

# Midwifery Care: Reflections of Midwifery Clients

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## ABSTRACT

The purpose of this study was to describe the lived experience of midwifery clients throughout the life span. A qualitative study using a phenomenological approach was employed. In-depth interviews were conducted with a purposive sample of 12 midwifery clients. The research question was: What has been your experience with midwifery care? Interviews were audio-recorded and transcribed verbatim. Data saturation was achieved and analysis procedures from Colaizzi were used. Five themes emerged from the data: 1) decision to seek midwifery care; 2) working together in a therapeutic alliance; 3) formulating a birth plan; 4) childbirth education; and 5) nurse-midwives as primary health-care providers throughout the life span. There is much to learn from listening to the voices of midwifery clients.

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**Keywords:** midwifery care, nurse-midwives, childbirth, women's health care, phenomenology

According to historical accounts, as women gave birth, they always sought care and support from others. At some point in the cultural evolution, women who were experienced in attending others in childbirth became known as “midwives.” The term midwife means “with woman” (Aveling, 1977; Rooks, 1997; Varney, 1997) and dates back to the 14th century, with its etymology from Old and Middle English. However, accounts dating back to the 2nd century confirm the role of midwives in the birthing process, with the Hebrew Bible containing numerous verses about midwifery, such as Genesis 35:17 and 38:28 and Exodus 1:15–22 (Wansborough, 1985). Furthermore, the mention of birth attendants can be traced to ancient Greek and Roman civilizations as well as in the writings of old Hindu traditions. Evidence of midwifery

has been told in myths, texts, and oral traditions. Thus, as a profession, midwifery claims a social role throughout history in all cultures.

Midwifery in today's health-care arena extends well beyond the childbearing season to include aspects of women's health care such as preconception care, perimenopausal and postmenopausal care, family planning and contraception, childbirth education, well-woman gynecology, and primary care throughout the life span. The midwifery model of care is client-focused and family-centered, embracing the holistic and humanistic principles of health maintenance, health promotion, client education, counseling, advocacy, and collaboration. Women from all walks of life use the services of nurse-midwives—from educated professionals to adolescents, midwifery clients represent the complete

## NOTE

Lamaze International has created a continuing education homestudy based on this article. Visit the Lamaze Web site ([www.lamaze.org](http://www.lamaze.org)) for detailed instructions regarding completion and submission of this homestudy module for Lamaze contact hours.

# Reflections On Midwifery

**Judith Bone**



## Reflections On Midwifery:

Reflections on Midwifery Mavis J. Kirkham, Elizabeth R. Perkins, 1997 Presenting an accessible book which concentrates on the research relating to current issues in midwifery This challenging yet essential text is authored by an expert team of midwifery contributors Covers all the key midwifery issues including continuity of care informed choice support in labor caring for women in ethnic minorities psychological support methods and coping mechanisms for change **For Those That Walk Between Worlds** Midwife Alyssa, 2025-04-30 For Those That Walk Between Worlds is a gathering place for the stories reflections and ancestral wisdom of midwives those who stand at the sacred threshold between life and death joy and grief seen and unseen In an era where birth work is increasingly regulated politicized and burdened by generational wounds this book offers a voice of remembrance resilience and repair Midwife Alyssa weaves poetry narrative and hard won truths from years spent walking between worlds She speaks to those quietly holding space for others while carrying the invisible weight of their own births losses and reckonings To the students finding their footing the midwives questioning their path and the elders witnessing a profession in crisis this is a reclamation and a balm Within these pages is an invitation to heal the collective nervous system of midwifery to rebuild trust between generations to speak what was once unspeakable and to imagine a future rooted in wisdom integrity and belonging The end of the book includes a section on midwifery collective care and healing practices along with 13 writing prompts for reflection and repair These prompts with dedicated journal space can be explored alone or used within a midwifery conference breakout group continuing education class or community midwives circle This book is for those who remember those who are remembering and those yet to come You were never meant to carry this alone *Waterbirth Stories* Maria Paz Miranda, Sian Marie Barnard, 2019-09-05 Drawing on years of midwifery experience of waterbirth this collection of stories based on real life events illuminates a rewarding way of birth and emphasises the theoretical knowledge skills understanding and resilience needed to practice well Waterbirth Stories includes chapters on the criteria for use of water in labour and birth on the different stages of labour and on some more serious or unusual situations such as shoulder dystocia postpartum haemorrhage breech presentation and other unexpected maternal and neonatal events Each chapter includes several stories from a midwife s perspective told in the context of evidence based guidelines available for this topic The stories end with learning points to help readers reflect on their own practice Ideal for student and practising midwives with an interest in waterbirth this research informed book is enjoyable challenging and informative *Decision-Making in Midwifery Practice* Maureen D. Raynor, Jayne E. Marshall, Amanda Sullivan, 2005-06-01 The book looks at a broad perspective of decision making and each chapter focuses on a specific aspect related to making crucial decisions Following an initial introduction the book explores the concept of autonomy and the many factors that influence autonomous practise The role of knowledge in decision making using evidence to inform decisions as well as different approaches to decision making are also examined including the traditional or rational approach decision

