

## Chapter 1 Study Guide

**Psych** – Soul

**Ology** – Scientific study of

**Psychology** – Scientific study of the mind and behavior.

Psychologists study everything about the human experience from the basic workings of the human brain to consciousness, memory, language, reasoning, personality and mental health.

### History of Psychology

#### Psychological perspectives

**Structuralism** – understanding the conscious experience through introspection.

- Wilhelm Wundt

**Functionalism** – focused on how mental activities helped an organism adapt to its environment.

- William James

**Psychoanalytic Theory** – focuses on the role of the unconscious in affecting conscious behavior.

- Sigmund Freud

**Gestalt Psychology** – Focuses on humans as a whole rather than individual parts.

- Wertheimer, Koffka, Kohler

**Behaviorism** – focuses on observing and controlling behavior.

- Pavlov, Watson, Skinner

**Humanism** - emphasizes the potential for good that is innate to all humans.

- Abraham Maslow and Carl Rogers

**Wilhelm Wundt** is credited as one of the founders of psychology. He created the first laboratory for psychological research.

# Psychology Text Study Guide

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**Study Guide for Psychology** David G. Myers, Richard O. Straub, 2009-04-03 Longtime Myers collaborator Richard Straub provides an updated study guide for the new edition **Psychology, Eighth Edition, in Modules Study Guide**

Richard Straub, 2006-08-03 Longtime Myers collaborator Richard Straub's study guide is customized to follow the modular format and contents of the text **Exploring Psychology, Sixth Edition, in Modules Study Guide** Richard O. Straub, 2004-12-06 For every major content section longtime author Richard Straub has divided each module by major topic each section includes a Preview objectives that require short answers and Stepping Through the Section which include detailed fill in the blank questions The Study Guide also includes self tests critical thinking exercises vocabulary and language activities Internet activities and crossword puzzles [Study Guide for Psychology, Seventh Edition](#) Richard O. Straub, David G. Myers, 2003-06-20 This new edition continues the story of psychology with added research and enhanced content from the most dynamic areas of the field cognition gender and diversity studies neuroscience and more while at the same time using the most effective teaching approaches and learning tools **Exploring Psychology Study Guide** Richard O. Straub, 2004-03-31 This study guide for David Myers best selling text for introductory psychology courses is compelling and concise with a global perspective on psychology This edition has been thoroughly updated and includes new features and a media supplements package **Study Guide for Psychology** Don H. Hockenbury, 2009-01-23 **Introductory Psychology CLEP Test Study Guide** Passyourclass, 2023 2023 Edition Our CLEP study guides are different The Introductory Psychology CLEP study guide TEACHES you what you need to know to pass the CLEP test This study guide is more than just pages of sample test questions Our easy to understand study guide will TEACH you the information We've condensed what you need to know into a manageable book one that will leave you completely prepared to tackle the test This study guide includes sample test questions that will test your knowledge AND teach you new material Your Introductory Psychology study guide also includes flashcards that are bound into the back of the book Use these to memorize key concepts and terms Anyone can take and pass a CLEP test What are you waiting for Testimonial I used this study guide Psychology to Pass the CLEP test with a grade of 71 out of 80 after only 1 week of studying Easy reading easy to understand I highly recommend it Kelly S [Introductory Psychology CLEP Test Study Guide - PassYourClass](#) PassYourClass, 2011-03-01 Our CLEP study guides are different The Introductory Psychology CLEP study guide TEACHES you everything that you need to know to pass the CLEP test This study guide is more than just pages of sample test questions Our easy to understand study guide will TEACH you the information We've condensed what you need to know into a manageable book one that will leave you completely prepared to tackle the test This study guide includes sample test questions that will test your knowledge AND teach you new material Your Introductory Psychology study guide also includes flashcards Use these to memorize key concepts and terms Anyone can take and pass a CLEP test What are you waiting for **Discovering Psychology**

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