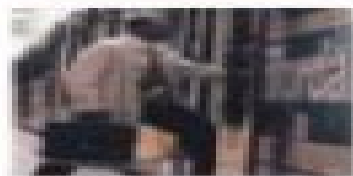
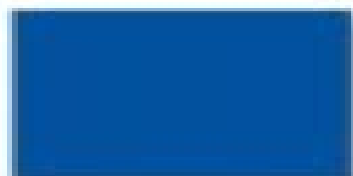


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# self-therapy for the stutterer

MALCOLM FRASER



THE  
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FOUNDATION®

PUBLICATION NO. 0012

# Self Therapy For The Stutterer

**Sebastian Brünink**



## **Self Therapy For The Stutterer:**

*Self-therapy for the Stutterer* Malcolm Fraser, 2002 Malcolm Fraser knew from personal experience what the person who stutters is up against His introduction to stuttering corrective procedures first came at the age of fifteen under the direction of Frederick Martin M D who at that time was Superintendent of Speech Correction for the New York City schools A few years later he worked with J Stanley Smith L L D a stutterer and philanthropist who for altruistic reasons founded the Kingsley Clubs in Philadelphia and New York that were named after the English author Charles Kingsley who also stuttered The Kingsley Clubs were small groups of adult stutterers who met one night a week to try out treatment ideas then in effect In fact they were actually practicing group therapy as they talked about their experiences and exchanged ideas This exchange gave each of the members a better understanding of the problem The founder often led the discussions at both clubs In 1928 Malcolm Fraser joined his older brother Carlyle who founded the NAPA Genuine Parts Company that year in Atlanta Georgia He became an important leader in the company and was particularly outstanding in training others for leadership roles In 1947 with a successful career under way he founded the Stuttering Foundation of America In subsequent years he added generously to the endowment so that at the present time endowment income covers over fifty percent of the operating budget In 1984 Malcolm Fraser received the fourth annual National Council on Communicative Disorders Distinguished Service Award The NCCD a council of 32 national organizations recognized the Foundation s efforts in adding to stutterers parents clinicians and the public s awareness and ability to deal constructively with stuttering Book jacket

*Self-therapy for the Stutterer* Malcolm Fraser, 1978      *Self-therapy for the Stutterer* , 1995      **Self-therapy for the Stutterer** Speech Foundation of America, 1978      **Self-Therapy for the Stutterer** Malcolm Frazer, Malcolm Fraser, 1985 Outlines a self therapy program which describes what the person who stutters can and should do to tackle the problem and control stuttering Often used as a supplement to clinical treatment This exciting revised 11th edition is written to and for the many adults and teens who stutter It states confidently that as a person who stutters you do not need to surrender helplessly to your speech difficulty because you can change the way you talk You can learn to communicate with ease rather than with effort There is no quick and easy way to tackle the problem but with the right approach self therapy can be effective

*Self-therapy for the Stutterer* Charles Van Riper,      *Self-therapy for the Stutter* Malcolm Fraser, 2004      **Coping with Stuttering** Peter Louw, 1996      *Approaches to the Treatment of Stuttering* Peggy Dalton, 2018-10-26 In the years prior to publication cures for stuttering seemed to appear constantly but many were of limited value were poorly evaluated and gave only a temporary alleviation that was not transferred to daily life More responsible clinicians produced publications expounding one particular approach to therapy but less was available giving a balanced overview which was of practical help to therapists Originally published in 1983 this book aimed to provide such an overview with a focus on practical intervention rather than on theory The need for careful assessment is particularly stressed and also the need for flexibility in the choice of

treatment for any one client Changes in fluency are looked at in relation to the effects they might have on the person's life as a whole and factors involved in the maintenance of this change are discussed In addition adjuncts to speech therapy such as drugs hypnosis and various forms of masking are evaluated Issues of the training of therapists are raised and suggestions made as to the nature of the therapeutic relationship when working with people who stutter **Stuttering** Marty

