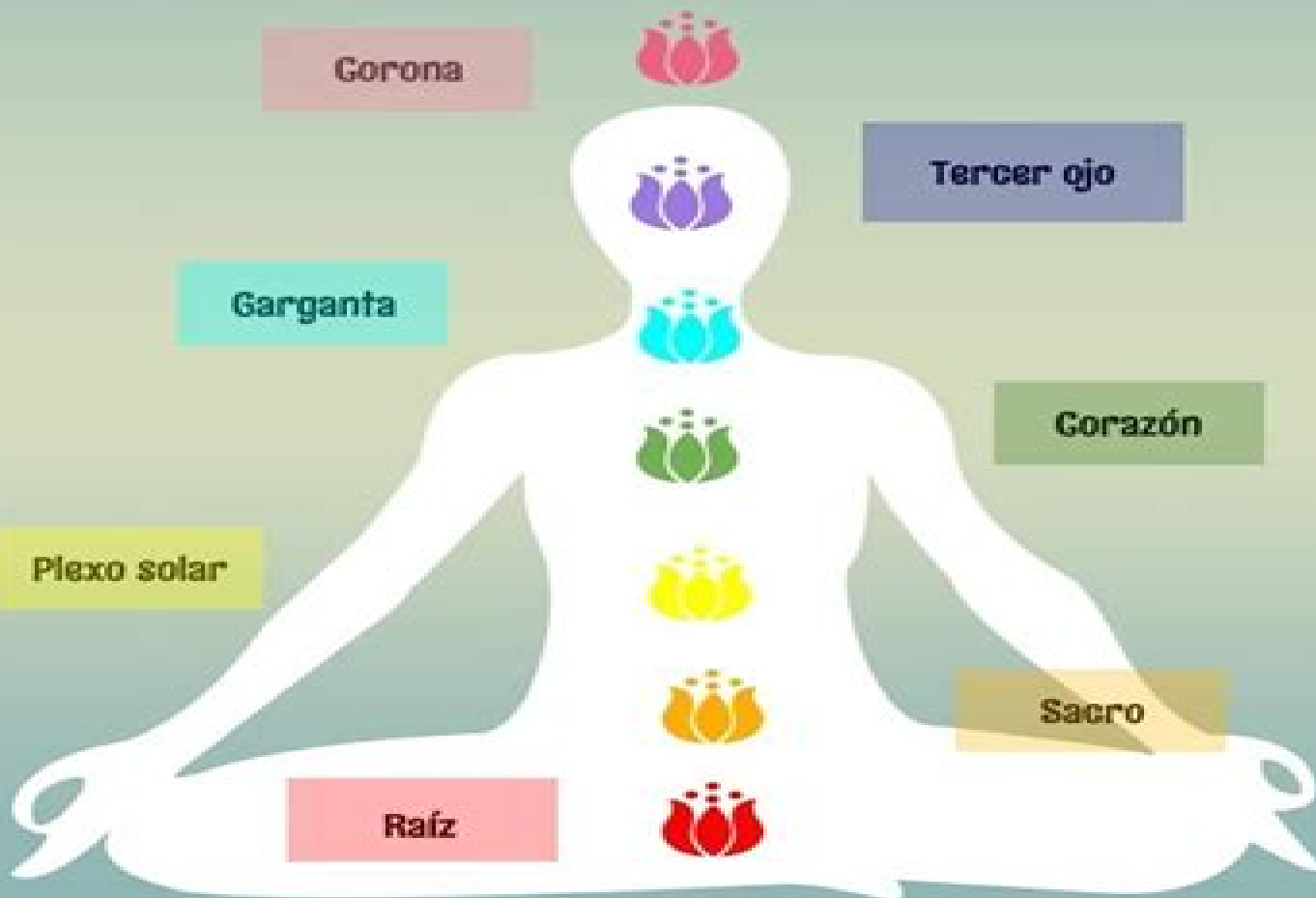


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Los Chakras

Cyndi Dale



Los Chakras:

Chakras. Centros energéticos de transformación Harish Johari, 2002-02 LOS CHAKRAS En la ciencia antigua del tantra se considera al cuerpo como el instrumento más perfecto para la expresión de la conciencia. Esa perfección se lleva a cabo gracias al desarrollo de los centros psíquicos o chakras. Localizados en el sistema cerebroespinal, los chakras son el escenario sobre el que se representa la interacción entre la conciencia superior y el deseo. En consecuencia, conseguiremos un estado iluminado del ser mediante la comprensión y utilización de la energía de los chakras. Harish Johari, estudioso y practicante del tantra, nos presenta los principios científicos de los chakras, así como la aplicación práctica que tienen actualmente. Despliega los misterios de estos centros sutiles de la transformación con técnicas de visualización que son esenciales para la práctica y la comprensión técnica. Con bellas ilustraciones a todo color. Guía práctica de los chakras Anodea Judith, Selene Vega, 1995-10 **Nueva Guía de Los Chakras** Anodea Judith, 2001 El libro de los chakras Ambika Wauters, 2002-01-01

