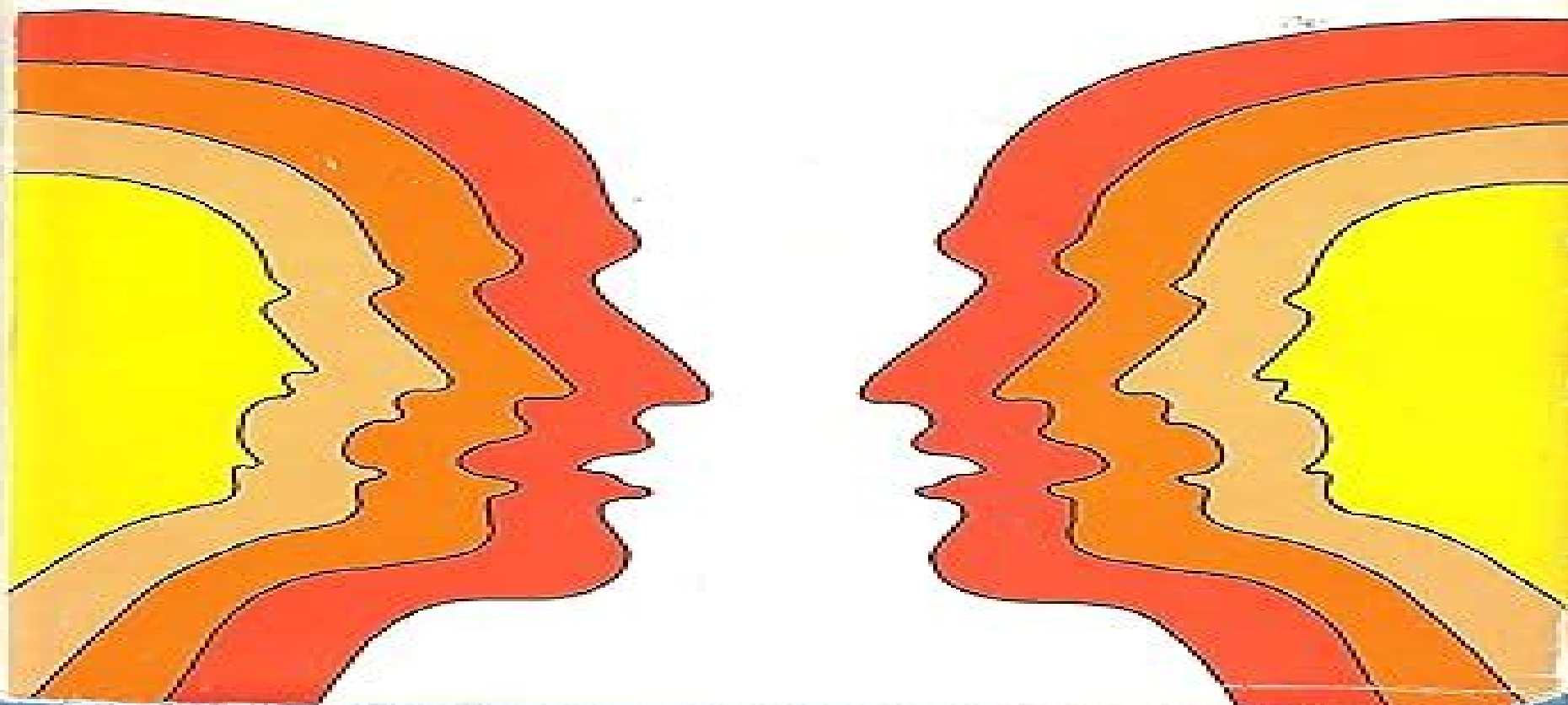


# **Self-Disclosure**

**An Experimental Analysis  
of the Transparent Self**

**By SIDNEY M. JOURBARD**



# Self Disclosure An Experimental Analysis Of The Transparent Self

**Sidney M. Jourard**



## **Self Disclosure An Experimental Analysis Of The Transparent Self:**

*Self-disclosure* Sidney M. Jourard, 1971      *Self-disclosure* Sidney M. Jourard, 1979      *The Transparent Self* Sidney M. Jourard, 1964      **Self-Disclosure** Valerian J. Derlaga, John H. Berg, 1987-07-31 Decisions about self disclosure whether to reveal one's thoughts, feelings or past experiences to another person or the level of intimacy of such disclosure are part of the everyday life of most persons. The nature of the decisions that a person makes will have an impact on his or her life. They will determine the kinds of relationships the person has with others, how others perceive him or her, and the degree of self knowledge and awareness that the person possesses. The study of self disclosure has interested specialists from many disciplines including personality and social psychologists, clinical and counseling psychologists, and communications researchers. Our book brings together the work of experts from these various disciplines with the hope that knowledge about work being done on self disclosure in related disciplines will be increased. A strong emphasis in each of the chapters is theory development and the integration of ideas about self disclosure. The book's chapters explore three major areas including the interrelationship of self disclosure and personality as well as the role of self disclosure in the development, maintenance, and deterioration of personal relationships and the contribution of self disclosure to psychotherapy, marital therapy, and counseling.

