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**SEX, DIET, AND
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Sylvester Graham and Health Reform



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Sex Diet And Debility In Jacksonian America Sylvester Graham And Health Reform

Ron Engle, Tice L. Miller



Sex Diet And Debility In Jacksonian America Sylvester Graham And Health Reform:

Sex, Diet, and Debility in Jacksonian America Stephen Nissenbaum, 1980 **Intimate Matters** John D'Emilio, Estelle B. Freedman, 1997 The first full length study of the history of sexuality in America Intimate Matters offers trenchant insights into the sexual behavior of Americans from colonial times to today D Emilio and Freedman give us a deeper understanding of how sexuality has dramatically influenced politics and culture throughout our history The book John D Emilio co wrote with Estelle B Freedman Intimate Matters was cited by Supreme Court Justice Anthony Kennedy when writing for a majority of court on July 26 he and his colleagues struck down a Texas law criminalizing sodomy The decision was widely hailed as a victory for gay rights and it derived in part according to Kennedy s written comments from the information he gleaned from D Emilio s book which traces the history of American perspectives on sexual relationships from the nation s founding through the present day The justice mentioned Intimate Matters specifically in the court s decision Julia Keller Chicago Tribune Fascinating D Emilio and Freedman marshal their material to chart a gradual but decisive shift in the way Americans have understood sex and its meaning in their lives Barbara Ehrenreich New York Times Book Review With comprehensiveness and care D Emilio and Freedman have surveyed the sexual patterns for an entire nation across four centuries Martin Bauml Duberman Nation Intimate Matters is comprehensive meticulous and intelligent Jonathan Yardley Washington Post Book World This book is remarkable Intimate Matters is bound to become the definitive survey of American sexual history for years to come Roy Porter Journal of the History of the Behavioral Sciences **Constructing Corporate America** Kenneth Lipartito, David B. Sicilia, 2004 This collection of cutting edge research reviews the evolution of the American corporation the dominant trends in the way it has been studied and at the same time introduces some new perspectives on the historical trajectory of the business organization as a social institution The authors draw on cultural theory anthropology political theory and legal history to consider the place of the firm in nineteenth and twentieth century American Society **Men Beyond Desire** David Greven, 2005-09-02 This book explores the construction of male sexuality in nineteenth century American literature and comes up with some startling findings Far from desiring heterosexual sex and wishing to bond with other men through fraternity the male protagonists of classic American literature mainly want to be left alone Greven makes the claim that American men eschewing both marriage and male friendship strive to remain emotionally and sexually inviolate Examining the work of traditional authors Hawthorne Poe Melville Cooper Irving Stowe Greven discovers highly untraditional and transgressive representations of desire and sexuality Objects of desire from both women and other men the inviolate males discussed in this study overturn established gendered and sexual categories just as this study overturns archetypal assumptions about American manhood and American literature **The Sexual Politics of Meat - 35th Anniversary Edition** Carol J. Adams, 2024-12-12 First published in 1990 Carol J Adams revolutionary work has engaged enraged inspired and challenged readers with its exploration of the interplay between society s ingrained cultural misogyny

and its obsession with eating animals and masculinity This iconic book referenced in rock songs feminist artwork and even a Law and Order SVU episode continues to change the lives of its readers today Published to celebrate the book's 35th anniversary this Bloomsbury Revelations edition includes a new introduction that reflects on how recent events continue to prove the relevance of this influential work

Academic Ethics Patrick Keeney, 2017-05-15 Academic ethics are currently much in the news but there is a great deal of uncertainty both as to what constitutes specifically academic ethics and about a number of issues that are taken to be issues of academic ethics This collection of papers focuses on both questions moving from consideration of the very idea of a University and what that entails via attempts to locate the major current concerns to particular issues relating to the University's relations with the corporate world the professor's role relations between student and teacher credentialing the demands of collegiality and plagiarism The editors have provided both a full and reasoned introduction and a critical end piece that attempt to bring some order to the often inchoate nature of this field raising the further question of whether institutions should or should not frame formal codes of conduct The selected papers are drawn from diverse sources and together provide one of the first comprehensive overviews of academic ethics