analysis and the development of professional judgement Dilemmas arise when decisions are made and therefore ethical decision making is an important component of this book Management decisions may be different from those related to giving specific care to women hence one chapter focuses on making management decisions Emphasis is also placed on the role of the midwife in helping women make their own decisions the role of reflection in enhancing the decisions midwives make and the support midwives can receive from their Supervisor of Midwives Flowcharts explain and facilitate the decision making process A very practical approach to decision making in midwifery with contributions from midwives who have considerable experience in this area Provides guidelines on how to achieve successful autonomous midwifery practice enabling theory to be effectively applied to practice Includes coverage of management roles and decision making as well as clinical scenarios offering frameworks and flowcharts to guide the inexperienced Suggests different approaches to making difficult decisions

Reflections of a Midwife Judith Bone, 2017-12-13 Reflections of a Midwife is just that Working as a midwife for over 45 years Judith has gained an appreciation of the wonderful way our bodies are designed to nurture our unborn babies and bring them to birth Although neither a pre natal course nor a medical textbook in Reflections Judith has captured some of the facts of pregnancy in a fun and informative way Little snippets of the miraculous way our body adjusts to pregnancy and birth are explained in simple language and you can't help but be amazed at how the body works Exploring the miracle of pregnancy from conception to birth in short easy to understand biology lessons are linked to parallels of spiritual insights and Biblical truths that helps the reader to see God's hand at work in conception pregnancy and birth Some examples look at the body's preparation for labour then see how David the Shepherd boy also had a period of preparation before he became King The waters of the amniotic fluid and its qualities lead to a discussion of Jesus the giver of living water Coping with the pain of labour along with lots of practical advice also recognises the pain of the Children of Israel as they left slavery and wandered in the wilderness Each of the 17 chapters deal with a different aspect of the progression from conception to birth and each leads to a short Bible story or example Woven throughout the book is Judith's own midwifery stories and also some of her own personal story nursing her husband through a terminal cancer journey Our babies are fearfully and wonderfully made and Reflections of a Midwife the miracle of birth is a delightful book and contains both medical information and Christian devotional in one If you are fascinated and captivated by the process of pregnancy and birth or if you are or hoping to one day be a mother or even a grandmother I know that you will enjoy reading Reflections of a Midwife

Midwifery: Best Practice Volume 5 Sara Wickham, 2009-01-29 This is Volume 5 in the Midwifery Best Practice series Each of the volumes in this Series is built around the familiar core of four main topic areas relevant to midwifery pregnancy labour birth postnatal and stories reflection and also includes a number of focus on sections These are different in each volume and reflect a wide range of key and topical issues within midwifery Each volume builds upon the others to provide a comprehensive library of articles that shows the development of thought in key midwifery areas Volume 5 offers a range of wholly new topic areas

within the focus on sections covering the birthing environment women midwives and risk holistic health and working international stories A practical reference source containing a wide range of articles research and original material in an easily accessible format Volume 5 offers a more interactive learning experience by inviting midwives to create their own questions before reading the articles and then returning to these afterwards for reflective thought Diverse opinions on selected topics provide a comprehensive resource for debate and discussion Unique approach includes ideas on how to turn reading into professional development activities Includes 60 articles from The Practising Midwife 2004 5 4 research articles from Midwifery 2004 5 3 articles from The Journal of Midwifery and Women s Health 2003 5 and 5 original articles commissioned for this book 60 articles from The Practising Midwife 2004 05 4 research articles from Midwifery 2004 05 3 articles from The Journal of Midwifery and Women s Health 2003 05 5 original articles commissioned for this book

