

NO MORE MR. NICE GUY



A PROVEN PLAN FOR
GETTING WHAT YOU
WANT IN LOVE, SEX,
AND LIFE

DR. ROBERT A. GLOVER

No More Mr Nice Guy

Amy Andrews



No More Mr Nice Guy:

No More Mr. Nice Guy Chet Kelly Robinson, 2011-07-20 Mitchell Stone has had it No more Mr Nice Guy Sick and tired of dates that end with a pat on the back he's decided it's time to even his odds with the ladies and become the type of man they really seem to want a mysterious mischievous deceitful Dog With the help of his Player instructors Tony and Trey he's dipping his toe into a stream of booty calls baby mamas and sexual spin winning over every woman who crosses his path Nikki Coleman has had it too The men in her life have been good for one thing disappointment There's her high school sweetheart Barry a successful attorney who got someone else pregnant and derailed Nikki's early hopes of marriage Then there's Jomo a guitarist who's great in bed except Nikki's not the only one he's great in bed with There's Mitchell Stone an old friend and fellow executive at her record company who's handsome but just a little too nice Last but not least there's her father Gene Coleman who took a few years to acknowledge that yeah she's his Now that a case of sexual harassment has Nikki on the verge of losing her job and with it her entire career in the music industry the lack of a strong man in her life is even more painful She can survive on her own but in her heart she wants a Mr Right to stand by her side and help her ride out the storm Meanwhile Mitchell is well on his way to becoming a real Player With his handbook of Dog rules and a new swaggering style he's attracting women left and right He's even got Nikki reconsidering their just friends status But has this Dog bitten off more than he can chew And will Mitchell's newfound womanizing ways come back to bite him before he and Nikki find true love From the Trade Paperback edition **No More Mr. Nice Guy**, 2003

No More Mr. Nice Guy: the 30-Day Recovery Journal Chuck Chapman, 2020-10-17 If you read the book No More Mr Nice Guy by Dr Robert Glover you're going to want to order a copy of No More Mr Nice Guy The 30 Day Recovery Journal At the end of No More Mr Nice Guy Dr Glover included a list of 30 values and rules that had personally helped him on his journey toward integration This has become a road map for self-determined living by Nice Guys all over the world Chuck Chapman Dr Glover's personal assistant took these 30 rules and developed them into a journal format Each day presents one of the rules with a meditation questions for deeper reflection and a space to journal your own thoughts around the rule The 30 rules are 1 IF IT FRIGHTENS YOU DO IT 2 DON'T SETTLE EVERY TIME YOU SETTLE YOU GET EXACTLY WHAT YOU SETTLE FOR 3 PUT YOURSELF FIRST 4 NO MATTER WHAT HAPPENS YOU WILL HANDLE IT 5 WHATEVER YOU DO DO IT 100% 6 IF YOU DO WHAT YOU HAVE ALWAYS DONE YOU WILL GET WHAT YOU HAVE ALWAYS GOT 7 YOU ARE THE ONLY PERSON ON THIS PLANET RESPONSIBLE FOR YOUR NEEDS WANTS AND HAPPINESS 8 ASK FOR WHAT YOU WANT 9 IF WHAT YOU ARE DOING ISN'T WORKING TRY SOMETHING DIFFERENT 10 BE CLEAR AND DIRECT 11 LEARN TO SAY NO 12 DON'T MAKE EXCUSES 13 IF YOU ARE AN ADULT YOU ARE OLD ENOUGH TO MAKE YOUR OWN RULES 14 LET PEOPLE HELP YOU 15 BE HONEST WITH YOURSELF 16 DO NOT LET ANYONE TREAT YOU BADLY NO ONE EVER 17 REMOVE YOURSELF FROM A BAD SITUATION INSTEAD OF WAITING FOR THE SITUATION TO CHANGE 18 DON'T TOLERATE THE

INTOLERABLE EVER 19 STOP BLAMING VICTIMS NEVER SUCCEED 20 LIVE WITH INTEGRITY DECIDE WHAT FEELS RIGHT TO YOU THEN DO IT 21 ACCEPT THE CONSEQUENCES OF YOUR ACTIONS 22 BE GOOD TO YOURSELF 23 THINK ABUNDANCE 24 FACE DIFFICULT SITUATIONS AND CONFLICT HEAD ON 25 DON T DO ANYTHING IN SECRET 26 DO IT NOW 27 HAVE FUN IF YOU ARE NOT HAVING FUN SOMETHING IS WRONG 28 BE WILLING TO LET GO OF WHAT YOU HAVE SO YOU CAN GET WHAT YOU WANT v29 GIVE YOURSELF ROOM TO FAIL THERE ARE NO MISTAKES ONLY LEARNING EXPERIENCES 30 CONTROL IS AN ILLUSION LET GO LET LIFE HAPPEN Chuck Chapman is a Licensed Psychotherapist Certified No More Mr Nice Guy Coach student of self development and the personal assistant to Dr Robert Glover Chuck has built his private practice by helping others recover from toxic shame and overcoming their Nice Guy Tendencies He is a contributing writer for many popular online publications See more at www.niceguyhelp.com

