

FOREWORD BY
BRENNAN MANNING

RUNNING

ON

EMPTY

CONTEMPLATIVE SPIRITUALITY FOR OVERACHIEVERS

FIL ANDERSON

Running On Empty Contemplative Spirituality For Overachievers

Yan Bai



Running On Empty Contemplative Spirituality For Overachievers:

Running on Empty Fil Anderson, 2009-06-10 Learn to live with God instead of for God In this candid and achingly authentic book Fil Anderson shares the healing insights that restored his spiritual compass and guided him back to God the God who specializes in filling empty souls Fil Anderson had accomplished more for God than most of his contemporaries but his worn out body housed an empty soul His frenetic pace of ministry had earned him just one thing greater pressure to do even more He had fallen for the soul killing lie that doing more for God would give his life meaning Then the godly admonition of a spiritual director set this burned out believer on a life saving spiritual path Sometimes the only way to get a new life is by running your old one completely into the ground This powerful story of a reawakened soul can be the story of every person who has pursued spiritual productivity over intimacy with God and come up empty It s the story of reclaiming your soul and finding a home in the center of God s relentless love It s the journey from self importance to God importance To the harried and the unharried I pray that this book will minister to your heart in the profound way that it has blessed mine
Brennan Manning Coffee for Your Heart Holley Gerth, 2017-07-01 Start Your Day in the Very Best Way Discover more joy peace and purpose every morning as you listen to the voice of the One who delights in you In *Coffee for Your Heart* bestselling author Holley Gerth shares 40 encouraging and powerful reminders of how God sees you as His beloved daughter You are wonderfully made chosen irreplaceable strong never alone and so much more This noisy world can make it hard to hear the assurances of God Let His voice be the loudest one in your life as He stirs up your hope and confidence each new day Take a deep breath grab a cup of something cozy and let God s love fill your heart with whatever you need most today Holley Previously published as *God s Heart for You* *God's Heart for You* Holley Gerth, 2011-09-01 The personal inviting style of popular speaker writer and counselor Holley Gerth inspires thousands of readers weekly through her DaySpring site encourage me and her well known blog Heart to Heart with Holley In *God s Heart for You* Holley offers insightful devotions reflective questions and captivating poetry to reveal how through God s love a woman is wholly Accepted and known completely Chosen with imperfections to be made perfect Empowered with God s strength Beautiful and a one of a kind gift to the world Blessed with God s best This gathering of encouraging readings will be a wonderful gift for any occasion and a powerful treasury of God s heart and purpose for a women to return to again and again for refreshment *Beginnings - The Spiritual Life* Andy Langford, Mark Ralls, Rob Weber, 2006-05 This book expands on the themes of the 10 sessions in the *Beginnings the Spiritual Life* small group study These readings will enhance the participant s experience It can also be read separately for personal study **Confessions of a Good Christian Guy** Thomas J. Davis, Tammy Maltby, Tom Davis, 2008-01-01 Dealing with the secret pain in the lives of many good Christian men In a continuation of *Confessions of a Good Christian Girl* Tammy Maltby is back with coauthor Tom Davis to get specific about the brokenness and pain in the lives of good Christian men This isn t a lurid expose but an honest and courageous look at the secrets most often lurking behind

victorious Christian facades Chapters include I've got a dirty mind I'm a self-made man I want more stuff I need my dad I love booze I don't like to feel I'm so ticked off I want to give up In addition to the transparent stories and insight from Davis Matlby concludes each chapter with reflections for those who care practical insight for individuals walking beside a man struggling with these issues

Transformation Stephen W. Smith, Gordon Dalbey, Howard L. Baker, 2010-08-27 Life is not a flow chart We weren't meant to master it on our own We weren't meant to be mastered by it either The discussion guides in the Transformation of a Man's Heart series put us in conversation with God and with one another to see how God shapes and transforms us in the ordinary experiences of our lives Am I every going to change he asks If we're honest with ourselves we'll admit that we're not the men we wish we were Not only our dreams but our values are vulnerable to external forces and internal chaos the wounds inflicted on us as well as the compromises we've allowed ourselves to make In this discussion guide inspired by essays in The Transformation of a Man's Heart men will be reminded that wherever they find themselves God is there with them inviting them forward onto a new and better path This study accompanies the book The Transformation of a Man's Heart compiled and edited by Stephen W. Smith

Tranquility David W. Henderson, 2015-09-01 There's never enough time So we try to cram as much as possible into what little time we have work friends play rest But what if How do I fit it all in isn't the right question Scripture has a lot to say about time Taking a cue from Ecclesiastes Better one handful with tranquility than two handfuls with toil and chasing after the wind and drawing on everything from Augustine's Confessions to conversations with air traffic controllers David W. Henderson encourages us to move beyond merely trying to open up a bit of margin or to say no once in a while and to take a purposeful step back from our lives to examine those internal and external dynamics that propel us into busyness and hurry Sharing honest stories about his own struggles with busyness he helps readers explore the way the Scriptures frame our time understanding the times making the most of the time and trusting God with the rest For anyone who is tired of feeling the push and pull of our time-bent culture this book will be a welcome invitation to rest and to live artful and faithful lives marked by peace and tranquility

Breaking the Rules Fil Anderson, 2011-03-16 After years of living with a set of religious demands that he could never live up to Fil Anderson found himself spiritually bankrupt and emotionally drained Following a crash and burn in professional ministry he experienced relief in learning to be with God rather than doing for God Instead of desperation he found healing and a rich new life with God In Breaking the Rules Fil invites us to explore what happens when good religion turns bad At such times we are weighed down with expectations of what it takes to be right with God whether it is the expectations of others holding up under pressure fixing what's wrong or accomplishing big things for God When we set aside this false agenda we find the courage to confess our fears and insecurities We taste the depths of God's love for us Here is an opportunity to quit trusting in your own ability to live for God and simply trust in God instead

