multiple pathophysiological processes contributing to the initiation progression and development of the disease state AUD is a chronic relapsing disease with escalation of alcohol intake over time in repeated cycles of tolerance abstinence and relapse and hence it is very difficult to treat There are only a few currently available treatments with narrow efficacy and variable patient response Thus it is important to find new more effective medications to increase the number of patients who can benefit from pharmacological treatment of AUD The research presented in this thesis work focuses on the critical involvement of central neuropeptides in alcohol related behaviors The overall aim was to evaluate the nociceptin orphanin FQ NOP receptor the neuropeptide Y NPY Y2 receptor and the melanin concentrating hormone MCH receptor 1 as novel and potential pharmacological treatment targets for AUD by testing the NOP receptor agonist SR 8993 the NPY Y2 receptor antagonist CYM 9840 and the MCH1 receptor antagonist GW803430 in established animal models In the first study Paper I the novel and selective NOP agonist SR 8993 was assessed in rat models of motivation to obtain alcohol and relapse to alcohol seeking behavior using the operant self administration SA paradigm Firstly treatment with SR 8993 1 mg kg showed a mildly anxiolytic effect and reversed acute alcohol withdrawal induced hangover anxiety in the elevated plus maze EPM Next it potently attenuated alcohol SA and motivation to obtain alcohol in the progressive ratio responding PRR and reduced both alcohol cue induced and yohimbine stress induced reinstatement of alcohol seeking without affecting the pharmacology and metabolism of alcohol nor other control behaviors To extend these findings SR 8993 was evaluated in escalated alcohol intake in rats Treatment with SR 8993 significantly suppressed alcohol intake and preference in rats that were trained to consume high amounts of alcohol in the two bottle free choice intermittent access IA paradigm SR 8993 also blocked operant SA of alcohol in rats that showed robust escalation in operant alcohol SA following chronic IA exposure to alcohol In the second study Paper II SR 8993 was further evaluated in a model for escalated alcohol intake induced by long term IA exposure to alcohol The effect of previous experience on operant alcohol SA on two bottle free choice preference drinking was evaluated and sensitivity to treatment with SR 8993 was tested in rats selected for escalated and non escalated alcohol seeking behavior We found that rats exposed to the combined SA IA paradigm showed greater sensitivity to SR 8993 treatment In addition acute escalation of alcohol SA after a three week period of abstinence was completely abolished by pretreatment with SR 8993 In the third study Paper III the effects of the novel small molecule NPY Y2 antagonist CYM 9840 were tested in operant alcohol SA PRR which is a model for motivation to

work for alcohol and reinstatement of alcohol seeking behavior Treatment with CYM 9840 10 mg/kg potentially attenuated alcohol SA progressive ratio responding and stress induced reinstatement using yohimbine as the stressor while alcohol cue induced reinstatement was unaffected Moreover a range of control behaviors including taste sensitivity locomotor and pharmacological sensitivity to the sedative effects of alcohol remained unaffected by CYM 9840 pretreatment indicating that its effects are specific to the rewarding and motivational aspects of alcohol intake and related behaviors CYM 9840 also reversed acute alcohol withdrawal induced hangover anxiety measured in the EPM and reduced alcohol intake in the 4 hour limited access two bottle free choice preference drinking model Finally in the fourth study Paper IV the selective MCH1 R antagonist GW803430 was tested in rat models of escalated alcohol intake Pretreatment with GW803430 effective at 10-30 mg/kg dose dependently reduced alcohol and food intake in rats that consumed high amounts of alcohol during IA while it only decreased food intake in rats that consumed low amounts of alcohol during IA likely due to a floor effect Upon protracted abstinence following IA GW803430 significantly reduced operant alcohol SA and this was associated with adaptations in MCH and MCH1 R gene expression In contrast GW803430 did not affect escalated alcohol SA induced by chronic alcohol vapor exposure and this was accompanied by no change in MCH or MCH1 R gene expression Overall these results suggest that the MCH1 R antagonist affects alcohol intake through regulation of both motivation for caloric intake and the rewarding properties of alcohol In conclusion our results suggest critical roles for these central neuropeptides in the regulation of anxiety and of alcohol reward making them potential pharmacological targets in the treatment of AUD