*Situational Privacy and Self-Disclosure* Philipp K. Masur, 2018-06-28 Using both a theoretical argumentation and an empirical investigation, this book rationalizes the view that in order to understand people's privacy perceptions and behaviors, a situational perspective needs to be adopted. To this end, the book is divided into three parts. Part I advances the theory of situational privacy and self disclosure by discussing impacts of new information and communication technologies on traditional theories of privacy and self disclosure. Based on five basic suppositions, it describes three major processes of the theory: pre-situational privacy regulations, processes of situational privacy perception, and self disclosure processes, and post-situational evaluation processes. Next, Part II presents the application of the theory to smartphone-based communication. It first analyses how people choose certain communication environments on their smartphones, how they manipulate them, and how these external factors affect self disclosure within these environments. It then details a multi-method study conducted to test the derived assumptions and discusses the obtained results. Part III reflects on the overall implications of the theory, summarizes the major findings, and lastly considers possible extensions and perspectives on future research. Intended mainly for researchers in privacy and communication studies, the book offers privacy scholars a systematic review of both classic and contemporary theories of privacy and self disclosure. At the same time, communication scholars benefit from an additional methodological discussion of the mobile experience sampling method, which provides an invaluable approach to measuring situational communication processes.

**Fantasy Sports and the Changing Sports Media Industry** Nicholas David Bowman, John S. W. Spinda, Jimmy Sanderson, 2016-03-17 This edited collection examines how fantasy sports play has established a prominent and promising foothold in the larger sports ecology. Often considered an isolated activity for the

hardcore sports fan fantasy sports play have since been incorporated into sports broadcasting and editorial coverage sports marketing and promotions and even into the very sports themselves with athletes and teams using the activities to draw fans further into the sports experience This edited collection invites leading scholars and sports professionals from several different fields to share historical and emerging perspectives on the importance of fantasy sports as an artifact of theoretical and empirical importance to larger issues of sport and society

Trust and Communication in a Digitized World Bernd Blöbaum,2016-02-24 This book explores models and concepts of trust in a digitized world Trust is a core concept that comes into play in multiple social and economic relations of our modern life The book provides insights into the current state of research while presenting the viewpoints of a variety of disciplines such as communication studies information systems educational and organizational psychology sports psychology and economics Focusing on an investigation of how the Internet is changing the relationship between trust and communication and the impact this change has on trust research this volume facilitates a greater understanding of these topics thus enabling their employment in social relations

*Growing Information: Part I* Eli B. Cohen,2009

Handbook of Stress Medicine and Health Athel Cornish-Bowden,2004-10-28 Research now shows us that long term activation of the stress cycle can have a hazardous even lethal effect on the body increasing the risk of obesity heart disease depression cancer and other illnesses This new edition of an award winning book presents cutting edge research on the effects of stress Edited by one of the worlds authorit

Ethics in Psychotherapy and Counseling Kenneth S. Pope,Melba J. T. Vasquez,2016-01-26 The ethics book no psychology student or professional should be without Thoroughly updated and expanded to include recent research findings landmark legal decisions the Hoffman Investigation Report and changes in the ethical guidelines of the American Psychological Association and the Canadian Psychological Association the new 5th edition of Ethics in Psychotherapy and Counseling covers the latest developments in ethical thinking standards and practice You ll learn how to strengthen your ethical awareness judgement and decision making Distinguished Emeritus Professor Don Meichenbaum described the 5th edition as a MUST READ book for both beginning and seasoned clinicians and Professor David H Barlow wrote A stunningly good book If there is only one book you buy on ethics this is the one Covers the many changes and challenges brought about by new technology EHRs videoconferencing and texting as well as practicing across state and provincial borders Discusses moral distress and moral courage Includes 5 chapters on different aspects of critical thinking about ethical challenges including a chapter on Ethics Placebos Cons and Creative Cheating A User s Guide Deals with complex issue of culture race religion sexual identity sexual orientation and politics Provides steps to strengthen ethics in organizations Offers guidance on responding to ethics licensing and malpractice complaints not to imply that you ll need to after reading this book Keeps the focus on practical creative approaches to the responsibilities challenges and opportunities encountered by therapists and counselors in their work

