

THE NATURAL HOUSE CATALOG

EVERYTHING YOU NEED TO CREATE AN
ENVIRONMENTALLY FRIENDLY HOME



DAVID PEARSON, AUTHOR OF *THE NATURAL HOUSE BOOK*

Natural House Catalog Everything You Need To Create An Environmentally Friendly Home

Tara Aronson



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The Natural House Catalog David Pearson, 1996 This guide was developed for the American market a market which leads the way in environmental development and research The wealth of information contained in the book is relevant to green technologies around the world For this reason Gaia Books has decided to make the book available in the United Kingdom and Ireland maintaining an environmentally friendly home Part One presents 12 chapters each one dedicated to a single subject approached from many different directions For example chapter one Building provides information on topics from straw bale construction and timber frames to Feng Shui and organic and Steiner design The topic by page design gives an introduction to the system or product explains how it qualifies as a ecologically sound and offers advice on what to look for such as seals of approval and labelling systems decoration furniture and furnishings the non toxic home backyard recycling and green experts Each chapter features shoppers pages that present a selection of the products and services available Case studies are integrated into the chapters throughout Part One featuring the people living successfully using sustainable resources and making a contribution to the development of green technology manufacturers retail outlets and mail order companies in the United States This is supported by the resources pages citing relevant groups organizations and publications David Pearson is the author of The Natural House Book and Earth to Spirit In Search of Natural Architecture The Natural House Catalog David Pearson, 1996 Featuring specific how to projects written by specialists as well as an index organized by city and region this book is a natural for home builders renovators decorators and fixer uppers who cherish the environment now and want to preserve it for future generations 91 photos 16 in color Heating, Cooling, Lighting Norbert Lechner, 2014-10-13 Sustainable environmental control through building design Heating Cooling and Lighting is the industry standard text on environmental control systems with the emphasis on sustainable design By detailing the many factors that contribute to the comfort in a building this book helps architects minimize mechanical systems and energy usage over the life of the building by siting building design and landscaping to maximize natural heating cooling and lighting This new fourth edition includes new information on integrated design strategies and designing for the Tropics Resources include helpful case studies checklists diagrams and a companion website featuring additional cases an image bank and instructor materials Designing buildings that require less energy to heat cool and light means allowing the natural energy of the sun and wind to reduce the burden on the mechanical and electrical systems Basic design decisions regarding size orientation and form have a great impact on the sustainability cost and comfort of a building Heating Cooling and Lighting provides detailed guidance for each phase of a design project Readers will Understand the concept of sustainability as applied to energy sources Review the basic principles of thermal comfort and the critical role of climate Learn the fundamentals of solar responsive design including active and passive solar systems as well as photovoltaics Discover how siting architectural design and landscaping can reduce the requirements for mechanical and electrical systems In sustainable design mechanical and electrical systems

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Building Management and Smart Automation Solanki, Arun, Nayyar, Anand, 2019-07-05 Throughout the world there is an increasing demand on diminishing natural resources in the industrial transport commercial and residential sectors Of these the residential sector uses the most energy on such needs as lighting water heating air conditioning space heating and refrigeration This sector alone consumes one third of the total primary energy resources available By using green building and smart automation techniques this demand for energy resources can be lowered Green Building Management and Smart Automation is an essential scholarly publication that provides an in depth analysis of design technologies for green building and highlights the smart automation technologies that help in energy conservation along with various performance metrics that are necessary to facilitate a building to be known as a Green Smart Building Featuring a range of topics such as environmental quality energy management and big data analytics this book is ideal for researchers engineers policymakers government officials architects and students *The Solar House* Daniel D. Chiras, 2002-10-01 Passive solar heating and

passive cooling approaches known as natural conditioning provide comfort throughout the year by reducing or eliminating