The Sexual Politics of Meat Carol J. Adams, 2015-10-22 Many cultures equate meat eating with virility and in some societies women offer men the best i.e. bloodiest food at the expense of their own nutritional needs Building upon these observations feminist activist Adams detects intimate links between the slaughter of animals and violence directed against women She ties the prevalence of a carnivorous diet to patriarchal attitudes such as the idea that the end justifies the means and the objectification of others In *Frankenstein* Mary Shelley made her Creature a vegetarian a point Adams relates to the Romantics radical politics and to visionary novels by Charlotte Perkins Gilman Dorothy Bryant and others Adams who teaches at Perkins School of Theology Dallas sketches the alliance of vegetarianism and feminism in antivivisection activism the suffrage movement and 20th century pacifism Her original provocative book makes a major contribution to the debate on animal rights Writer activist university lecturer Adams's important and provocative work compares myths about meat eating with myths about manliness and explores the literary scientific and social connections between meat eating male dominance and war Drawing on such diverse sources as butchering texts cookbooks Victorian hygiene manuals and Alice Walker the author provides a compelling case for inextricably linking feminist and vegetarian theory This book is likely to both inspire and enrage readers across the political spectrum we learn for example that veal was served at Gloria Steinem's 50th birthday as well as of the atrocities of the slaughterhouse One wishes Adams had been more careful about documenting some of her claims her contention for instance that early humans were entirely vegetarian requires scholarly support Nevertheless this is recommended for both public and academic collections

The Sexual Politics of Meat - 25th Anniversary Edition Carol J. Adams, 2015-11-05 *The Sexual Politics of Meat* is Carol Adams inspiring and controversial exploration of the interplay between contemporary society's ingrained cultural misogyny and its obsession with meat and masculinity First published in

1990 the book has continued to change the lives of tens of thousands of readers into the second decade of the 21st century. Published in the year of the book's 25th anniversary, the Bloomsbury Revelations edition includes a substantial new afterword including more than 20 new images and discussions of recent events that prove beyond doubt the continuing relevance of Adams' revolutionary book.

American Masculinities: A Historical Encyclopedia Bret Carroll, 2003-10-14

This is a highly recommended purchase for undergraduate, medium-sized and large public libraries wishing to provide a substantial introduction to the field of men's studies. Reference User Services Quarterly. Pleasing layout and good cross references make Carroll's compendium a welcome addition to collections serving readers of all ages. Highly recommended CHOICE. An excellent index, well-chosen photographs and illustrations and an extensive bibliography add further value.

American Masculinities is well worth what would otherwise be too hefty a price for many libraries because no other encyclopedia comes close to covering this growing field so well.

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American Masculinities: A Historical Encyclopedia is a first of its kind reference detailing developments in the growing field of men's studies. This up-to-date analytical review serves as a marker of how the field has evolved over the last decade, especially since the 1993 publication of Anthony Rotundo's *American Manhood*. This seminal book opened new vistas for exploration and research into American history, society and culture.

Weaving the fabric of American history, *American Masculinities* illustrates how American political leaders have often used the rhetoric of manliness to underscore the presumed moral righteousness and ostensibly protective purposes of their policies. Seeing U.S. history in terms of gender archetypes, readers will gain a richer and deeper understanding of America's democratic political system, domestic and foreign policies and capitalist economic system as well as the private sphere of the home and domestic life.

The contributors to *American Masculinities* share the assumption that men's lives have been grounded fundamentally in gender, that is, in their awareness of themselves as males. Their approach goes beyond scholarship which traditionally looks at men and women in terms of what they do and how they have influenced a given field or era. Rather, this important work delves into the psychological core of manhood which is shaped not only by biology but also by history, society and culture.