**Reconceiving Midwifery** Cecilia Benoit,Ivy Lynn Bourgeault,Robbie Davis-Floyd,2004 Midwifery in the developed world is in a state of ferment and change a phenomenon referred to as the new midwifery Reconceiving Midwifery offers state of the art analyses of the new midwifery as it is practiced The authors social scientists and midwifery practitioners reflect on regional differences in the emerging profession providing a systematic account of its historical local and international roots its evolving regulatory status and the degree to which it has been integrated into health care systems They also examine the nature of midwifery training accessibility and effectiveness across diverse ethnic and socio economic groups highlighting the key issues facing the profession before during and in the immediate post integration era in each province **Mayes' Midwifery - E-Book** Sue Macdonald,Gail Johnson,2023-05-23 Mayes Midwifery is a core text for students in the UK known and loved for its in depth approach and its close alignment with curricula and practice in this country The sixteenth edition has been fully updated by leading midwifery educators Sue Macdonald and Gail Johnson and input from several new expert contributors ensures this book remains at the cutting edge The text covers all the main aspects of midwifery in detail including the various stages of pregnancy possible complexities around childbirth and psychological and social considerations related to women s health It provides the most recent evidence along with detailed anatomy and physiology information and how these translate into practice Packed full of case studies reflective activities and images and accompanied by an ancillary website with 600 multiple choice questions and downloadable images Mayes Midwifery makes learning easy for nursing students entering the profession as well as midwives returning to practice and qualified midwives working in different settings in the UK and overseas Expert contributors include midwifery academics and clinicians researchers physiotherapists neonatal nurse specialists social scientists and legal experts Learning outcomes and key points to support structured study Reflective activities to apply theory to practice Figures tables and breakout boxes help navigation and revision Associated online resources with over 600 MCQs reflective activities case studies downloadable image bank to help with essay and assignment preparation Further reading to deepen knowledge and understanding New chapters

addressing the issues around being a student midwife and entering the profession More detail about FGM and its legal implications as well as transgender binary individuals in pregnancy and childbirth New information on infection and control following from the COVID 19 pandemic Enhanced artwork program      Becoming a Midwife Rosemary Mander,Valerie Fleming,2014-05-09 What is the reality of being a midwife in the twenty first century What is it like to help and support women throughout pregnancy and childbirth and into motherhood What roles can midwives play in society This new edition of the popular text Becoming a Midwife explores what it is to be a midwife looking at the factors that make midwifery such a special profession as well as some of the challenges The fully updated chapters cover a variety of settings and several different stages in a woman s pregnancy including stories from midwives working in hospitals and in the community as managers supervisors and educators and as men women mothers and birth activists All chapters are narrated by contributors who introduce their own theme recount a vignette that throws light on their understandings of midwifery and reasons for becoming or not becoming a midwife and any subsequent career moves Backed up by commentaries and drawing together these insights the editors show what it means to be a midwife today Suitable for those contemplating a career in midwifery and providing an opportunity for reflection for more experienced midwives this thought provoking book is an invaluable contribution to midwifery      **Midwifery Practice** Jo Alexander,Valerie Levy,Carolyn Roth,1999-11-11 The latest volume in this series revisits topics particularly pertinent to the postnatal period It makes a timely contribution to the literature in the context of recent developments in the organisation of midwifery care the emphasis on woman centred care and empowerment and the reclaiming by midwives of the normal birth and puerperium      **Reflective Practice** Beverley J. Taylor,2000 Reflection is widely taught as a means for nurses and midwives to understand the impact of their actions and how to improve their professional practice      *Journey to Birth* Sakina O'uhuru,2013-09-05 This book is about my life journey as a home birth midwife It includes the many home births I attended during my sixteen years as a practitioner with particular attention to the last ten years During this journey I have learned a myriad of life lessons Most of them strengthened me and my ability to continue on this path There were incredible challenges both joyful and painful The most challenging lessons happened to be the most life changing and transformative Those lessons impacted my life tremendously first as a woman second as a mother and grandmother and most assertively as a basic human being      The New Midwifery Lesley Ann Page,Rona McCandlish,2006-12-05 Practicing as a midwife today requires not only good clinical skills but also a broad understanding of the social and emotional changes a woman experiences before and after birth This book combines scientific knowledge with the more intangible skills needed for sensitive communication to provide the best possible care to the mother and her family The second edition of this celebrated text vividly explores the various skills and approaches that lead to successful midwifery practice and uses care stories to bring these to life Provides a refreshingly new approach to key areas of midwifery practice in a way that brings practice to life Illustrates and supports the fundamental changes currently taking