Becoming Somebody in Teacher Education Kari Kragh Blume Dahl, 2021-03-01 *Becoming Somebody in Teacher Education* explores the realities of contemporary teacher education in Kenya Based on a long term ethnographic fieldwork it views the teacher training institution as a space to grow become and be shaped as teachers in complex moral worlds Drawing on a rich conceptual and theoretical vocabulary the book shows how students in these teacher education institutions constantly negotiate and confront the complex constructions of ethnicity gender and class as well as moral religious and academic issues and a lack of resources encountered in the different institutional cultures It outlines a complex array of concerns affecting student teachers that shape what professional becoming means in a stratified and diverse culture This story of the process of growing up and becoming a professional teacher in an African setting will appeal to researchers academics and students in the fields of teacher education organizational studies international education and development social anthropology and ethnography

Managing Stress Brian Luke Seaward, 2006 This is a comprehensive approach to honouring the integration balance and harmony of mind body spirit and emotions This holistic approach guides readers to greater levels of mental emotional and physical well being

Transport to Destiny Paulette M. Withington, 2002-12-19 Thirty one year old Carol Stivers is tiring of the rat race of modeling and wants to settle down A rush hour fender bender forces Carol Stivers and Jack Reynolds the president of Future Span World Developers to cross paths When she helps him reach his

important meeting on time he shows how grateful he really is One of Jacks enemies plots revenge and a near death experience shows Jack a guardian angel Could Carol be the angel he needs to get through the life threatening challenges ahead A tropical escape could answer their questions And a seven day cruise is their ticket to drama and romance as they uncover answers that will unlock their future *Epistemic Stance in English Conversation* Elise Kärkkäinen,2003-12-19 This book is the first corpus based description of epistemic stance in conversational American English It argues for epistemic stance as a pragmatic rather than semantic notion showing commitment to the status of information is an emergent interactive activity rooted in the interaction between conversational co participants The first major part of the book establishes the highly regular and routinized nature of such stance marking in the data The second part offers a micro analysis of I think the prototypical stance marker in its sequential and activity contexts Adopting the methodology of conversation analysis and paying serious attention to the manifold prosodic cues attendant in the speakers utterances the study offers novel situated interpretations of I think The author also argues for intonation units as a unit of social interaction and makes observations about the grammaticization patterns of the most frequent epistemic markers notably the status of I think as a discourse marker Scientific American ,1860 Monthly magazine devoted to topics of general scientific interest

My Lion's Heart Gareth Patterson,2014-09-15 Environmentalist independent researcher and author Gareth Patterson has spent his entire adult life working tirelessly for the greater protection of African wildlife and more particularly for that of the lion Born in England in 1963 Gareth grew up in Nigeria and Malawi From an early age he knew where his life s path would take him it would be in Africa and his life s work would be for the cause of the African wilderness and its wild inhabitants His is an all encompassing African story From his childhood in West and East Africa to his study of a threatened lion population in a private reserve in Botswana to his work with George Adamson celebrated as the Lion Man of Africa we witness Gareth s growing commitment to his life s mission This is nowhere more evident than in his account of his life as a human member of a lion pride experiencing life and death through its eyes as he successfully rehabilitated three famous orphaned lion cubs back into a life in the wilds At considerable risk to his own personal safety he exposed the sordid canned lion industry in South Africa bringing this shameful practice to international attention After moving to the Western Cape he took up the fight for the African elephant notably the unique endangered Knysna population and published his astonishing findings in his 2009 book *The Secret Elephants* Perhaps unsurprisingly given the stressful nature of his work Gareth suffered a massive physical and mental breakdown in his forties which he discusses here for the first time with an openness that underlines his courage Lesser men might have been broken but his lion s heart fought back and he ultimately overcame his illness Gareth Patterson s long awaited autobiography is a moving account of one man s single minded dedication to the preservation of Africa s wildlife It is also a stark reminder that if the human race does not want to lose Africa s priceless wild heritage there is no time to waste The lion is my totem animal and this is the story of my life in Africa for the lion **The**