Gravitas Jerome Daley, 2020 Christian men and women in leadership in the modern marketplace are often seduced by a do more do it faster

culture which can cripple their most important contribution their spiritual authority With compassion and insight Monk in the Marketplace introduces modern leaders to the ancient insights of the monastic tradition so that we like the *When God Waits* Jerome Daley, 2010-06-16 Is God keeping you waiting Does it feel like God has pushed the pause button on your life If you're frustrated by God's apparent slowness don't assume that having to wait is a waste of time God does some of his most important work in your life during these divine delays Many of the men and women of faith that we read about in the Bible had to endure long difficult seasons of waiting before they could fulfill God's destiny for their lives And just like these biblical heroes you can learn how to see what God is doing and how he is changing your life while you're waiting Don't miss out on the richness of this God-ordained lag between catching a vision for your calling and seeing God fulfill it No matter how long you have to wait you can be transformed as God prepares you to fulfill your divine calling **Little Mercies** Lynn Coulter, 2011 Acclaimed essayist Lynn Coulter Family Circle Southern Living helps weary souls learn to experience the millions of miracles big and small that God offers us each day Mustard Seeds Lynn Coulter, 2008-09-01 C. S. Lewis likened hard times to God's megaphone a season when the Creator's ways are made clear and proven merciful *Mustard Seeds* author Lynn Coulter agrees writing here across fifteen essays about the natural graces and God signs that emerged during a three-year period of hardship and sustain her faith today From personal events her parents' deaths a job loss to universal cripples stress worry Coulter's fresh anecdotes unearth the little daily markers of God's love and care while staying rooted in Scripture Her writings fuse the observational strength of Anne Lamott's nonfiction with the warm delivery of Sue Monk Kidd's devotional books and are sure to be passed around as tools of encouragement and faith strengthening among friends Chapters include *Used People* *Deep Healing* and *Nothing without Joy* Endorsements Starred review Coulter a magazine journalist takes the familiar biblical story of faith the size of a mustard seed to illustrate how God can use even the most horrendous lifequakes as faith builders Coulter opens her compilation of life essays with a personal story from her childhood when the concept of mustard seed faith was first planted after a teacher offered the class mustard seed charms as an attendance reward Though Coulter eventually lost the charm she never forgot its message Years later after the death of her parents her husband's job loss financial setbacks and her own shattered shoulder the author's faith was in pieces She wrestled long and hard to regain closeness with God In each of these tender topical chapters Coulter uses everyday happenings from nature parenting work illnesses and church to reaffirm a single lesson God is intimately involved in every aspect of life and he cares with a watchful affection Readers will find strength from Coulter's story and solace in God's promises regarding faith and grace Publishers Weekly Reading *Mustard Seeds* feels like time spent conversing with a dear old friend over a cup of coffee Lynn's honest story of how she renewed her faith in Jesus will be a blessing and a source of encouragement Mickey McLean Web Managing Editor *WORLD Magazine* A sensitive thoughtful book filled with new beginnings hope and the wonder and beauty of the search for God Amy Blackmarr author of *Going to Ground* Simple Life on

a Georgia Pond **Confessions of a Good Christian Girl** Tammy Maltby,2008-01-01 You already know the women you ll meet in this book They may sit beside you in the pew or join you at small group or touch your heart from a speaker s podium They have all been saved They all love the Lord And yet One struggles with suicidal despair Another is involved with adultery pornography or a same sex attraction Another endures regular beatings or worse by someone who claims to love her Another is divorced or thinking about it This one drinks secretly or doctor shops for pain pills That one wrestles with depression or bipolar disorder And many others feel they can never be thin enough beautiful enough successful enough or Christian enough to be loved or accepted They re all good Christian girls who have been broken by sin their own and others They all needed the honest life giving truth at the heart of this book Do you Tammy Maltby addresses issues that aren t discussed much in church circles private sins that she and other women have battled The Publishers Weekly ,2003 *Strengthening the Organizational Heart* W. Tracy Howe,Nancy Reece,2005 After five decades of work with non profit organizations John R Mott YMCA trailblazer youth advocate Nobel Peace Prize winner evangelist and advisor to statesmen summed up all he d learned in fifteen basic statements Today almost fifty years later sixteen YMCA leaders rediscover Mott s life lessons and apply his simple and spiritual precepts to today s challenges and a new generation Writing from their hearts these leaders each take one lesson and share personal experiences that demonstrate how Mott s basic timeless principles can strengthen an organization and keep its heart and purpose strong With a foreword by Ken Blanchard co author of The One Minute Manager and Lead Like Jesus and endorsements by Max Lucado S Truett Cathy and Laurie Beth Jones *Every Thought Captive* Jerusha Clark,2006 Popular author Clark journeys through the unique nature of the female mind and the freedom found in shifting our thoughts from the everyday to the eternal Practical Life **The North Carolina Historical Review** ,2005

Joyce in the Belly of the Big Truck; Workbook Joyce A. Cascio,2005-05 **The Writers Directory** ,2013

Formación espiritual Gary Teja,2009-11-30 Todos deseamos crecer espiritualmente pero necesitamos ayuda Este libro es una herramienta muy til que le dar una orientaci n b blica y pr ctica para su formaci n espiritual Le explicar como usar las disciplinas espirituales como la oraci n la lectura b blica la meditaci n el ayuno y el retiro espiritual Le guiar en el desarrollo de una relaci n de mentor con otro cristiano y le animar en su relaci n personal con Cristo

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