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About the Editor: Bret E. Carroll is Associate Professor of

History at California State University Stanislaus He received his Ph D from Cornell University in 1991 He is author of *The Routledge Historical Atlas of Religion in America* 1997 *Spiritualism in Antebellum America* 1997 and several articles on nineteenth century masculinity **The American Stage** Ron Engle,Tice L. Miller,1993-05-06 This book focuses on the economic and social forces which shaped American theatre throughout its history Alone or as a collection these essays written by leading theatre historians and critics of the American theatre will stimulate discussions concerning the traditionally held views of America s theatrical heritage *Cultural Encyclopedia of Vegetarianism* Margaret Puskar-Pasewicz,2010-09-16 Intended for students general readers vegetarians and vegans as well as those interested in animal welfare and liberation this A Z encyclopedia explores the historical and cultural significance of vegetarianism in the United States and beyond Vegetarianism in the United States did not start in the 1960s it has a much longer complex history going back to the early 1800s Cultural Encyclopedia of Vegetarianism examines that history through the lens of culture focusing on what vegetarianism has had to say to and about Americans This A Z encyclopedia brings together the work of a number of scholars from diverse fields including history sociology philosophy religious studies anthropology nutrition American studies religious studies women s and gender history and the history of medicine Approximately 100 essay entries cover cultural and historical aspects of vegetarianism primarily but not exclusively in relation to the United States shedding light on the practice s roots in ancient cultures and challenging popular myths and misconceptions related to both vegetarianism and veganism With discussions on everything from activist movements to cookbooks the encyclopedia offers a unique wide ranging exploration that will appeal to students practitioners and anyone else who wants to know more

From Hardtack to Homefries Barbara Haber,2010-05-11 Barbara Haber one of America s most respected authorities on the history of food has spent years excavating fascinating stories of the ways in which meals cooked and served by women have shaped American history As any cook knows every meal and every diet has a story whether it relates to presidents and first ladies or to the poorest of urban immigrants *From Hardtack to Home Fries* brings together the best and most inspiring of those stories from the 1840s to the present focusing on a remarkable assembly of little known or forgotten Americans who determined what our country ate during some of its most trying periods Haber s secret weapon is the cookbook She unearths cookbooks and menus from rich and poor urban and rural long past and near present and uses them to answer some fascinating puzzles Why was the food in Franklin and Eleanor Roosevelt s White House so famously bad Were they trying to keep guests away or did they themselves simply lack the taste to realize the truth It turns out that Eleanor s chef wrote a cookbook which solves the mystery How did food lure settlers to the hardship of the American West Englishman Fred Harvey s Harvey Girls tempted them with good food and good women How did cooking keep alive World War II Army and Navy POWs in the Pacific A remarkable cookbook reveals how recollections of home cooking and cooking resourcefulness helped mend bodies and spirits *From Hardtack to Home Fries* uses a light touch to survey a deeply important subject Women s work

and women's roles in America's past have not always been easy to recover Barbara Haber shows us that a single ubiquitous ordinary yet extraordinary lens can illuminate a great deal of this other half of our past Haber includes sample recipes and rich photographs bringing the food of bygone eras back to life From Hardtack to Home Fries is a feast and a delight

Performing Action Joseph R. Gusfield, 2017-09-08 In recent years the social sciences and the humanities have drawn closer to each other in thought and method This rapprochement has led to new perceptions of human behavior by sociologists as well as new methodological orientations Sociologist Joseph R Gusfield draws upon drama and fiction to show how human action is shaped by the formal dimensions of performance Gusfield first defines the concept of behavior as artistic performance He then analyzes routine and classic social research reports as literary performances in qualitative and quantitative terms Next he moves to social movements and public actions demonstrating how objects and events are products of the interpretation and reflection of individuals He draws upon literary and artistic conventions to deal with issues of representation and meaning In the first and last chapters Gusfield provides a conceptual summary examining the relation between sociology as science and art arguing that sociological methods are neither science nor art but partake of both Following the philosopher Paul Ricoeur Gusfield shows how human behavior can be read as a text always telling the participant or observer something about something *Performing Action* will be of interest to sociologists psychologists and students of aesthetics and critical theory

The Puritan Origins of American Sex Tracy Fessenden, Nicholas F. Radel, Magdalena J. Zaborowska, 2014-03-05 From witch trials to pickaxe murderers from brothels to convents and from slavery to Toni Morrison's *Paradise* these essays provide fascinating and provocative insights into our sexual and religious conventions and beliefs