Church Lads' Brigade in the Great War Jean Morris, 2015-09-30 It is estimated that around 50 000 Brigade Lads served in the First World War during which many honors and distinctions were awarded The Brigade contributed two Service Battalions of the King's Royal Rifle Corps whose members were comprised entirely of past and present members of the Church Lads Brigade These were known as Pals Battalions The story of the battalion centers around the experiences of eight men who served and some who died in the Battles of The Somme Arras and The Lys In the latter half of the nineteenth century influential Christians were worried about the poor spiritual and physical development of young people It was at that time that Brigade groups began to spring up all over the UK Walter Mallock Gee who was Secretary of the Junior Branch of the Church of England Temperance Society and a Volunteer Army Officer founded the Church Lads Brigade in 1891 By 1908 the membership of the brigade stood at about 70 000 in 1 300 companies When the Call to Arms came from Field Marshal Horatio Herbert Kitchener in 1914 thousands of Britain's youth flocked to join the armed forces Members of the Church Lads Brigade joined up in their droves at recruiting stations all over Great Britain Two Battalions were formed entirely from serving and ex members of the Church Lads Brigade The 16th Service Battalion and later the 19th Service Battalion both sponsored by the Church Lads Brigade became known as The Churchmen's Battalion In 1914 no one could have imagined the horrendous stories that would unfold from the bloody massacre at so many notorious battles across Belgium and the fields of Flanders Ypres Passchendaele Somme Arras Lys and the brutal decimation of the battalion during the hell of the fighting at High Wood No one could have imagined the discomfort and disease brought on by living in a trench full of water for days on end or over the top through acres of knee high mud More than 24 of the Church Lads Brigade were awarded a Victoria Cross for their bravery but by 1918 many of those gallant young Lads would not return home This is their story The Author and the Publishers acknowledge that some material in this title has been taken from the website www.1914-1918.net without permission or acknowledgement and are grateful to the copyright holder Chris Baker for granting this permission retrospectively

Eccentric Spaces, Hidden Histories David Bialock, 2007-02-01 After The Tale of Genji c 1000 the greatest work of classical Japanese literature is the historical narrative The Tale of the Heike 13th 14th centuries In addition to opening up fresh perspectives on the Heike narratives this study also draws attention to a range of problems centered on the interrelationship between narrative ritual space and Japan's changing views of China as they bear on depictions of the emperor's authority warriors and marginal population going all the way back to the Nara period By situating the Heike in this long temporal framework the author sheds light on a hidden history of royal authority that was entangled in Daoist and yin yang ideas in the Nara period practices centered on defilement in the Heian period and Buddhist doctrines pertaining to original enlightenment in the medieval period all of which resurface and combine in Heike's narrative world In introducing for the first time the full range of Heike narrative to students and scholars of Japanese literature the author argues that we must also reexamine our understanding of the literature ritual and culture of the Heian and Nara periods

Vocative

Constructions in the Language of Shakespeare Beatrix Busse, 2006-11-08 This study investigates the functions meanings and varieties of forms of address in Shakespeare's dramatic work New categories of Shakespearean vocatives are developed and the grammar of vocatives is investigated in above and below the clause following morpho syntactic semantic lexicographical pragmatic social and contextual criteria Going beyond the conventional paradigm of power and solidarity and with recourse to Shakespearean drama as both text and performance the study sees vocatives as foregrounded experiential interpersonal and textual markers Shakespeare's vocatives construe both quantitatively and qualitatively habitus and identity They illustrate relationships or messages They reflect Early Modern Shakespearean and intra or inter textual contexts Theoretically and methodologically the study is interdisciplinary It draws on approaches from historical pragmatics stylistics Hallidayean grammar corpus linguistics cognitive linguistics socio historical linguistics sociology and theatre semiotics This study contributes thus not only to Shakespeare studies but also to literary linguistics and literary criticism *Congressional Record* United States. Congress, 1962 *Get Beach Slapped* Lisa Morgan, 2015-02-19 Go on the ride of your life as the hilarious Lisa Morgan talks to you about anything and everything under the sun She teaches you life lessons that she has learned from almost everyone who are near and dear to her her husband her mother her father her grandmothers and even her missing aunt and she provides you with in your face realizations about life love friendship sense of self laughter relationships faith karma and keeping it real She takes her own everyday experiences some good some not so good and some really bad and relates them to useful advices that we can all use one time or another in our lives Lisa holds nothing back as she writes with a passion about things and subjects that interest her and she isn't afraid to show what her true opinions are on certain issues Partnered with her witty quips and laugh out loud one liners peppered throughout the pages this book will make you smile laugh cry and nod your head in agreement *The Accountability of Armed Groups under Human Rights Law* Katharine Fortin, Foreword by Andrew Clapham, 2017-08-11 Today the majority of the armed conflicts around the world are fought between States and armed groups rather than between States This changed conflict landscape creates an imperative to clarify the obligations of armed groups under international law While it is generally accepted that armed groups are bound by international humanitarian law the question of whether they are also bound by human rights law is controversial This book brings significant new understanding to the question of whether and when armed groups might be bound by human rights law Its conclusions will benefit international law academics legal practitioners and political scientists and anthropologists working on issues related to rebel governance and civil wars This book addresses the debate on this topic by employing a theoretical historical and comparative analysis that spans international humanitarian law international criminal law and international human rights law Embedding these different perspectives in public international law this book brings several key points of clarification to the legal framework Firstly the book draws upon social science literature on armed conflict to present a new viewpoint on the role that human rights law plays vis vis international humanitarian law in non