place in midwifery around the world Builds on the most up to date evidence based research to suggest guidelines for best practices Explores the impact of parenthood and offers strategies for effectively supporting individuals during this period of transition Includes care stories case studies that highlight positive midwifery care and successful childbirth experiences Offers contrasting stories from around the world illustrating how maternity care in industrialized society differs from that in a non industrial or third world environment Provides up to date research and reference material      **Empowering Decision-Making in Midwifery** Elaine Jefford, Julie Jomeen, 2019-08-29 Decision making pervades all aspects of midwifery practice across the world Midwifery is informed by a number of decision making theories but it is sometimes difficult to marry these theories with practice This book provides a comprehensive exploration of decision making for midwives irrespective of where in the world they practice or in which model of care The first part critically reviews decision making theories including the Enhancing Decision making Assessment in Midwifery EDAM tool and their relevance to midwifery It explores the links between midwifery governance including professional regulation and the law risk and safety and decision making as well as how critical thinking and reflection are essential elements of decision making It then goes on to present a number of diverse case studies demonstrating how they interrelate to and impact upon optimal midwifery decision making Each chapter presents examples that show how the theory translates into practice and includes activities to reinforce learning points Bringing together a diverse range of contributors this volume will be essential reading for midwifery students practising midwives and midwifery academics      **Midwifery Continuity of Care** Caroline Homer, Pat Brodie, Jane Sandall, Nicky Leap, 2019-04-29 Endorsed by the Australian College of Midwives and The Royal College of Midwives Midwifery Continuity of Care is a robust how to guide to establishing midwifery continuity of care Written by a team of international experts in their field this book highlights lessons learned to help develop new ways of planning implementing evaluating and sustaining midwifery continuity of care for the benefit of women babies and communities Summarises the evidence for midwifery continuity of care to support policy makers commissioners of maternity services and health service executives with their implementation of midwifery continuity of care Practical real world examples stories and experiences to bring to life the diversity of ways that midwifery continuity of care can be implemented Highlights a range of issues for managers and leaders to be aware of including organisational industrial and safety and quality issues Explores how building alliances can enable midwifery continuity of care to flourish addressing scaling up and sustainability Evolve Student and Faculty Resources eBook on VitalSource An inspirational video interview with author Jane Sandall      **Supporting Physiological Birth Choices in Midwifery Practice** Claire Feeley, 2023-02-28 Highlighting the experiences of midwives who provide care to women opting outside of guidelines in the pursuit of physiological birth Claire Feeley looks at the impact on midwives themselves and explores how teams and organisations support or discourage women s birth choices This book investigates the processes experiences and sociocultural political influences upon midwives who support women s alternative

birthing choice and argues for a shift in perspective from notions of an individual's professional responsibility to deliver woman centred care to a broader collective responsibility. The book begins by contextualising the importance of quality midwifery care with an exploration of the current debates to demonstrate how hegemonic birth discourse and maternity practices have detrimentally affected physiological birth rates and the wellbeing of women who opt outside of maternity guidelines. It provides real life examples of how midwives can facilitate a range of birthing decisions within mainstream midwifery services. Moreover an exploration of midwives experiences of delivering such care is presented revealing deeply polarised accounts from moral injury to job fulfilment. The polarised accounts are then presented within a new model to explore how a midwife's socio political working context can significantly mediate or exacerbate the vulnerability conflict and stigmatisation that they may experience as a result of supporting alternative birth choices. Finally this book explores the implications of the findings looking at how team and organisational culture can be developed to better support women and midwives making recommendations for a systems approach to improving maternity services. Discussing the invisible nature of midwifery work what it means to deliver woman centred care and the challenges and benefits of doing so this is a thought provoking read for all midwives and future midwives. It is also an important contribution to interprofessional concerns around workforce development sustainability moral distress and compassion in health and social care.