Summary of Robert Glover's No More Mr. Nice Guy Milkyway Media,2022-02-24 Buy now to get the main key ideas from Robert Glover s No More Mr Nice Guy Do you believe that if you are giving and caring you will receive everything good in life If so you might be a Nice Guy and that is not a compliment In No More Mr Nice Guy 2000 Dr Robert A Glover explains how being a Nice Guy may be ruining your life instead of making it easier The Nice Guy Syndrome is common in recent generations and it s the source of many failed relationships To escape the syndrome you need to break free from toxic behaviors you might not even know you have create healthy and fulfilling relationships and above all embrace your masculinity and become more powerful and confident No More Mr Nice Guy offers plenty of advice on how to overcome the syndrome with examples and exercises to help you along the way **No More Mr Nice Guy** Dr Robert A Glover,2022-11-02 Originally published as an e book that became a controversial media phenomenon No More Mr Nice Guy landed its author a certified marriage and family therapist on The O Reilly Factor and the Rush Limbaugh radio show Dr Robert Glover has dubbed the Nice Guy Syndrome trying too hard to please others while neglecting one s own needs thus causing unhappiness and resentment It s no wonder that unfulfilled Nice Guys lash out in frustration at their loved ones claims Dr Glover He explains how they can stop seeking approval and start getting what they want in life by presenting the information and tools to help them ensure their needs are met to express their emotions to have a satisfying sex life to embrace their masculinity and form meaningful relationships with other men and to live up to their creative potential *No More Mr. Nice Guy* Drac Von Stoller,2013-03-28 No More Mr Nice Guy has been adapted into a short film and is one of nine short films in Drac Von Stoller presents Horrifying Tales From The Dead available on Amazon Prime Video Tubi Midnight Pulp and Cineverse Henry Bates had a very reclusive life until one day the nagging from his wife made him snap and things started dying All Henry wanted was to enjoy his retirement like any normal hard working man but his wife had other plans and retirement wasn t one of those One day when Henry was relaxing by the fire his wife Marjorie came up to him and said Henry I thought I told you to take out the trash sweep the floor and clean out the attic This isn t a hotel and just because you have retired I m not going to

watch you lay around while things need to be done Marjorie went on and on for hours as Henry would get up from his recliner and do as she commanded but as Henry tried to please his wife the nagging persisted Henry said That s it That s what asked Marjorie Henry shouted You ll see Henry get back here this instant yelled Marjorie Henry went into the garage and grabbed a shovel As Marjorie was pointing her finger and calling him names Henry swung the shovel hitting her upside the head and Marjorie hit the floor Henry knew if she got up off the floor she would have him arrested for assault and battery and attempted murder so Henry said to himself What am I going to do as he was pacing back and forth in the kitchen Henry decided to finish her off So Henry gave Marjorie another hard whack upside the head Then he knelt to feel her pulse but there was none Henry said I m glad I finally stood up to that battle ax and put her in her place Henry picked up his dead wife s body placed her in a chair in the attic and locked the door behind him Henry was whistling as he was walking down the stairs back to his recliner to take a nap as the warm fire calmed his nerves As the night wore on Henry started hallucinating about his wife coming down from the attic and doing him in Henry s blurry eyes opened and visions of his wife with a shovel in her hands coming at him ready to do him in Henry immediately broke out in a cold sweat jumped out of the recliner and ran up the stairs to see if his dead wife was in the attic slumped over in the chair Sure enough Marjorie s dead body was slumped over in the chair and Henry started laughing and said It was just a dream Henry kissed his wife on the forehead and told her he would come back and check on her later and bring her something to eat Henry told Marjorie that killing her was the best thing for their marriage

No More Mr. Nice Guy Howard Jacobson,2011-10-04 Frank Ritz is a television critic His partner Melissa Paul is the author of pornographic novels for liberated women He watches crap all day she writes crap all day It s a life Or it was a life But now they re fighting locked in oral combat He won t shut up and she is putting her finger down her throat again So there s only one thing for it Frank has to go But go where And do what Frank Ritz has been in heat more or less continuously since he could speak his own name Let him out of the house and his first instinct is to go looking for sex Deviant sex treacherous sex even straight sex so long as it s immoderate he s never been choosy But what happens when sex is all you know but no longer what you want

No More Mr. Nice Guy Carl Weber,Stephanie Covington,2024-12-24 Ripped from the pages of his New York Times bestselling novel *To Paris with Love* Carl Weber brings you *No More Mr Nice Guy* the origin story of Niles Monroe the super bad hitman who will one day become Paris Duncan s one true love Niles has just returned from eight years of serving his country as a Special Forces sniper He s looking forward to a consulting job with DDD Defense Contracting and spending time with his family including his bipolar mother Lorna and his hard drinking uncle Willie What Niles doesn t know is that DDD is actually a front for a CIA run hit squad He s not interested in joining them but they won t take no for an answer Bridget St John is one of the most beautiful women Niles has ever met and she is also the most deadly It is her job to recruit Niles to the DDD team by any means necessary When Niles is arrested for a murder he does not commit Bridget makes him an offer he can t refuse working for DDD in exchange for his

freedom With Niles on board Bridget begins to train him in ways he never imagined Sometimes however the student becomes the teacher Before she realizes what s happening Bridget falls in love Distracted by her feelings Bridget becomes careless and is kidnapped by Majestic a gangbanger who believes that Niles killed his little brother Can Niles save Bridget before it s too late **No More Mister Nice Guy** Linda Randall Wisdom,2011-11-15 Undercover lover THE DESPERATE HOURS Jed Hawkins had lost the only woman who d ever meant anything to him because he couldn t give her the soul deep commitment she longed for His closed and shuttered heart wouldn t let him open himself up to anyone and neither would his deadly and dangerous secret life as a government agent But now Shelby Carlisle was in danger herself and he had to make the ultimate commitment putting his life on the line to save hers And as he tracked her desperate kidnappers high into the Colorado mountains he was coming to understand that he had always loved this woman more than life itself *No More Mr. Nice Guy* Amy Andrews,2014-09-27 Newly single school counselor Josie Butler just made herself a Sexy To Do list featuring Bad Boys only To her mortification her best friend s gorgeous older brother Mack finds it and laughs But when Josie goes looking for some sexy fun Mck s nice guy side turns all hot bad assery and suddenly she s pinned against an alley wall Page 4 of cover

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