Jezer,1997-05-15 A personal memoir of Jezer's lifelong struggles with stuttering his experiences with speech therapy psychotherapy medication and the self help movement and how he ultimately was able to take responsibility for his speech

**A Handbook on Stuttering, Seventh Edition** Oliver Bloodstein,Nan Bernstein Ratner,Shelley B. Brundage,2021-06-25 The revised edition of A Handbook on Stuttering continues its remarkable role as the authoritative first line resource for researchers and clinicians who work in the field of fluency and stuttering Now in its seventh edition this unique book goes beyond merely updating the text to include coverage of roughly 1 000 articles related to stuttering research and practice that have been published since 2008 This extended coverage integrates the more traditional body of research with evolving views of stuttering as a multi factorial dynamic disorder Comprehensive clear and accurate this text provides evidence based practical information critical to understanding stuttering By thoroughly examining the intricacies of the disorder A Handbook on Stuttering Seventh Edition lays the foundation needed before considering assessment and treatment New to the Seventh Edition A completely reorganized table of contents including two new chapters The deletion of approximately 1 000 non peer reviewed references from the previous edition to assure discussion of the highest quality evidence on stuttering New content on the development of stuttering across the lifespan and assessment Given the Handbook's historic role as a primary reference for allied professionals a new chapter that addresses myths and misconceptions about stuttering Expanded coverage on the role of temperament in childhood stuttering Expanded coverage of brain based research genetics and treatment findings A thoroughly updated chapter on conditions under which stuttering fluctuates Brief tutorial overviews of critical concepts in genetics neuroimaging language analysis and other relevant constructs to better enable reader appreciation of research findings A greater selection of conceptual illustrations of basic concepts and findings than in prior editions Integrated cross referencing to content across chapters **Stuttering** Barry Guitar,2013-01-29 Stuttering An Integrated Approach to Its Nature presents the most comprehensive textbook on the topic today providing an overview of the etiology and development of stuttering and details appropriate approaches to accurate assessment and treatment Exploring a variety of practice settings this core introductory book grounds all topics in a firm basis of the disorder's origin and nature This edition has been thoroughly updated to address all current methodologies *Stuttering Therapies* Celia Levy,2018-10-26 Originally published in 1987 this book presented new ideas on the treatment of stuttering by leading authorities within Britain at the time There are chapters on children and adolescents as well as on adults In each chapter the author describes the therapeutic approach how it fits into general views on the nature of stuttering the clients for which it is

appropriate and possible methods of evaluation The book is aimed at speech therapists and psychologists and provided an important up date of the subject for practitioners

**Evidence-Based Treatment of Stuttering** Anne K. Bothe, 2004-07-19 This edited volume collects in depth chapters about a wide variety of topics important to data based stuttering treatment and stuttering treatment research creating the first book to address current knowledge about stuttering in the context of current d

***Straight Talk on Stuttering*** Lloyd M. Hulit, 2004 This new and expanded second edition is written for people who stutter and for those who interact with people who stutter including caregivers teachers and speech language pathologists The text is presented in two parts The first part includes basic information about the disorder and addresses common questions that people have about stuttering What is stuttering What causes it How does it develop Can it be prevented This section also includes a new chapter entitled Living with Stuttering The second part of the book discusses effective therapy approaches used with both children and adults who stutter This part includes another new chapter Evaluating People Who Stutter The text is written in a very reader friendly and practical manner It represents a reasonably thorough review of what is known about stuttering and offers bottom line conclusions rather than theoretical speculations and research findings that arrived at these conclusions While the text includes the technical language used by speech language pathologists in reference to stuttering great care has been taken to explain each term In addition the book includes a helpful glossary This unique and exceptional book is written by a clinician who stutters and who is passionate about helping others learn about stuttering He addresses the reader not as a guru of truth but as a person who has gained some understanding about stuttering through both his professional and personal experiences with the disorder