**Occupational Therapy and Mental Health** Jennifer Creek,Lesley Lougher,2011-11-29 This book is a comprehensive

textbook for occupational therapy students and occupational therapists working in the field of mental health. It presents different theories and approaches, outlines the occupational therapy process, discusses the context of practice and describes a wide range of techniques used by occupational therapists. These include physical activity, cognitive approaches, group work, creative activities, play and life skills. The book covers all areas of practice in the field, including mental health promotion, acute psychiatry, community work, severe and enduring mental illness, working with older people, child and adolescent mental health, forensic occupational therapy, substance misuse and working with people on the margins of society. The theory chapters are written by occupational therapists who are recognised experts in their fields and the applied chapters are written by practitioners. An innovation in this edition is the inclusion of commentaries by service users on some of the chapters. This fourth edition has been extensively revised and updated. The new structure reflects changes in service delivery and includes sections on philosophy and theory base, the occupational therapy process, ensuring quality, the context of occupational therapy, occupations, client groups. Important new areas that are covered include mental health promotion, evidence based practice, community development and continuing professional development. Addresses the needs of the undergraduate course, covers all the student needs for this subject area in one volume. Links between theory and practice are reinforced throughout. Written by a team of experienced OT teachers and practitioners. Comprehensive, covers theory, skills and applications as well as management. The clear structure with the division of chapters into six distinct sections makes it easy to learn and revise from as well as easy to refer to for quick reference in the clinical situation. Provides key reading and reference lists to encourage and facilitate more in depth study on any aspect. It is written in a style that is easy to read and understand yet there is enough depth to take students through to their final year of education. Chapters on the application of occupational therapy are written by practising clinicians so they are up to date and realistic. For qualified occupational therapists, the book includes a review of current theories and approaches to practice with references so that they can follow up topics of particular interest. Suitable for BSc and BSc Hons occupational therapy courses.

From Research to Clinical Practice George Stricker, Robert H. Keisner, 2013-11-11

It is an intriguing feature of human experience that in our present world amid thousands of indications of the effectiveness of the scientific method so many of us persist in demonstrably illusory or magical beliefs whether religiously related or simply reflections of long standing superstitions. At a time when millions can observe on television the first landings of human beings on the moon when our daily lives in the so called developed countries are replete with conveniences that reflect scientific advances we still persist in daily wagers on the state lotteries in paying astrologers or palmists for their readings in investing thousands of dollars and hours of our legislators time in discussing such issues as the value of daily prayer in the elementary schools. The emergence of modern medicine based increasingly on scientific research in chemistry, biology and physics has considerably reduced people's resort to shamans and witch doctors within the major sectors of our own society although it has by no means eliminated such

practitioners     Intellectual Teamwork Jolene Galegher, Robert E. Kraut, Carmen Egido, 2014-01-14 This book seeks to establish an interdisciplinary applied social scientific model for researchers and students that advocates a cooperative effort between machines and people After showing that basic research on social processes offers much needed guidance for those creating technology and designing tools for group work its papers demonstrate the mutual relevance of social science and information system design and encourage better integration of these disciplines This comprehensive collection closely examines the variety of electronic tools being deployed to solve traditional problems in communication and coordination Unfortunately research shows that these tools have not been as successful as their designers had envisioned partially because they were not always produced with the needs and goals of their human users in mind The editors goal is to entice more social scientists to orient their research around questions of practical interest to information system designers and to convince designers to search for the knowledge about social and organizational behavior that would make their tools more useful

Pragmatics of Social Media Christian Hoffmann, Wolfram Bublitz, 2017-09-11 This handbook provides a comprehensive overview of the pragmatics of social media i e of digitally mediated and Internet based platforms which are interactively used to share and edit self and other generated textual and audio visual messages Its five parts offer state of the art reviews and critical evaluations in the light of on going developments Part I The Nature of Social Media sets up the conceptual groundwork as it explores key concept such as social media participation privacy publicness Part II Social Media Platforms focuses on the pragmatics of single platforms such as YouTube Facebook Part III Social Media and Discourse covers the micro and macro level organization of social media discourse while Part IV Social Media and Identity reveals the multifarious ways in which users collectively re construct aspects of their identities Part V Social Media and Functions Speech Acts surveys pragmatic studies on speech act functions such as disagreeing complimenting requesting Each contribution provides a state of the art review together with a critical evaluation of the existing research