international armed conflicts Secondly the book sheds light on the circumstances in which armed groups acquire obligations under human rights law It brings illumination to these topics by combining historical and comparative research on belligerency insurgency and international humanitarian law with a theoretical analysis of legal personality under international law In the final part of the book the author tests the four most utilised theories of how armed groups are bound by human rights law examining whether armed groups can be bound by virtue of i treaty law ii control of territory iii international criminal law and iv customary international law In the book s conclusions the author presents final remarks that are designed to provide concrete guidance on how the issue of armed groups and human rights law can be dealt with more thoroughly in practice

Practical Software Estimation M. A. Parthasarathy, 2003-02-25 A clearly written book that is a useful primer for a very complicated set of topics Capers Jones Chief Scientist Emeritus Software Productivity Research LLC Practical Software Estimation brings together today s most valuable tips techniques and best practices for accurately estimating software project efforts costs and schedules Written by a leading expert in the field it addresses the full spectrum of real world challenges faced by those who must develop reliable estimates M A Parthasarathy draws on the immense experience of Infosys one of the world s largest and most respected providers of IT enabled business solutions to bring you the only book with detailed guidance on estimating insourced and outsourced software projects as well as projects that blend both approaches He demonstrates how to successfully utilize Function Point FP methods the industry s leading estimation model Then using real case studies he systematically identifies pitfalls that can lead to inaccurate estimates and offers proven solutions Coverage includes How to estimate all types of software projects including fresh development reengineering and maintenance How to incorporate the impact of core project elements on estimates scope environment experience and tools FP analysis from start to finish data and transaction functions general system characteristics and more FP methods for any platform or business function Innovative re estimation methods to track progress How to quote RFPs and prepare contracts fixed price time material and project execution lifecycle models Alternatives to FP Delphi COCOMO II and COSMIC FFP How to choose the right estimation tools Practical Software Estimation is the definitive reference for anyone who must estimate software projects accurately project and IT managers individual developers system designers architects executives consultants and outsourcers alike List of Figures List of Tables Foreword Preface Acknowledgments Chapter 1 Introduction Chapter 2 Role of Estimation in Software Projects Chapter 3 A Study of Function Point Analysis Chapter 4 Data Functions Chapter 5 Transactional Functions Chapter 6 General System Characteristics Chapter 7 Size Effort and Scheduling of Projects Chapter 8 Estimation Flavors Chapter 9 A Sense of Where You Are Chapter 10 Tips Tricks and Traps Chapter 11 Insourcing versus Outsourcing Chapter 12 Key Factors in Software Contracts Chapter 13 Project Estimation and Costing Chapter 14 Other Estimation Methods Chapter 15 Estimation Tools Chapter 16 Estimation Case Study Appendix A Reference Tables Transaction Function Counts Appendix B Reference Tables Data Function Points Bibliography Index

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My Of Thanks Introduction

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