the need for fossil fuel Yet while heat from sunlight and ventilation from breezes is free for the taking few modern architects or builders really understand the principles involved Now Dan Chiras author of the popular book *The Natural House* brings those principles up to date for a new generation of solar enthusiasts The techniques required to heat and cool a building passively have been used for thousands of years Early societies such as the Native American Anasazis and the ancient Greeks perfected designs that effectively exploited these natural processes The Greeks considered anyone who didn't use passive solar to heat a home to be a barbarian In the United States passive solar architecture experienced a major resurgence of interest in the 1970s in response to crippling oil embargoes With grand enthusiasm but with scant knowledge and sometimes little common sense architects and builders created a wide variety of solar homes Some worked pretty well but looked more like laboratories than houses Others performed poorly overheating in the summer because of excessive or misplaced windows and skylights and growing chilly in the colder months because of insufficient thermal mass and insulation and poor siting In *The Solar House* Dan Chiras sets the record straight on the vast potential for passive heating and cooling Acknowledging the good intentions of misguided solar designers in the past he highlights certain egregious and entirely avoidable errors More importantly Chiras explains in methodical detail how today's home builders can succeed with solar designs Now that energy efficiency measures including higher levels of insulation and multi-layered glazing have become standard it is easier than ever before to create a comfortable and affordable passive solar house that will provide year-round comfort in any climate Moreover since modern building materials and airtight construction methods sometimes result in air quality and even toxicity problems Chiras explains state-of-the-art ventilation and filtering techniques that complement the ancient solar strategies of thermal mass and daylighting Chiras also explains the new diagnostic aids available in printed worksheet or software formats allowing readers to generate their own design schemes

[The Healthy Living Space](#) Richard Leviton, 2001-08-01 Science shows that nearly every corner of our planet is toxic and that all people carry residues of dozens of chemicals in their cells Our body our home and our world are steadily sickening us every day of our lives But we don't have to live in a poisoned world and we don't have to be sick We can have a healthy living space again by detoxifying our body and home ridding both of their burden The key is to cleanse both at the same time *The Healthy Living Space* is the first book that shows you how and why to detoxify your home and body together In *The Healthy Living Space* health writer and alternative medicine journalist Richard Leviton gives 70 practical steps on how to use safe proven nontoxic self-care methods drawn from the fields of natural and alternative medicine The detoxifying steps are backed by science and easy to use they don't require expensive equipment or a doctor's supervision They're effective and produce results and you can start them today Whether the poisons are in your liver and intestines or in your carpets and drinking water whether the problem is the shape of your bedroom or radon seeping into your basement *The Healthy Living Space* will show you how to get the poisons out of your life and the health back into it

[When Technology Fails](#) Matthew R. Stein, Matthew Stein, 2008-03-27 Matthew

Stein's comprehensive guide to sustainable living skills gives you the tools you need to fend for yourself and your family in times of emergency or disaster. It also goes a step further giving sound instructions on how to become self-reliant in seemingly stable times and for the long term by adopting a sustainable lifestyle. Cover p 4 **Fine Homebuilding**, 1996

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The Good House Book Clarke Snell, 2004 A guide to building an eco-friendly, energy-efficient and sustainable house that is in harmony with the local climate and site. The New Village Green Stephen Morris, the Editors of *Green Living*, 2007-09-01 The village green is the focal point of any community, a gathering place where the best ideas take root and the brightest voices are heard. The New Village Green gathers some of the best ideas and brightest voices of the green community, some famous and familiar, others fresh and unknown. Each tells an absorbing story, and collectively they comprise a powerful chorus that profiles the current state of the environment. This remarkable book gathers wisdom and insight from a compelling and thought-provoking virtual community. Each contributor brings a unique perspective that mingles reverence for the environment with provocative thoughts for the future. Topics range from spirituality to solar panels, and just like a real village green, are juxtaposed with opinions from the new village people, including writers Bill McKibben and Michael Pollan, scientists James Lovelock and Donella Meadows, spiritual leaders Gandhi and Buddha. Practical, homespun topics are given equal time. Good reasons to embrace alternative currencies. Tips for growing great garlic. Meant to be devoured in one sitting.

or sipped a little at a time this book springboards the green movement into the future by acknowledging its roots in the past Rachel Carson Paul Ehrlich and Helen and Scott Nearing are as relevant today as the Slow Food Movement and Peak Oil This book will touch the heart of anyone who lives with conscience and hope Old-House Journal ,2004-09 Old House Journal is the original magazine devoted to restoring and preserving old houses For more than 35 years our mission has been to help old house owners repair restore update and decorate buildings of every age and architectural style Each issue explores hands on restoration techniques practical architectural guidelines historical overviews and homeowner stories all in a trusted authoritative voice Poultry, Garden and Home ,1907

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