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# Ready, Set, GO!

SYNERGY FITNESS  
for Time-Crunched Adults

2nd  
Edition

Pinnacle  
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# Ready, Set, GO!

SYNERGY FITNESS

for Time-Crunched  
Adults

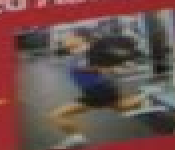
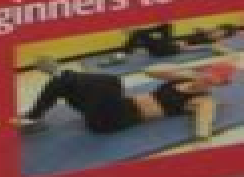
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