**Midwives Coping with Loss and Grief** Doreen Kenworthy, Mavis Kirkham, 2019-01-22. The experience of stillbirth and other losses in pregnancy at what is usually a time of great joy is tragic for everyone involved including midwifery professionals. Although research increasingly shows how profound the effects of loss can be few studies have explored the effects of pregnancy loss which often leads to other personal and professional traumas such as loss of autonomy or a workplace on midwives. This in depth investigation uses a phenomenological approach to capture midwives experiences of loss and grief in their own words and encompasses both pregnancy loss and wider professional and personal issues. It then makes recommendations to enhance midwives resilience and ability to cope appropriately whilst giving maximum support to their clients. Reflections on the emerging implications for midwifery education and practice further broaden the scope of the analysis. The insights in this book will be of great use to midwifery managers and supervisors. They will also help midwives to nurture themselves their colleagues and their clients at a time when pressures on the service can leave support lacking. The devastating experience of losing a baby for women and their families is something that as midwives we strive to understand in order to provide appropriate practical and emotional support. Doreen and Mavis encourage us to consider how we are affected by the grief of others at a deeply personal level. Ultimately the message in this book is one of hope through reflection and the sharing of experiences. Midwives who have been with women whose babies have died can regain their personal strength and learn to re shape memories in ways that contribute to personal growth and understanding. A From the Foreword by Nicky Leap

**Midwifery - E-Book** Sally Pairman, Jan Pincombe, Carol Thorogood, Sally K. Tracy, 2014-10-01. Perfect for Bachelor of



Midwifery students Postgraduate Midwifery students Combined Nursing degree students Combined Nursing degree students  
Midwifery Preparation for Practice 3e is the definitive midwifery text for Australian and New Zealand midwifery students The third edition continues to reinforce the established principles of midwifery philosophy and practice that of working in partnership with women and midwifery autonomy in practice and from this perspective presents the midwife as a primary healthcare practitioner It carefully examines the very different maternity care systems in Australia and New Zealand exploring both autonomous and collaborative practice and importantly documents the recent reforms in Australian midwifery practice Midwifery Preparation for Practice 3e places women and their babies safely at the centre of midwifery practice and will guide inform and inspire midwifery students recent graduates and experienced midwives alike Key contributors from Australia and New Zealand Critical Thinking Exercises and Research Activities Midwifery Practice Scenarios Reflective Thinking Exercises and Case Studies Instructor and Student resources on Evolve including Test Bank questions answers to Review Questions and PowerPoint presentations New chapter on Models of Health Increased content on cultural considerations human rights sustainability mental health obesity in pregnancy communication in complex situations intervention complications in pregnancy and birth and assisted reproduction Midwifery Practice Scenarios throughout

Welcoming Baby Debby Gould, 2011 A new look at how we welcome newborn babies into the world whatever context they are born in but particularly if they are born in a large maternity hospital Reflections exercises and ideas for midwives and other maternity professionals The deeply ingrained rational scientific culture we live in today suppresses our innate knowledge of how things could improve We focus on categorising through measuring counting and documenting what we do instead of realising deep inside that things must change with regard to our rituals around birth in hospital It s as if we don t quite know how to engender that change Experienced midwife Debby Gould considers the current situation and explores how change is not just possible but also beneficial for mother baby and healthcare professionals Questions and exercises are provided to stimulate reflection and seminar discussion Following a varied and distinguished career in many maternity contexts Debby Gould is currently Head of Midwifery for University College London Hospitals and has served two full terms in office as Deputy Chair then Chair on the Royal College of Midwives Council She is also named in Debrett s People of Today as one of the top 25 000 influential and successful people in the UK Her words are well worth reading **Augmenting**

**Health and Social Care Students' Clinical Learning Experiences** Stephen Billett, Jennifer Newton, Gary Rogers, Christy Noble, 2019-02-25 This edited volume offers a range of insights about practices of and findings associated with enriching health and social care students learning by their engagement in educational processes during and after the completion of their practicum experiences in health and social care settings That is using post practicum intervention to augment and enrich those learning experiences The collected contributions here draw on the processes of trialing and evaluating educational processes that aimed to enrich those practicum experiences for purposes of improving students understandings

abilities to address patients needs and health and social care related dispositions These processes and findings from these processes across medical nursing midwifery physiotherapy pharmacy exercise physiology dietetic and speech pathology education speak directly to educators in both clinical and educational settings in the health and social care sectors These messages which arise from educators and clinicians enacting and evaluating these interventions offer practical suggestions as well as conceptual advances The reach of the accounts of processes findings and evaluations is not restricted to this sector alone however The lessons provided through this edited volume are intended to inform how post practicum interventions might be enacted across a range of occupational fields

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