*Social Media* Pavica Sheldon, 2015-06-17 Social Media Principles and Applications examines social media in interpersonal mass mediated educational organizational and political settings Social media technologies take on many different forms including social network sites like Facebook and Twitter blogs wikis online video and photo sharing sites e g Pinterest rating and social bookmarking sites and video text chatting sites e g Skype Beginning with the principles of social media Sheldon disassembles applications of social media in a variety of settings to understand who is using social media how they develop meaningful relationships and how they use social media during major events Sheldon also delves into the political educational commercial and privacy issues of social media use making this an excellent resource for communication psychology and social media scholars

**Youth 2.0: Social Media and Adolescence** Michel Walrave, Koen Ponnet, Ellen Vanderhoven, Jacques Haers, Barbara Segaert, 2016-04-28 This book grasps the duality between opportunities and risks which arise from children s and adolescents social media use It investigates the following main themes from a multidisciplinary

perspective identity privacy risks and empowerment Social media have become an integral part of young people's lives While social media offer adolescents opportunities for identity and relational development adolescents might also be confronted with some threats The first part of this book deals with how young people use social media to express their developing identity The second part revolves around the disclosure of personal information on social network sites and concentrates on the tension between online self disclosure and privacy The final part deepens specific online risks young people are confronted with and suggests solutions by describing how children and adolescents can be empowered to cope with online risks By emphasizing these different but intertwined topics this book provides a unique overview of research resulting from different academic disciplines such as Communication Studies Education Psychology and Law The outstanding researchers that contribute to the different chapters apply relevant theories report on topical research discuss practical solutions and reveal important emerging issues that could lead future research agendas

**Harnessing Human Capital Analytics for Competitive Advantage** Yadav, Mohit, Kumar Trivedi, Shrawan, Kumar, Anil, Rangnekar, Santosh, 2018-03-09 The workforce is considered to be the lifeblood within many major corporations The ability of management to effectively utilize the knowledge and skills of their workforce is essential in ensuring the success of their corporations **Harnessing Human Capital Analytics for Competitive Advantage** is a critical scholarly publication that explores the influence that workforce knowledge and skills can have on the performance of corporations and how such skills can be used to promote the success of corporations Featuring coverage on a wide range of topics including employee happiness mind genomics and e commerce adoption this book is geared toward managers professionals and practitioners seeking current research on the advantage of utilizing workforce knowledge and skills to promote corporate success

**Truth, Lies and Trust on the Internet** Monica T. Whitty, Adam Joinson, 2008-08-28 This book offers a balanced view of the internet by presenting empirical data conducted by social scientists It is the first book to develop a coherent model of the truth lies paradox with specific reference to the critical role of trust

**The Oxford Handbook of Positive Psychology** Shane J. Lopez, C. R. Snyder, 2009-04-21 The Oxford Handbook of Positive Psychology is the seminal reference in the field of positive psychology which in recent years has transcended academia to capture the imagination of the general public The handbook provides a roadmap for the psychology needed by the majority of the population those who don't need treatment but want to achieve the lives to which they aspire These 65 chapters summarize all of the relevant literature in the field The content's breadth and depth provide an unparalleled cross disciplinary look at positive psychology from diverse fields and all branches of psychology including social clinical personality counseling school and developmental psychology Topics include not only happiness but also hope strengths positive emotions life longings creativity emotional creativity courage and more plus guidelines for applying what has worked for people across time and cultures

**Navigating Applied Sport and Exercise Psychology** Erin Prior, Tim Holder, 2023-06-05 In recent years more students have chosen to study sport and exercise psychology with a view to building

careers as applied practitioners While sport and exercise psychology master s graduates leave university with the necessary theoretical knowledge to inform their practice they are often left wanting to know more about creating and navigating a career within the field Navigating Applied Sport and Exercise Psychology provides readers with an honest and contemporary insight into the work and experiences of trainees and early career practitioners This book delves further into the more complex and nuanced experiences of being an applied practitioner Using case studies and reflections the chapters explore key topics including working within multi disciplinary teams maintaining ethics and integral practice during challenging conversations and supporting mental health in high performance environments Written by trainees and early career practitioners this book is vital reading for students early career practitioners and anyone interested in sport psychology Erin Prior is a BPS Chartered HCPC registered Sport and Exercise Psychologist As an applied practitioner Erin works with a range of individuals teams and organisations across various sports Alongside her applied practice Erin is completing her PhD which is focused on athlete mental health at Loughborough University Tim Holder PhD is an HCPC Registered Sport and Exercise Psychologist BPS Chartered and a BASES Fellow He is an applied sport psychology consultant and supervisor to students working towards practitioner status in the UK Tim is the Programme Leader for the MSc in Applied Sport Psychology at the University of Winchester UK

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