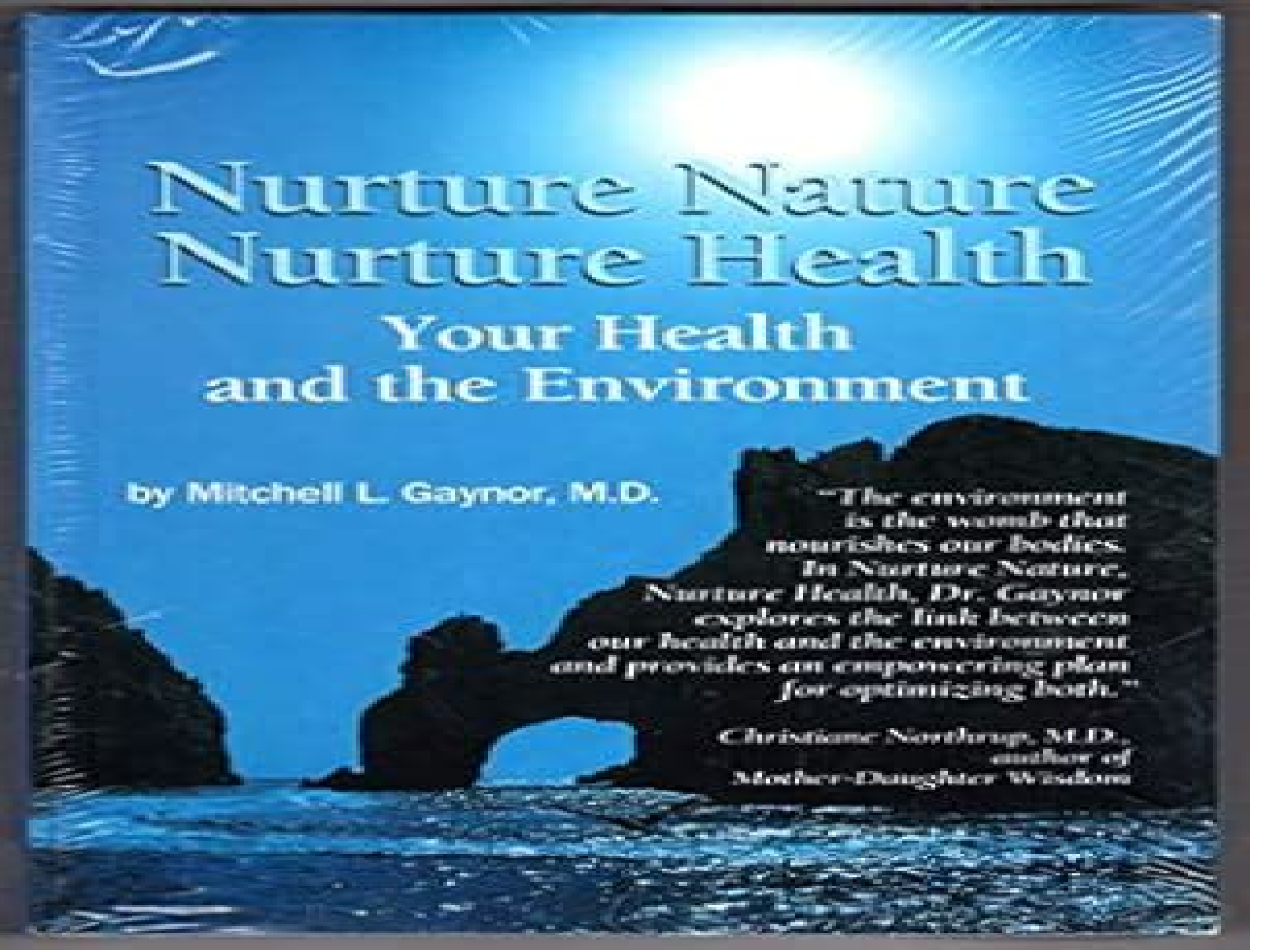




Nurture Nature Nurture Health

Your Health and the Environment

by Mitchell L. Gaynor, M.D.

*"The environment
is the womb that
nourishes our bodies.
In Nurture Nature,
Nurture Health, Dr. Gaynor
explores the link between
our health and the environment
and provides an empowering plan
for optimizing both."*

*Christiane Northrup, M.D.,
author of
Mother-Daughter Wisdom*

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