**Palin Parent-Child Interaction Therapy for Early Childhood Stammering** Elaine Kelman, Alison Nicholas, 2020-04-02 Now available in a fully revised and updated second edition this practical manual is a detailed guide to the Palin Parent Child Interaction Therapy programme Palin PCI developed at the Michael Palin Centre for Stammering MPC Palin PCI builds on the principle that parents play a critical role in effective therapy and that understanding and managing stammering is a collaborative journey between the child parent and therapist This book emphasises a need for open communication about stammering offering a combination of indirect techniques such as video feedback interaction strategies and confidence building along with direct techniques to teach a child what they can do to help themselves This second edition Reflects the most up to date research in areas such as neurology genetics temperament and the impact of stammering on children and their families Offers photocopiable resources such as assessment tools information sheets and therapy handouts to support the implementation of Palin PCI Focuses on empowerment through building communication confidence in children who stammer and developing knowledge and confidence in their parents Based on a strong theoretical framework this book offers a comprehensive understanding of the Palin PCI approach in order to support generalist and specialist speech and language therapists as they develop their knowledge skills and confidence in working with young children who stammer and their families For more information about

Alison and her work please visit [www.alisonnicholasslt.co.uk](http://www.alisonnicholasslt.co.uk) To learn more about Elaine and her work please visit [www.michaelpalincenreforstammering.org](http://www.michaelpalincenreforstammering.org)

**Current Issues in Stuttering Research and Practice** Nan Bernstein Ratner, John A. Tetnowski, 2014-04-04 This state of the art volume is a follow up to the 1999 publication *Stuttering Research and Practice Bridging the Gap* edited by Nan Ratner and E Charles Healey Like its predecessor the current book is an edited collection of the presentations from the American Speech Language Hearing Association's Annual Leadership Conference in Fluency and Fluency Disorders Among the topics covered are evidence based practice impact of the self help and support groups meta analyses of selected assessment and intervention programs current theories of stuttering and the predicted path of stuttering intervention in the future The authoritative representation of contributors offers the reader the most up to date presentation of fluency issues with a special emphasis placed on the practical clinical implications of fluency assessment treatment and evolving theories of the disorder The book is written for fluency specialists and graduate students in programs of fluency disorders It will also be valuable for the clinicians who wish to upgrade their skills in treating fluency disorders

*The Perfect Stutter* Paul H Brocklehurst, 2021-07-24 After failing at university socially isolated and driven by his stuttering to the point of despair an unexpected encounter with a book about Zen provided a glimmer of hope Then little by little his fortune changed and the stutter which previously had posed the greatest obstacle became the catalyst for the development of a new and profoundly liberating perspective on life Interwoven with Brocklehurst's personal story *The Perfect Stutter* explores the nature of language and verbal communication the significance of mistakes and the roles that values and value judgements play in our lives In so doing the book highlights the importance of our deepest desires and their relevance to our understanding of what it means to be a human being

*Stuttering: Unraveling the Challenges, Shaping the Solutions* Pasquale De Marco, 2025-07-23 Stuttering is a complex communication disorder that affects millions of people worldwide It can have a significant impact on an individual's life affecting their communication skills social interactions and overall quality of life This comprehensive guide provides an in depth exploration of stuttering its causes and the available treatment options Written in clear and accessible language this book is an essential resource for individuals who stutter their families and professionals working in the field Inside you'll find An overview of the different types of stuttering and their characteristics A discussion of the causes and risk factors associated with stuttering A review of the evidence based therapies available for managing stuttering Tips and advice for individuals who stutter and their families Resources for finding support and further information Whether you're a person who stutters seeking guidance or a professional seeking to expand your knowledge this book offers valuable insights and practical strategies for understanding and addressing stuttering Take the first step towards overcoming the challenges of stuttering and shaping a more confident and fulfilling life If you like this book write a review

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