Kundalini y los Chakras Genevieve Lewis Paulson, 2006-01-19 Todos poseemos la poderosa fuerza evolutiva de Kundalini que nos puede aportar estados mentales superiores, poderes físicos y la conexión con la conciencia cósmica. Este libro le enseñará cómo liberar kundalini de una forma gradual, segura y controlada por uno mismo. **El gran libro de los Chakras** Shalila Sharamon, Bodo J. Baginski, 2006-12-12 El estudio de los centros energéticos o chakras otorga al interesado en las disciplinas de autoconocimiento una visión profunda y amplia acerca de la influencia que las fuerzas sutiles tienen sobre el organismo humano y el desarrollo psíquico y espiritual. Este libro describe de un modo claro y sencillo los mecanismos por los que actúan los centros energéticos a la par que muestra un completo trabajo práctico que comprende un extenso abanico de técnicas, aplicación de sonidos, colores, gemas y aromas, ejercicios respiratorios y posturas de yoga, reflexología podal aplicada a los puntos relacionados con los chakras, prácticas de meditación y transmisión de la energía vital, las asociaciones astrológicas de cada chakra, etc. En suma, la obra más completa y efectiva sobre los chakras hasta ahora publicada que permitirá al lector disponer de una excelente herramienta para el estudio, la exploración y el despertar de los chakras. **Nueva curación con los Chakras** Cyndi Dale, 2006-07-18 Nueva Curación con los Chakras comienza donde acaba el tradicional sistema de los siete chakras con los que se ha trabajado en el plano espiritual y de la salud hasta hoy. Cyndi Dale nos muestra desde una perspectiva más profunda este proceso de curación. Este es el primer libro que explica cómo trabaja la parte posterior del córtice de un chakra, cuáles son los doce chakras principales, así como la ubicación, descripción y modo de trabajo con los otros veinte puntos de energía repartidos en el cuerpo humano. Hasta ahora, este conocimiento sólo se transmitía por antiguas tradiciones iniciáticas que de un modo velado hablaban de ellos y de su importancia en el sistema vibratorio del ser humano. **Los chakras en la práctica chamánica** Susan J. Wright, 2009-07-29 Cómo trabajar con los centros de los chakras a fin de curar lesiones psíquicas no resueltas. Revela cómo las lesiones psíquicas se quedan atrapadas en el cuerpo energético. Establece un vínculo entre cada etapa de desarrollo y cada uno de los chakras principales. Presenta una

gu a detallada sobre la sanaci n y eliminaci n de tensiones contenidas en cada chakra El sistema de los chakras identifica ocho centros en la anatom a psicol gica de los seres humanos cada uno de los cuales est asociado con una parte distinta del cuerpo f sico o energ tico Susan J Wright que se dedica al chamanismo y la psicoterapia Gestalt muestra que cada chakra est tambi n vinculado con una etapa distinta de desarrollo emocional y espiritual Wright explica que los traumas de la vida experimentados en etapas particulares del desarrollo se quedan atrapados dentro del cuerpo energ tico porque se aferran a su chakra correspondiente Al identificar el chakra afectado y trabajar con l es posible abrir una puerta a un mundo de im genes transformativas lo que permite sanar estas heridas ps quicas mediante potentes t cnicas cham nicas La autora presenta ejercicios f sicos y meditaciones guiadas que ofrecen a quienes las practican una manera de unir y robustecer las partes fragmentadas de su cuerpo y emprender as el camino hacia el bienestar f sico emocional y espiritual

Alquimia Interior Zulma Reyó,2022-02-14 e Trabajar con Zulma Reyó ha sido una experiencia que me ha cambiado la vida Atesora un oceano de sabiduria e Sir Christopher Hohn hedge fund manager y filantropoPara aquellos que quieren una comprension mas profunda del mundo en el que vivimos para aquellos que quieren ver el cambio y saben que este empieza por ellos mismos Alquimia Interior ofrece un camino hacia la paz interior el sentido el proposito la alegria y la sabiduria En esta guia practica de la conciencia vas a descubrir conceptos clave relacionados con el trabajo energetico como por ejemplo los chakras y los siete rayos los reinos astrales y dimensionales el karma la gratitud y los sueños Las mas de 45 visualizaciones meditaciones y ejercicios muchos bellamente ilustrados te van a permitir cosechar beneficios para tu bienestar espiritual tu salud fisica y mental y tus relaciones contribuyendo a que se produzca un cambio que te permita pasar de la importancia personal a la conexiön universal Alquimia Interior revela tu verdadero poder inteligencia y el impacto que puedes tener en el mundo ayudandote a aprender que la transformaciön personal es una manera de asegurar el cambio en la sociedad y en el mundo Te muestra el camino y te ofrece las claves para que lo recorras en plenitud e Alquimia Interior de Zulma Reyó es un tesoro de sabiduria metafisica resultado de la dedicada practica espiritual de la autora durante decadas El libro incluye no solo una fascinante exploraciön de la conciencia sino que tambien proporciona ejercicios practicos para su uso en la vida diaria Esta guia exhaustiva para el autodominiön allana el camino a los lectores con el fin de que puedan transformar sus vidas e Mark Gober conferenciante y autor de An End to Upside Down Thinking

Intuitouch Dr. Jim Bourque Starr,2011-09-21 La Intuiciön es un Don que todos tenemos por igual pero igual que tantos talentos en la vida si no lo usamos lo perdemos El Toque de la sanaciön tambien lo tenemos todos pero solo aquellos que lo usan pueden hacer grandes cambios en su vida y las vidas que tocan Ahora t o cualquiera persona puede aprender a utilizar estos dos regalos maravillosos para sanarte a ti mismo o los demás con esta tcnica de sanaciön sagrada y energtica llamada InTuiTouch o toque intuitivo Desarrollada en mas de 30 aos de experiencia clnica de sanaciön y quiroprctica combinando la filosofia de la sanaciön cuntica con el extra sentido de la intuiciön para guiarte a la fuente de cualquier enfermedad o reto de salud Pginas de inspiraciön e historias de sanaciones

espontneas que le darn al lector herramientas para aplicar inmediatamente en su vida Incluida en la seccin final de este libro una sinopsis del manual tcnico para comenzar a utilizar la tcnica inmediatamente y ser un sanador del mtodo InTuiTouch aunque se recomienda tomar los cursos Bsico e intermedio para profundizar perfeccionar y adquirir la experiencia y sabidura completa

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