The Routledge History of Food Carol Helstosky, 2014-10-03 The history of food is one of the fastest growing areas of historical investigation incorporating methods and theories from cultural social and women's history while forging a unique perspective on the past The Routledge History of Food takes a global approach to this topic focusing on the period from 1500 to the present day Arranged chronologically this title contains 17 originally commissioned chapters by experts in food history or related topics Each chapter focuses on a particular theme idea or issue in the history of food The case studies discussed in these essays illuminate the more general trends of the period providing the reader with insight into the large scale and dramatic changes in food history through an understanding of how these developments sprang from a specific geographic and historical context Examining the history of economic technological and cultural interactions between cultures and charting the corresponding developments in food history The Routledge History of Food challenges readers' assumptions about what and how people have eaten bringing fresh perspectives to well known historical developments It is the perfect guide for all students of social and cultural history

Diets and Dieting Sander L. Gilman, 2008-01-23 Diets and dieting have concerned and sometimes obsessed human societies for centuries The dieters regime is about many things among them the control of weight and the body the politics of beauty discipline and even self harm personal and societal

demands for improved health spiritual harmony with the universe and ethical codes of existence In this innovative reference work that spans many periods and cultures the acclaimed cultural and medical historian Sander L Gilman lays out the history of diets and dieting in a fascinating series of articles **Seduced, Abandoned, and Reborn** Rodney Hessinger,2005-07-14 Seduced Abandoned and Reborn exposes the fears expressed by elders about young people in the early American republic Those authors educators and moral reformers who aspired to guide youth into respectable stations perceived new dangers in the decades following independence Battling a range of seducers in the burgeoning marketplace of early America from corrupt peers to licentious prostitutes from pornographic authors to firebrand preachers these self proclaimed moral guardians crafted advice and institutions for youth hoping to guide them safely away from harm and toward success By penning didactic novels and advice books while building reform institutions and colleges they sought to lead youth into dutiful behavior But thrust into the market themselves these moral guides were forced to compromise their messages to find a popular audience Nonetheless their calls for order did have lasting impact In urban centers in the Northeast middle class Americans became increasingly committed to their notions of chastity piety and hard work Focusing on popular publications and large urban centers Hessinger draws a portrait of deeply troubled reformers men and women who worried incessantly about the vulnerability of youth to the perils of prostitution promiscuity misbehavior and revolt Benefiting from new insights in cultural history Seduced Abandoned and Reborn looks at the way the categories of gender age and class took rhetorical shape in the early republic In trying to steer young adults away from danger these advisors created values that came to define the emerging middle class of urban America **History of Seventh-day Adventist Work with Soyfoods, Vegetarianism, Meat Alternatives, Wheat Gluten, Dietary Fiber and Peanut Butter (1863-2013)** William Shurtleff,Akiko Aoyagi,2014-01-06 The most comprehensive book on this subject ever published With 3 638 references

Reader's Guide to American History Peter J. Parish,2013-06-17 There are so many books on so many aspects of the history of the United States offering such a wide variety of interpretations that students teachers scholars and librarians often need help and advice on how to find what they want The Reader s Guide to American History is designed to meet that need by adopting a new and constructive approach to the appreciation of this rich historiography Each of the 600 entries on topics in political social and economic history describes and evaluates some 6 to 12 books on the topic providing guidance to the reader on everything from broad surveys and interpretive works to specialized monographs The entries are devoted to events and individuals as well as broader themes and are written by a team of well over 200 contributors all scholars of American history *Examining Complementary Medicine* Andrew Vickers,1998 Until recently criticism and analysis of complementary therapy has come exclusively from orthodox medicine but with the widespread adoption of complementary therapies within conventional medical and therapeutic practices the time is now right for critical self analysis on the part of practitioners within complementary therapies

Decoding **Sex Diet And Debility In Jacksonian America Sylvestor Graham And Health Reform**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Sex Diet And Debility In Jacksonian America Sylvestor Graham And Health Reform**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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